Chapter 1: You Are A Spiritual Being Having a Human Experience

Why did you decide to incarnate here at this point in time? What lessons did you want to learn on this spiritual path? At some point in our early lives, we become attached to our given names and start to develop and identity based on our likes and dislikes of various stimuli and experiences or lack of. We sometimes gravitate towards an activity or interest without really knowing why. For example, a nurse may live his or her whole life not realizing how much he or she is healing with their hands. In a previous life, there is a good chance that these people were healers of some sort, yet in this incarnation they developed their identity within the nursing field. There are many professions who creatively work with their hands such as farmers, musicians, chefs and artists. This is a true spiritual gift and ability and many see this merely as a way of life. Is either spiritual path any more important than the other? Certainly not, but in both cases, their identity is either elevated or deprecated by society and our educational facilities who place an greater emphasis on social status, materialism and ego versus the common welfare of humanity. Perhaps this homeless woman is an angel in disguise? What if our Prime Creator decided to visit us and appeared as a homeless person? Would we even notice? My identity in this incarnation goes by the name of Gregg Prescott. Among other things he was, at one time, a big sports fanatic who also dabbled in art and music. Where has your spiritual path led you? Pierre Teilhard de Chardin stated it most eloquently: We are spiritual beings on a human journey. We easily forgot the unconditional divine pureness that we felt when we were back with Source and how beautifully perfect we ALL are! This is all part of the spiritual journey that we all agreed to have at this point in space and time. Every one of us is the cumulative fractal of everything we experience. In other words, we are the rock star AND the homeless woman. We are every race and ethnicity, along with every living and breathing plant and animal. We are every action, experience and emotion in existence. So, who are you and more importantly, can you remember who you are? He is a visionary, author, a transformational speaker, and promotes spiritual, metaphysical and esoteric conferences in the United States through In5dEvents. Become a contributor by e-mailing us at Newearth In5d. Subscribe to In5d to get the latest news in your e-mail inbox.
According to the dictionary, a spiritual being is defined as "an incorporeal being believed to have powers to affect the course of human events." Some consider spirit as energy, of which we are all energy, vibrating at different frequencies.

Jane would go into a trance and her husband would take notes as she literally spoke entire manuscripts on the nature of reality. Seth talked about the things that always seemed to interest me the most: What happens when we die? What is God really like? Who really built the pyramids? He spoke about the evolution of consciousness on this planet and the nature of God as being ultimately pure consciousness itself. In the words of the great Socrates, what I realized quite quickly was the true depth of my own ignorance. I began to see the scope to that which I do not know â€” and can never know in my current form. These revelations which may seem unrelated are in fact tied together and inextricably linked. It is both a shift in consciousness and a rapid acceleration of technology that will quite literally lead to the birth of a brand new type of human civilization just in time as the old one crumbles beneath our feet. With more and more people exposed to this information, the levels of consciousness are raising everywhere around the planet at unprecedented scales. Our magazine exists for the sole purpose to prevent this from happening to your con. For me, the purpose of life was always to foster spiritual growth. We are here for one reason: Your are a spiritual being, having a human experience. The super-con, like you, is evolving. It evolves by managing multiple physical lives at once. If you take a step back from reality for a moment, and really feel your existence, you will notice that it is based on the emotion of love. Fear is just a lack of recognizing the truth about love which is that it is all permeating. Through being exposed to this information about evil governments, ETI and whatnot, many people buy right into the xenophobic fear based perspective. The reason for this is because it is what we have always done â€” and we are used to doing it! Our media was literally designed to propagate the emotion of fear. Ask yourself this question: TV was designed for one pupose: With this enlightenment we are experiencing, our goals for life change in a distinct way. All of a sudden our highest aspiration in life becomes Enlightenment. If we seek to solve the problems of our world, let us start with ourselves. If more people were living up to their potential and leading purposeful lives, then maybe we would begin to see some exterior change. I believe in karma for that. My God is so vast, so infinite, yet so personal that there exists nothing more important for me in this life than to channel that God through and as me in whatever way is best for the greatest number of people. This article and magazine is one such avenue to do so. So remember that in the same way that you exercise your physical body, it is equally important to spend time to develop your mental or spiritual body. In another blog post I will discuss some simple techniques in meditation. Until then, stay in cosmic consciousness and remember that with great knowledge comes great responsibility. The evolution of our species, the planet and our very universe is dependant on you. You are an integral and crucial part of the entire macroscopic cosmic evolutionary process. Namaste my friends and fellow seekers.
Chapter 3: Does the Human Experience

You Are a Spiritual Being Having a Human Experience Paperback - December 29, by Bob Frissell (Author).

In this book, he shows people how to reconnect with their multidimensional selves and remake their lives. Excerpt from Chapter 1 Since the s I have been a Rebirther by profession. I had been successfully conducting workshops in Rebirthing for many years, but in the late s I became dissatisfied with my life as a rebirther and the kind of service I was performing. Why were people coming to my workshops? Basically to solve their personal problems and to advance their careers; in short, to learn how to increase their material well-being. Even where they were concerned with what they called their relationships, their perspective on what this might mean was usually painfully materialistic and narrow. People did think about their self-esteem, but what they meant was the state of their egos. Their highest aspirations were for a comfortable and pleasurable existence without irritating conflicts or anxieties; very few people felt concern for the welfare of others, or for what was really happening on the planet ecologically, or in the cosmos spiritually. There was something terribly wrong with the way our culture was looking at life, and with the way I was coping with our culture. My own practice as a rebirther had developed in a way that was personally very satisfying, but just that seemed to be the problem. There had to be more to existence than personal satisfaction. A piece of the puzzle was definitely missing. The thing that began to bring things together for me was my contact with Drunvalo Mechizedek, and I have been presenting his ideas and teaching workshops in the practices that he recommends since that time. I must say that I continue to believe that of all the teachings that are being presented on the earth today that I am aware of and my work with Drunvalo has provided a motive for looking at quite a few of them this researches and his insights represent the greatest hope for the future of the planet. Now what does it mean that we are spiritual beings having a human experience? What is it that spiritual beings are and do, that makes them spiritual, and just what is this human experience that we are in the midst of? The basic idea is that, as spiritual beings, it is our business to create reality. It is also our business to create what is not reality. I mean, if we live in ignorance and illusion, this is just as much our creation as is living in awareness and truth. And this is the case whether we know it or not, whether we like it or not, whether we understand it or not. The only distinction is that if we know it and acknowledge it, we have the opportunity to create reality consciously. Reality itself is therefore a function of our consciousness. And that means that whenever we are facing problems or difficulties, whatever the problem might be, whether it is a personal problem, or a global or universal problem, it can only be solved by consciousness. We are extremely powerful. Yet the sorry truth is that most of us, most of the time, look at ourselves as though we had no power. And that is the human part of the formula: The human being has forgotten his or her power. Essentially and for the most part we do not recognize that we are the creators of our own reality and for the most part, when we experience difficulties and problems of any kind, we feel ourselves to be victims, at the mercy of circumstances, the whim of the gods, the bearers of bad karma, unworthy of success or happiness you name it. Though as spiritual beings we are the authors of our circumstances and the ultimate authorities on how and why things are the way we are; as human beings we think we have no responsibility for our own suffering though we are quick to take the credit for things when they turn out well, usually blindly and without understanding in what sense the credit really does belong to us. So the first corollary to acknowledging that we create reality by our consciousness is that we have responsibility for the reality we create, that we are the authors of and authorities on the world. You have to look at things in your personal life that previously, perhaps, you were not looking at, and you have to recognize that the more general conditions of life on earth is happening to this planet and what is happening to other people and what is happening to human society is your responsibility too. So we have tremendous power potential power for the most part but real power nevertheless. And responsibility and power go hand-in-hand. And what I mean by all concerned is all life everywhere. And not only all of life, but all of Being itself. And all of this is inconsistent with what you might
call a victim mentality the mindset wherein we take no responsibility for who we are for how powerful our thoughts and our feelings and our actions are. The victim mentality is nothing new. It is not, as many people believe today, the result of our loss of belief in traditional religion, or liberal political ideas, or the decay of family values or anything like that. The victim mentality has actually been with us for roughly 13 years, since the period that began about 3 years after the continent of Atlantis fell into the ocean, and the dimensional level of all human life fell with it. And here we have a dramatic illustration of what it means to drop from a higher dimensional level to the one we are now on the third dimension for a basic symptom of third dimensional thinking is the belief that what we think and what we feel and what we do have no real impact on the reality of things that we are victims and are not responsible for our lives or for the condition of our planet that our thoughts and inner lives are our private concerns, and that since nobody knows what we are thinking or feeling inside, what does it matter anyway? We create reality unerringly. What you think matters. It and nothing else creates the world. You are the author and the authority for your being, and for Being itself.

Reclaiming Your Authority

For the last 13 years we have been giving our power away; and one of the ways we have been doing that is by thinking that authority lies outside of us. Authority in what sense? Authority in every sense: In our present day world, the way we most typically give away our authority is by believing that every area of life is only understood by experts, people who specialize in some form of knowledge and therefore really know more than we could possibly know about it. We have experts in health and experts in plumbing and experts in how to groom the dog. This expert-trusting mentality is enormously reinforced by the success of left-brain technology: But the truth is that the enormously impressive feats of contemporary technology the details of which indeed lie far beyond the knowledge and capabilities of most of us have the effect of making us feel powerless and ignorant in spite of the incredible things they empower us to do and the incredible knowledge on which they are based. There is a very crazy paradox, a contradiction, here that things that should empower us in fact cripple us. That knowledge increases our feeling of ignorance. That the ability to manipulate and control nature only reinforces our completely false belief that nature is something other than ourselves, something that we are from the beginning not in control of, and thus have to conquer or dominate or manage. And when we fail to manage it when we get sick or find the planet on the brink of ecological catastrophe we think the only way out of the mess is more technology. More expert monkey business. More giving away of our power. The truth is that the technological progress of humanity has proven disastrous in many ways. The steps we take to control the environment or improve our health by material, technological means very often create unforeseen side-effects that make problems for us that are greater than the ones we set out to solve. People die in hospitals every day, for instance, from diseases that they contracted there, or from the deterioration of their physical bodies brought about through medications and violent therapeutic interventions. And when we use external technology to achieve desired results, we neglect to search within ourselves for internal means that might achieve the same ends. There are no technologically producible effects that we could not achieve without technological aid, if we were only aware of our full potential. Every gain in external technology is thus a loss in internal power. When we first learned to write this happened for most of the human race after the Fall of Atlantis there was an enormous loss in our ability to use our memory. With rapid transportation systems we have gradually lost our ability to run and walk long distances. We have developed technologically enhanced agricultural processes, creating a food-production industry organized as big business, and completely lost the ability to produce our own food and sustain the existence of our families and communities without dependence on multi-national food conglomerates and the entire global economy. In every instance, by depending on technological, left-brained approaches to enhancing our existence, we have abandoned our inner potential we have given away our power. Another way that we fail to recognize our own authority, our own authorship of our world, is by surrendering the right to evaluate and judge our own activities to our governmental authorities, religious teachers, and to attitudes that are created for us by the media. We believe that how we should behave and what we ought to think and feel, can be determined by rules and interests and images that lie outside of ourselves. We let radio preachers or TV...
news commentators form our minds. We let advertising images manipulate our attitudes and direct our desires. No one wants to admit that this is so, yet the billions of advertising dollars spent annually say that it is. Advertising not only sells products: There is a kind of secret logic at work here: And that person is driving a certain vehicle or drinking a certain kind of beer, and therefore, to be yourself that is, to be like the person with whose image you identify you have to drive or drink one too. There is no limit to the images that are offered, no limit to the number of ways we might be attracted to thinking that we are. There are images for everyone. A real democracy of images. And each image is manipulated cynically to make you buy some product or some service, and every time you half-consciously identify with anyone of these images no matter what it is you are giving away your authority, your ability to freely determine your own reality, your own way of being. We live in a world in which we seem to be constantly asked to surrender our center, to give up our authority over what we believe to be real and true and over what we believe we should be and do. This process of surrendering does actually correspond to the reality, not of our ultimate nature, but of the dimensional level that we are living on. In order to be taken in by an image presented in an ad campaign, it must be the case that we are living on a level where we are susceptible to such manipulation. We must actually profoundly doubt our own independent ability to decide for ourselves what is right and wrong, what is desirable or not, or what is true and false. Who are we to determine such things? All of this has implications for our relation to spiritual reality. If we for a moment imagine that the spirit is real, we think that it must be fundamentally different from our very selves; it must be something that does not have to do with the center of our being. It must be like an image so we try to conform to some image of what we think a spiritual person might be. It comes most commonly through conventional religious teachings. If we are brought up in a conventional religious context, or even if we have just absorbed by a kind osmosis the general ideas that are available about religion in our culture, we may believe that, if we play by the rules, respect, authority, and believe in God, perhaps, after we die, we will be rewarded for all our sufferings and struggles, and all the injustice that we see in life will be set right. At rare moments, we may catch a glimpse of something beyond. We may be inspired to a belief in spiritual reality, to a sense that there is something to existence beyond mere material reality and its obvious limitations. But somehow we think that this spiritual reality, just like material reality, is something outside of our core, something that is added onto the world, or beyond the world, or that it is some kind of magical presence that mysteriously shows up here or there, who knows why, to defy the laws of nature and produce miracles. And if we actually witness one of these so-called miracles, if we experience some extraordinary phenomenon if a dream we have comes true, or we have a vision or a momentary sense of meaningful elation in communing with nature or contemplating art or in states of meditation, we feel that we are still mere, ordinary human beings; only now we are having a spiritual experience. We are spiritual beings from the get go!
Chapter 4 : Teilhard de Chardin quotes

Written by Bob Frissell. In You Are a Spiritual Being Having a Human Experience he invites us to entertain: we are spiritual beings having a human experience.

However, remarkably few understand what that really means, and even fewer can incorporate the concept into their everyday lives. For example, women in particular are in the dark about what this means when it comes to being in right relationship with their body image. Just looking at those words "body image" is enough to send the average Earth Goddess into an uncontrollable crying jag. How many women do you know who are asking, "Does this make my butt look big? So how did this happen? How did we get all turned around and start putting the human cart before the Spiritual horse? When did the human tail start wagging the Spiritual dog? It happened the way most things claim their origin. If Lily Tomlin is correct, and reality is little more than a collective hunch, then that collective guess began based on some perception - how we see the world, or in this case, how we see ourselves. We habitually do not look in the mirror and recognize our Spiritual identity staring back at us. When we inspect our reflection, it is the carbon-based form in front of us that becomes the singular, myopic point of our focus. That is the tricky part about having a human experience. It comes complete with five sensory organs that override everything else. The physical world has a very nasty proclivity for getting right up in our faces, like a child begging for attention. All of our attention zeros in on that extra weight we cannot seem to shed. Those horrible wrinkles that creep in no matter how many botox parties we attend. The cellulite on your thighs, the short eyelashes, the blotchy skin, the crooked teeth, the boobs that are either too big or too small, and the list goes on and on. Suddenly without realizing it, we have become a highly-critical human being having a deeply dissatisfied present moment experience, completely void of anything even remotely Spiritual. The temporal, limited, human portion of the program has completely overshadowed the primary, unlimited, eternal Spiritual presence. Welcome to another day in paradise. What would life look like if we could reverse that? How would the dreaded "body image" perception change if we viewed our Spirituality foremost, with more than the same intense scrutiny we normally apply to the physical? In order to answer that question, we must first understand and accept our Spiritual identity. In a recent study by Stanford University, he was acknowledged as one of the most brilliant people to have ever lived. Clearly, the man is more than qualified in his viewpoint. Swedenborg wrote over 35 volumes on the Spiritual nature of human beings and how our perception affects our relationship with our Divinity, our Spiritual identity. Swedenborg says we have allowed the physical world to eclipse our attention from the greatest and most profound truth about ourselves, that we do not have Divine Love, we are Divine Love. Love cannot be taken away from us. It is not earned. How can we possibly earn what we already are? Furthermore, Swedenborg says that as Divine Love, we are also value, power and worth, because when did Love ever lack value, power and worth? For women this is liberating news. Your value and power is not in your dress or bra size; it is what you are. You are Divine Love right now, and no one and no thing has the power to change that. Your physical packaging can and will change, but you are not your body. You are Divine Love right here, right now. You came here to claim, own and embody your Divinity as Divine Love. What is getting in the way is that your perception of yourself is something other than Divine Love. Here is where the whole human experience gets even more confusing. Your body listens to what you give your attention to. More than that, your body reflects back to you what you are doing with your attention. Your attention is designed to recognize your True Nature. Your awareness, ironically, is supposed to set you free. But when you give your attention to an inner dialogue that incessantly finds fault with yourself, your body will go out of its way to give you that imperfection, because it is under the impression that is what you want. That is what you are obsessively focusing on, and that is what the body hears. All body image challenges, whether stemming from too much or not enough weight, all have the same origin. Whoever is looking in the mirror is not seeing a force of Divine Love looking back. The Spiritual Being got lost in the shuffle of the human experience. Imagine how different your life
would look and feel if the first thing you said to yourself when you became self-reflective is, "I do not have Divine Love, I am Divine Love, and I will not allow any other definition to come between my awareness and my Divinity. I show up as a force of Divine Love first, and then as a bag of protoplasm second. I am Divine Love," and then goes about reflecting that back. So much of the excess weight people struggle with is held in place by unresolved emotions created by misplaced perceptions. When we give our attention to holding on to anything not aligned with our true Spiritual nature, we carry that burden around in some form or another. If you have tried every diet, sampled every weight loss pill and still find yourself carrying more than your Divinity, maybe it is time to go on the "I will only tell myself the Truth about my Divinity" weight loss and body balancing program. It has zero calories, all you have to exercise is your attention, and there are no gym fees or sweaty, stupid human tricks to perform. All you have to do is value yourself for the eternal Being of Divine Love that you are. That Being existed before your body did; that Being will exist long after the body has fallen away. All you have to do is refuse to pack any additional critical weight. You are a Spiritual Being having a human experience. You are not a defective, "less than," broken human being who has lost touch with their Divinity. After all, since you are really a Spiritual Being first, imagine how breathtakingly perfect you will look and feel when you drop the weight of that ugly human perception!
You Are a Spiritual Being Having a Human Experience by Bob Frissell

Too many people allow themselves to be limited by their ideas about themselves and the world around them. Bob Frissell reminds readers that they create their own reality through their consciousness and that improving this reality and living a fuller life is simply a matter of.

We are spiritual beings having a human experience. And in between we eat and sleep, work and play, dress ourselves, drive in cars, pay bills, mow our lawns, raise children, marry, divorce, fill out paperwork, earn degrees, are hired and fired, on and onâ€¦ And in the midst of all the physical events our spirits are growing. Our spirits are being shaped. We learn and explore, we open up, we shut down, we experience healing, and hopefully through the many ups and downs of our internal experience we learn to love. When we are children and growing up we possess an innocence that as we continue to grow up is lost piece by piece by the negative influences of this world, like fear, and competition, selfishness and greediness. Our journey for our inner peace begins when we start to seek the simple and beautiful things in life, those little things that really matter counts. Because the false powers, the ego, the selfishness and the greediness, are what separated us away from the creator in the first place. And it is our journey, in light and love and happiness and kindness, that we return to the path of our way back home to the creator. After all, we are spiritual beings having a hu-man experience. Hu means God so it would seem to mean that we are God-man and all we can ever do is have a spiritual experienceâ€“we seem to be thinking otherwise. Nothing we have ever done can affect who we really are. We are spiritâ€“pure love, we have merely forgotten it. Once we re-member we have re-turned homeâ€“right here right now, for love is all-encompassing not just in some special place called the spiritual world. Love and joy come effortlessly, effortless because it is who we are. Effort is of the ego. All search is also of the ego. The one you are searching for, the one you are trying to obtain in the myriad of things isâ€“You. You are wholeness, it is time toâ€“feel who we really are. It is the silent observer who needs to show up in the world right now, so others will take notice and be encouraged to follow. The more joy we experience the less suffering we want to experience. Sooner or later we will give up suffering altogether and embrace joy, love and happiness. Sooner or later others will be affected by our happiness and will have no choice but to embrace who they truly are as well. We are Spiritual Beings having a human experience. We are here to learn. We are here to go through this process that is life. And we are here to share these feelings with others.
You need to be able to work with everybody; you don't have to be their best friend. You can experience the fun of competition and driving toward a common goal without pushing to bond in some major way with each individual on a project.

He reminded me of something Michael Beckwith once said: What we need is not ascended masters. What we need are descended masters. And for many people, the sense of identity is altogether to do with the spacesuit. So we live in an earthly world, an earthly environment. We live in the space-time continuum. If that happens, it sets up an internal tension, or conflict, as they touch the ineffable. But when you have a spiritual experience, it brings conflict into your life. Because there is a challenge to your current life that is implicit in that experience. For most people, that earthly life has its challenges anyway. But at least they are familiar! Usually it takes becoming uncomfortable enough that a person is willing to look for something else. A person has to be willing to look up, in a spiritual sense, to a new answer for their life. So a person turns to a reality that transcends the space-time continuum. That may put in an appearance because they read a book, meet a person, take a program of some sort. It goes away unless the person is willing to challenge the set of beliefs that they are holding. In the process, the person is likely to struggle with their relationship to whoever evoked this new experience. So here are two possibilities: If a person on a spiritual path is willing to engage fully with that heavenly experience, they begin to find that it is very natural to them. Of course, it is difficult for most people to negotiate between the spiritual and the earthly without doing a lot of bargaining. Do you ever find yourself doing that kind of bargaining? Will you please let me retain these very good beliefs about myself and my world? Can I have everything I want of my spiritual experience and still keep these really good beliefs, these really virtuous beliefs? To accommodate all the people who wanted to be here today, we have reoriented the room to accommodate more chairs. Usually we use the room lengthwise, with the speaker at the window to my right. There was a lot of discussion among a number of people about the decision to do this. There were differing opinions on the matter. Phil Richardson gave a lot of thought to this decision, along with Ruth Buckingham. Finally, this morning, they made the decision to reorient the room. I am sure that all concerned could think of a lot of reasons why this service this morning would have been a lot better had we oriented the room the way it usually is. For some, it may have taken a willingness to endure their own self-reproach for having done something bad or wrong. Am I listening to my jailor, who keeps me in prison? Or am I listening to that spirit that sets me free and sets my world free? If you find yourself in the position of realizing that you are a spiritual being having an earthly experience, and you have at least a sense of the potential of mastery that you could be bringing to your experience, so that you could be a descended master, you have some conflict on your hands. For one, you have your own capacity. The new emerging experience gets some pushback. You have to be willing to bring the authority of who you are as a spiritual being. This is my house. This is my earthly experience. What are these thoughts for? How about these emotions? Are you ready to shake them up a little bit? Well come out and play! You want to get a little reactive? I can welcome this. I can let that run through me. You can bring me whatever gifts you have to bring and whatever learnings. I can care for that experience of grief, however it comes. How much is joy our master? I bring happiness to my world. In fact, I can be joyful just standing here right now! It is something that allows us to radiate who we are in this space-time continuum. People on a spiritual path are often looking for enlightenment, peace, tranquility or stillness. The truth is, you do live in a place beyond the space-time continuum that is peaceful. It is still in that place. The other is a mirage, actually. You can be in that lost experience, trying to be peaceful and enlightened, but it is ultimately unsuccessful on that basis. Who you and I are is already peaceful and enlightened, and we have that to bring. Until a person has the usual paradigm flipped on its head, they will be hoping for something that will forever elude them, except in glimpses. As we bring the experience of the eternal, the spacesuit can have the experience. The spiritual experience is challenging to the human
experience. Because, by the way, the good people are keeping their service rooms oriented in the right direction. And, for the good people, that is very serious business. So if you bring what comes from the undimensional, which is unlimited possibility, there is conflict. You are not being a good person. You ought to orient the room the other way. And so it is, in all ranges of human experience. Are you willing to live with that kind of conflict in your life, the conflict that comes when you bring the spiritual into your world? It could shake things up, not only for you personally but for the people around you. It could be a challenge. Just you living there, in that kind of spirit, with that kind of attitude, could be a challenge to others. If you are not ready for that kind of challenge in your life, you are probably not ready to live and express from the eternal. If a person is not ready to have that kind of challenge in their life, it would be much more comfortable, in some respects anyway, to forget the whole business and go back to being a human person having an earthly experience. Or at least not that kind of conflict. Of course, an inner conflict tends to grind away subconsciously anyway, which is what gets a person started on their spiritual path in the first place. There is a fourth place to be. That is to be having the heavenly experience and to understand that, while that experience has big implications for the earthly one, ultimately the heavenly experience is about more than the implications for the earthly experience, even though those implications are there. It is simply about having the experience it is natural to have. Now we can all imagine that if we lived in that experience there would be a better experience for humanity. But how do we know that it would meet the expectations of our current human experience? It just is what it is. Can you imagine, if you did meet God one day, that you would interview God as to whether God was prepared to meet all your requirements for your earthly experience? How are You doing on these environmental issues? And where do You stand on this religious issue, by the way? As we live in that trust, earthly things have a way of sorting themselves out. That might be quite an experience, to live in the heavenly experience, not in relationship to what happens on an earthly basis but just to live there, and to let the earthly experience find its relationship to that to let our own earthly experience find its own relationship to our own experience of the transcendent. There is irony in that what would really serve humanity, what would really serve Planet Earth, is to get off that long enough to entertain the transcendent. Do you think that there might be something in the transcendent that might be a blessing to us and to the whole earth? But if you never tune in to that, you are living the hard way. How many circumstances do you see where someone is doggedly following a certain path? So if you see that for other people, maybe other people see that sometimes for you and for me. And maybe for you and for me there is wisdom in opening ourselves to what the infinite has in store, the infinite possibility of what could happen now.
Chapter 7: Quote by Wayne Dyer: “We are not human beings in search of a spiritual…"

We are spiritual beings having a human experience. This is a very important concept to master in traveling the spiritual path. I remember when I was teaching classes about ghosts and hauntings. There were always some people who were a little nervous about actually encountering a ghost. I would remind them: Well, what are "ghosts" anyway? Just people, like us, but people who are no longer using their bodies. After the body dies the spirit remains. But we, as spiritual beings, go on. The same thing applies to the concept of "angels," as well. Parenthetically, this is not a difficult ability to master, but its use in the material world seems to be rather limited, unless one goes on to learn how to do psychic "readings" of auras. The Sanskrit greeting "Namaste" literally, "I bow to you" is yet another reminder. In this context, it has been viewed in terms of a multitude of very complicated and poetic meanings which tie in with the spiritual origins of the word. When you are in that place in you, and I am in that place in me, we are One. But if we are going to succeed in our journey on the spiritual path then it is a trap we need to learn to avoid. You are a spiritual entity, magnificent beyond all possible comprehension of the human brain. Your "angel essence" is entirely within you right now. Your "divinity" is entirely within you right now. Keep reminding yourself, like an affirmation: I am a spiritual being having a human experience. We need to re-train our brains from their addiction to the physical world. This is a great way to start doing that now. So in closing, to you I say: The divine Spirit in me recognizes and acknowledges that the same divine Spirit is also in you, and my human part honors and bows before that divine Spirit.
"You are not a human being in search of a spiritual experience. You are a spiritual being immersed in a human experience. You are a spiritual being immersed in a human experience. Similar Quotes.

Robert is the author of the Joyously inspirational book Codependence: It is a belief system that allows for the possibility that maybe there is an Unconditionally Loving Higher Power - a God-Force, Goddess Energy, Great Spirit, whatever it is called - which is powerful enough to insure that everything is unfolding perfectly from a Cosmic Perspective. That everything happens for a reason - there are no accidents, no coincidences, no mistakes. It would be possible, but in my view would be kind of silly. Spirituality is all about relationships. A Spiritual belief system is simply a container for holding all our other relationships. Why not have one that is large enough to hold it all. In my personal recovery, I found that I needed a Spiritual container large enough to allow for the possibility that I was not a flawed, shameful being. I searched until I found some logical, rational means to explain life in a way that would allow me to start letting go of the shame I was carrying and start learning how to be Loving to myself. For me it became a simple choice: So, I chose to believe that there is a Spiritual purpose and meaning to life. And choosing to believe in a Loving Higher Power has transformed my life from an ordeal to be endured to an adventure that is exciting and Joyous much of the time. The bottom line for me is that it works for me, it is functional, for me to believe that there is Spiritual purpose and meaning to life. It works to make my life experience happier today. We are not human creatures who are being punished by an avenging god. We are not trapped in some kind of tragic place out of which we have to earn our way by doing the "right" things. We are Spiritual Beings having a human experience. We are here to learn. We are here to go through this process that is life. We are here to feel these feelings. It is certainly not the only one. Mine works for me very well in helping me to have a relationship with life that allows me to be happier today. For the purposes of this discussion of spiritual integration, I would now define what I refer to as a Spiritual Awakening in the quote above, as: This adjective, spiritual, would be in my definition a word describing an expanded level of consciousness. A level of consciousness, of awareness, that is expansive and inclusive and facilitates personal growth - as opposed to limited, exclusive, rigid, and inhibiting growth, development, and alternative view points. By this definition, any religion that claims to be the chosen one, that excludes alternative perspectives or certain people, is not spiritual. We always have been and always will be. We are perfect in our Spiritual Essence. We are perfectly where we are supposed to be on our Spiritual Path. And from a human perspective we will never be able to do "human" perfectly - which is perfect. We have been trying to do "human" perfectly according to a false belief system in order to "get Spiritual. It is not bad or wrong or shameful - it is not spiritual. We always have been and always will be. We are perfect in our Spiritual Essence. We are perfectly where we are supposed to be on our Spiritual Path. And from a human perspective we will never be able to do "human" perfectly - which is perfect. We have been trying to do "human" perfectly according to a false belief system in order to "get Spiritual. It is not bad or wrong or shameful - it is the best we have known how to do life until now. For the locations and dates of upcoming appearances go to Day of Intensive Training. Spiritual Beings having a human experience. This is the polar opposite of the beliefs which underlie Civilization - it changes the whole game of life. This is vital in helping us to stop shaming and judging ourselves. We do not have the power to screw up the Great Spirits plan. By surrendering the illusion of ego control we can reconnect with our Higher Selves. Page includes several version of steps. My favorite is the Twelve Steps for Kids. But if we reject even looking at any alternative perspectives, then what we are empowering is ignorance. It is very helpful to have a sense of spirituality, a relationship with the dance of life, that helps us to start being able to find some balance in our life. October , I am adding a series of my articles originally published Suite that are focused on how to apply the Serenity Prayer in our lives. Discernment - The Wisdom to Know the Difference in Serenity Prayer - First in a series of articles focused on the Serenity Prayer and having the wisdom and discernment to recognize the things that we have the power to change. It is about learning the difference between: That is what working the twelve steps can do for us - cause a paradigm shift our relationship with life. Other people, life events, an old song, etc. The ways in which we express ourselves can reinforce feelings of victimization and be disempowering. The feeling is not who we are. It feels like the feeling we are experiencing is our total truth.
Chapter 9 : You are a Spiritual Being Having a Human Experience by Bob Frissell

If you find yourself in the position of realizing that you are a spiritual being having an earthly experience, and you have at least a sense of the potential of mastery that you could be bringing to your experience, so that you could be a descended master, you have some conflict on your hands.