

Chapter 1 : LLS Chapter “Xue, Wu Xia | Shiroyukineko Translations

Page 2 of 4 Creator is what is filtered down through the consciousness of us all. Thus, the lack of gratitude we feel toward our experiences in this world stems directly from that feeling of lack of gratitude toward God.

The first idea of God is awakened by the words and acts of our fellow-men; but when the idea is once ours, we can verify and ennoble it for ourselves. Within the last few years, however, it has been maintained that man cannot have any real knowledge of what God is. This appalling theory would quench all my hope, paralyse my faith, and render it impossible for me to love God. It would desolate my religious life, and bring upon my soul a darkness that could be felt. If this were true, worship would be impossible. We can, we do, know God as He is, not perfectly, but with a real and trustworthy knowledge. It is one of the most animating motives to the discipline of the soul in righteousness and to resolute struggle against sin that as our holiness increases our knowledge of God becomes wider and deeper; in this world as well as in the next "the pure in heart shall see God. God finds satisfaction and delight in human worship. Apart from this conviction, our praises and our adoration must lose their life and reality. If I speak, it is because I believe He listens. If I rejoice in looking up into His face, it is because I see Him looking back upon me with ineffable love and delight. In the act of worship we draw near to God, and God draws near to us. How it is, we know not, but through secret avenues He enters our spirits, and we become mysteriously one with Him. To discharge this duty of worship aright, our religious thought should not incessantly revolve about our personal conflicts with sin and our own immortal safety. We think too much of ourselves, too little of God. We ask Him too constantly for help; we too seldom thank Him with throbbing gratitude for the blessings which are ours already, and for the infinite grace which prompted Him to give us Christ and to promise us heaven. More deep and devout thought on what God is would change all this, and bring our life in this world into nearer harmony with what we hope it will be in the next. Dale, Discourses on Special Occasions, p. Wells, Thursday Penny Pulpit, vol. Norton, Every Sunday, p. He asks them to join with him in praising and blessing God; and he instructs them, and strengthens them, and encourages them by recounting to them what God had done for himself. We declare with thankfulness what God hath done for our souls in the act of redeeming us. God sent His Son to bless us in turning every one of us from his iniquities. Salvation is a free gift. It is the gift of free and full pardon for all the bad life that is past, and the pledge and the power of a better life to come. The gift of the Holy Scriptures is the second thing that God hath done for our souls. The best way of showing our gratitude for so great a blessing is to use it well. It is not merely as separate persons, one by one, that God has furnished us with blessings made ready to our souls. We are members of a great society. The Holy Catholic Church is a part of the system of our religion. We have sacraments, and common prayer, and public instruction, and mutual help. We have the supreme blessing of the grace of the Holy Spirit and the blessing of providential care. We advance one step further, and enter the inner circle of all. At this point especially the words of the Psalm are addressed to those who fear God, and it is only they who can thoroughly enter into their meaning. Gratitude to God will find its natural development in generosity to man. Howson, Penny Pulpit, No. Vaughan, Harrow Sermons, 1st series, p. Bartholomew, Sermons chiefly Practical, p; ; W. Nicoll, Calls to Christ, p. Barrett, Old Testament Outlines, p. Edmunds, Sermons in a Village Church, p. Phillips, Christian World Pulpit, vol.

Chapter 2 : A Grateful Heart - BYU Speeches

VII. Of thanksgiving 65 Of gratitude towards God VIII. Of gratitude for the countless blessings of God Scanner Internet Archive HTML5 Uploader

Your browser does not support the audio element. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow. I am especially grateful to have my wife, Sandra, and my family with me today as well. In the latter part of the 19th century, Johnson Oatman Jr. Are you ever burdened with a load of care? Does the cross seem heavy you are called to bear? Counting our blessings and being grateful for them has a positive impactâ€”not just upon our lives but upon the lives of those to whom we show our gratitude. Remember what Mark Twain said: Being mindfully grateful for our blessings and expressing gratitude has a strong correlation with increasing our personal happiness and well-being. Robert Emmons, a professor at the University of California, Davis, and one of the leading scholars in the scientific study of gratitude, said the following: It is possible that psychology has ignored gratitude because it appears, on the surface, to be a very obvious emotion, lacking in interesting complications: But while the emotion seemed simplistic even to me as I began my research, I soon discovered that gratitude is a deeper, more complex phenomenon that plays a critical role in human happiness. Emmons and his colleagues found scientific proof that people who practice gratitude through activities such as keeping a gratitude journal are more loving, forgiving, and optimistic about the future. They exercise more frequently, report fewer illnesses, and generally feel better about their lives. Emmons randomly assigned participants into one of three groups. One group of participants was encouraged to briefly record five things they were grateful for each week; a second group was asked to describe five hassles or negative events that had happened to them each week; and the third group was simply asked to list five events, but they were not told to emphasize the positive or the negative. Before each participant wrote about their blessings or hassles, they completed a daily journal in which they rated their moods, their physical health, and their overall well-being. The moods they rated included feelings like distress, excitement, sadness, stress, and happiness, while their physical health included ratings such as headaches, sore muscles, stomach pain, nausea, coughing, sore throat, and poor appetite. The participants also rated how they felt about their lives, selecting from descriptions ranging from terrible to delighted. The results of the ten-week study are impressive for the gratitude group. The gratitude participants felt better about their lives and were more optimistic about the future than people in the other two groups. The gratitude group also reported fewer health concerns, like headaches, and spent significantly more time exercising than people in the other two groups. According to the scale Dr. Emmons used to calculate well-being, the people in the gratitude group were a full 25 percent happier than the participants in the hassles or neutral groups. Emmons also reported that people who regularly kept a gratitude journal and were in the habit of recognizing and expressing gratitude for their blessings reported feeling closer and more connected to people, had better relationships, were more likely to help others, felt less lonely, felt less depressed, slept better, and were more pleasant to be around. Jeffrey Froh, summarized the practice of gratitude in this way: As gratitude involves wanting what one has rather than having what one wants, instilling a sense of gratitude may help people appreciate the gifts of the moment and experience freedom from past regrets and future anxieties. It is not joy that makes us grateful; it is gratitude that makes us joyful. I also know that the scriptures and the words of prophets and apostles, both ancient and modern, teach us a great deal about gratitude and the need to cultivate a grateful heart. And now, as the preaching of the word had a great tendency to lead the people to do that which was justâ€”yea, it had had more powerful effect upon the minds of the people than the sword, or anything else, which had happened unto themâ€”therefore Alma thought it was expedient that they should try the virtue of the word of God. For he hath founded it upon the seas, and established it upon the floods. He has ownership and blesses us with His possessionsâ€”even the gift of life. Yet, I sometimes feel a sense of entitlement and find myself thinking about what I created, what I purchased, and what I own: But, in reality, brothers and sisters, I have created nothing; I

own nothing. As the Psalmist proclaimed, the rightful owner is Heavenly Fatherâ€”He who graciously bestows His creations including the air I breathe for me to use in the short season I am here in mortality. That kind of heavenly, divine benevolence deserves our highest gratitude and praise! And now, in the first place, he hath created you, and granted unto you your lives, for which ye are indebted unto him. And secondly, he doth require that ye should do as he hath commanded you; for which if ye do, he doth immediately bless you; and therefore he hath paid you. And ye are still indebted unto him, and are, and will be, forever and ever; therefore, of what have ye to boast? And now I ask, can ye say aught of yourselves? I answer you, Nay. Ye cannot say that ye are even as much as the dust of the earth; yet ye were created of the dust of the earth; but behold, it belongeth to him who created you. In relation to this, I like what President Joseph F. The grateful man sees so much in the world to be thankful for, and with him the good outweighs the evil. Love overpowers jealousy, and light drives darkness out of his life. Pride destroys our gratitude and sets up selfishness in its place. How much happier we are in the presence of a grateful and loving soul, and how careful we should be to cultivate, through the medium of a prayerful life, a thankful attitude toward God and man! Doctrine and Covenants Thou shalt thank the Lord thy God in all things. And in nothing doth man offend God, or against none is his wrath kindled, save those who confess not his hand in all things, and obey not his commandments. Does God need our thankful hearts and praise? Is Heavenly Father dependent upon our gratitude? Do our thankful prayers make God holier, wiser, or more omniscient? I believe Joseph Smith gave us the answer to that question when he stated: As God has designed our happinessâ€”and the happiness of all His creatures, He never hasâ€”He never will institute an ordinance or give a commandment to His people that is not calculated in its nature to promote that happiness which He has designed. Grateful people are happier people. If that were not the case, God would not command us to express our thanks to Him and to others. He loves us and desires our happiness, and He knows that expressions of gratitude to Him and to those around us will bring positive changes to our lives. As our Father, that pleases Him. Monson understands the connection between gratitude and happiness and often speaks about this topic. During that time we met a host of wonderful people Christians, Muslims, and Jews who influenced our lives in profound ways. The purpose of their visit was to determine needs and the appropriate assistance from the Church. The orphanage was located in a residential neighborhood in Bethlehem near the Church of the Nativity. As we entered the building, the first sounds I heard were those of little children. We passed several rooms filled with small beds and noticed newborn infants lying in cribs and small children playing with one another. I also noticed a shortage of adult staff compared with the number of children I could see. Our meeting was with the director of the orphanageâ€”one of the most impressive people I have met in my Middle East travels: Though small in stature, she was large in heart and spirit. As we visited with her we learned about the history of the orphanage, the number of children cared for, and the challenges of feeding and clothing so many precious children. There was no doubt the orphanage had its challenges. I noticed, however, that as she described the needs of the children and the problem of the shortage of staff and materials, there was not one word of complaint. In every thing give thanks: Do you wonder what God would like you to be doing every day? The Apostle Paul declared that it is to rejoice, to pray, and to give thanks in everything. His counsel encouraging us to be more thankful is especially inspiring when you stop to consider that he was a Church leader who was scourged receiving thirty-nine lashes ; beaten with rods; left for dead after being stoned by his countrymen; shipwrecked three timesâ€”spending one night and a day in the water; bitten by a deadly snake; betrayed by those he thought were his friends; and falsely imprisoned and who suffered weariness, hunger, thirst, and cold and was in peril of robbers. Yet you and I know that finding and counting our blessings during challenging times can be difficult. In those challenging times when there does not seem to be much to be grateful for, President Monson has wisely counseled us: Our realization of what is most important in life goes hand in hand with gratitude for our blessings. Said one well-known author: It is always our conscious choice which secret garden we will tend. Consciously choosing to fill our minds with thoughts of our blessings and feeling appreciation for those blessings can change the way we feel and brighten our spirits during difficult times. Even spending a few minutes thinking about our blessingsâ€”even numbering themâ€”as we walk from class to class can add a little sunshine and encouragement to our lives. Increasing Our Gratitude What, then, are some of the ways we can

recognize our blessings, increase our thankfulness, and practice gratitude? Briefly, I would like to suggest five: Try Keeping a Gratitude Journal Think of three to five blessings you have experienced throughout the day or the week and record them in a gratitude journal. Look for blessings from the mundane to the magnificent. Before writing in his gratitude journal, President Henry B. Eyring pondered the following question: Something began to happen. As I would cast my mind over the day, I would see evidence of what God had done for one of us that I had not recognized in the busy moments of the day. As that happened, and it happened often, I realized that trying to remember had allowed God to show me what He had done. It also lifts the spirits of those who are deserving of your thankfulness. Take Time to Write Thank-You Notes and Letters of Appreciation to People Who Have Blessed Your Life John Kralik, an attorney with a struggling law practice and personal family problems, determined to reverse the cycle of negative thinking through writing and sending one thank-you note each day of the yearâ€” thank-you notes in total. His note-writing endeavor taught him a valuable lesson: David Steindl-Rast posed this question: Blake Boatright and Vance Theodore.

Chapter 3 : The Power Of Gratitude

Page 2 of 5 (TVII) We walk together on the way to quietness that is the gift of God. The ego tells us God's gift is war and destruction, not quietness and peace.

Eugenio Pacelli at the age of six in Together with his brother Francesco and his two sisters, Giuseppina and Elisabetta, he grew up in the Parione district in the centre of Rome. Soon after the family had moved to Via Vetrina in he began school at the convent of the French Sisters of Divine Providence in the Piazza Fiammetta. The family worshipped at Chiesa Nuova. Eugenio and the other children made their First Communion at this church and Eugenio served there as an altar boy from In too he was sent to the private school of Professor Giuseppe Marchi, close to the Piazza Venezia. He was also enrolled at the State University, La Sapienza where he studied modern languages and history. At the end of the first academic year however, in the summer of , he dropped out of both the Capranica and the Gregorian University. According to his sister Elisabetta, the food at the Capranica was to blame. In he completed his education in Sacred Theology with a doctoral degree awarded on the basis of a short dissertation and an oral examination in Latin. He received his first assignment as a curate at Chiesa Nuova. By Pacelli received his doctorate. The theme of his thesis was the nature of concordats and the function of canon law when a concordat falls into abeyance. Promoted to the position of minutante, he prepared digests of reports that had been sent to the Secretariat from all over the world and in the same year became a papal chamberlain. In he received the title domestic prelate. Pius X died on 20 August His successor Benedict XV named Gasparri as secretary of state and Gasparri took Pacelli with him into the Secretariat of State, making him undersecretary. After his consecration, Eugenio Pacelli left for Bavaria. As there was no nuncio to Prussia or Germany at the time, Pacelli was, for all practical purposes, the nuncio to all of the German Empire. Once in Munich , he conveyed the papal initiative to end the war to German authorities. However, Bethmann-Hollweg was forced to resign and the German High Command, hoping for a military victory, delayed the German reply until 20 September. Sister Pascalina later recalled that the Nuncio was heartbroken that the Kaiser turned "deaf ear to all his proposals". She later wrote, "Thinking back today on that time, when we Germans still all believed that our weapons would be victorious and the Nuncio was deeply sorry that the chance had been missed to save what there was to save, it occurs to me over and over again how clearly he foresaw what was to come. Monsignor Schioppa, the uditore, was left in Munich. Pale, dirty, with drugged eyes, vulgar, repulsive Despite their demands, however, Pacelli refused to leave his post. In Berlin, Pacelli was Dean of the Diplomatic Corps and active in diplomatic and many social activities. Paul von Hindenburg , Gustav Stresemann , and other members of the Cabinet were regular guests. Pacelli in Bavaria, In post-war Germany, in the absence of a nuncio in Moscow, Pacelli worked also on diplomatic arrangements between the Vatican and the Soviet Union. He negotiated food shipments for Russia, where the Church was persecuted. He met with Soviet representatives including Foreign Minister Georgi Chicherin , who rejected any kind of religious education, the ordination of priests and bishops, but offered agreements without the points vital to the Vatican. Pacelli supported German diplomatic activity aimed at rejection of punitive measures from victorious former enemies. He blocked French attempts for an ecclesiastical separation of the Saar region , supported the appointment of a papal administrator for Danzig and aided the reintegration of priests expelled from Poland. Following the Wall Street Crash of , the beginnings of a world economic slump appeared, and the days of the Weimar Republic were numbered. Pacelli was summoned back to Rome at this timeâ€”the call coming by telegram when he was resting at his favourite retreat, the Rorschach convent sanatorium. He left Berlin on 10 December As Cardinal Secretary of State, Pacelli signed concordats with a number of countries and states. Immediately on becoming Cardinal Secretary of State, Pacelli and Ludwig Kaas took up negotiations on a Baden Concordat which continued until the spring and summer of Austria , Germany , Yugoslavia and Portugal Catholicism had become the sole recognized religion; the powerful democratic Catholic Popular Party , in many ways similar to the Centre Party in Germany, had been disbanded, and in place of political Catholicism the Holy See encouraged Catholic Action , "an anaemic form of clerically dominated religious rally-rousing". It was permitted only so long as it developed "its activity

outside every political party and in direct dependence upon the Church hierarchy for the dissemination and implementation of Catholic principles". They also ensured that canon law would be recognized within some spheres. In the summer of 1933 he clashed with Catholic chancellor Heinrich Brüning, who frankly told Pacelli he believed that he "misunderstood the political situation in Germany and the real character of the Nazis". Roosevelt, who appointed a personal envoy "who did not require Senate confirmation" to the Holy See in December, re-establishing a diplomatic tradition that had been broken since when the pope lost temporal power. Pacelli made reference to the Jews "whose lips curse [Christ] and whose hearts reject him even today". Most noteworthy among the 50 speeches is his review of Church-State issues in Budapest in *Reichskonkordat* and *Mit brennender Sorge*. Pacelli seated, center at the signing of the *Reichskonkordat* on 20 July in Rome with from left to right: The state concordats were necessary because the German federalist Weimar constitution gave the German states authority in the area of education and culture and thus diminished the authority of the churches in these areas; this diminution of church authority was a primary concern of the Vatican. As Bavarian Nuncio, Pacelli negotiated successfully with the Bavarian authorities in 1933. He expected the concordat with Catholic Bavaria to be the model for the rest of Germany. However, Pacelli obtained less favorable conditions for the Church in the Prussian concordat of 1933, which excluded educational issues. A concordat with the German state of Baden was completed by Pacelli in 1933, after he had moved to Rome. There he also negotiated a concordat with Austria in 1933. It is debated, not because of its content, which is still valid today, but because of its timing. In particular, the questions of denominational schools and pastoral work in the armed forces prevented any agreement on the national level, despite talks in the winter of 1933. He sent his vice chancellor Franz von Papen, a Catholic nobleman and member of the Centre Party, to Rome to offer negotiations about a *Reichskonkordat*. The encyclical was written in German and not the usual Latin of official Catholic Church documents. Secretly distributed by an army of motorcyclists and read from every German Catholic Church pulpit on Palm Sunday, 1933, it condemned the paganism of the National Socialism ideology.

Chapter 4 : Topical Bible: Gratitude

But if a widow has children or grandchildren, let these learn first to show piety towards their own homes and to prove their gratitude to their parents; for this is well pleasing in the sight of God. (WEY).

The French lords and soldiers loyal to Charles were becoming increasingly desperate. Granted an escort of five veteran soldiers and a letter of referral to Charles by Lord Baudricourt, Joan rode to see Charles at Chinon. She arrived on 23 February. When Joan appeared at Chinon, Charles wanted to test her claim to be able to recognise him despite never having seen him, and so he disguised himself as one of his courtiers. He stood in their midst when Joan entered the chamber in which the court was assembled. Joan identified Charles immediately. She bowed low to him and embraced his knees, declaring "God give you a happy life, sweet King! Thereafter Joan referred to him as "Dauphin" or "Noble Dauphin" until he was crowned in Reims four months later. After a private conversation between the two Charles later stated that Joan knew secrets about him that he had voiced only in silent prayer to God, Charles became inspired and filled with confidence. They compelled the English to lift the siege on 8 May, thus turning the tide of the war. The French won the Battle of Patay on 18 June, at which the English field army lost about half its troops. The Burgundians handed her over to their English allies. Tried for heresy by a court composed of pro-English clergy such as Pierre Cauchon, who had long served the English occupation government, [9] she was burned at the stake on 30 May. Charles consistently refused him. The two never met again. In , Charles became ill. A sore on his leg an early symptom, perhaps, of diabetes or another condition refused to heal, and the infection in it caused a serious fever. The king summoned Louis to him from his exile in Burgundy, but the Dauphin refused to come. The king lingered on for the next two and a half years, increasingly ill, but unwilling to die. During this time he also had to deal with the case of his rebellious vassal John V of Armagnac. Ill and weary, the king became delirious, convinced that he was surrounded by traitors loyal only to his son. Under the pressure of sickness and fever, he went mad. By now another infection in his jaw had caused an abscess in his mouth. The swelling caused by this became so large that, for the last week of his life, Charles was unable to swallow food or water. Although he asked the Dauphin to come to his deathbed, Louis refused, instead waiting at Avesnes, in Burgundy, for his father to die. He died on 22 July, and was buried, at his request, beside his parents in Saint-Denis.

Chapter 5 : Of the Imitation of Christ - Wikisource, the free online library

Action Steps To Develop Your Attitude Of Gratitude. Ok, now that you have a feel for the importance of expressing gratitude in your day to day outcomes, regardless of what they are, let's explore a few ways to develop an attitude of gratitude that will positively effect what you see manifest in your life everyday.

Opponents of Purgatory 17 7. Uninterrupted Tradition of the Church and Purgatory 23 8. The Condition of the Suffering Souls in Purgatory. The Spiritual Condition of the Suffering Souls 34 Spiritual Torments of the Suffering Souls 41 Other Punishments of Purgatory, 49 Consolations in Purgatory 53 The Duration of Purgatory 60 The Location of Purgatory 66 On the Means of Relieving the Suffering Souls. On the Means of Relief in General 75 Catholic Burial 79 Official Prayer of the Church for the Suffering Souls 94 The Saints and the Suffering Souls The Angels and the Suffering Souls Confraternities for the Relief of the Suffering Souls Effect of Indulgences on the Suffering Souls Fasting for the Benefit of the Suffering Souls Alms-deeds Release the Suffering Souls The Mass of Requiem High Mass of Requiem On what Days are Requiem Masses Permitted? What is a Privileged Altar? What is Meant by a Memento?. On the Motives for Helping the Suffering Souls. General Motives for Helping the Suffering Souls. Motives Relating to God Motives Relating to the Suffering Souls Motives Relating to Ourselves Gratitude of the Suffering Souls. The Practice of the Heroic Act of Charity Motives for Making the Heroic Act of Charity The Archconfraternity of the Most Precious Blood. Remarks on Indulgences III. Prayers for the Suffering Souls. The Way of the Cross IV. The Holy Rosary V. Electronic reproduction Master and use copy.

Chapter 6 : The Divine Gift of Gratitude - Thomas S. Monson

How much happier we are in the presence of a grateful and loving soul, and how careful we should be to cultivate, through the medium of a prayerful life, a thankful attitude toward God and man!" 9 President Smith is telling us that a prayerful life is the key to possessing gratitude.

Bar None Choosing and developing an attitude of sincere and "heartfelt gratitude" for all your life encounters The fact of the matter is, The Power of Gratitude can and often does, transform results in the "blink of an eye. To KNOW just how "true" that is in a personally experiential kind of way, requires nothing more or less than making a "conscious choice" to take the "time" to learn about how and why the Power of Gratitude is so powerful, master it and DO IT each and every day. What does that recorded wisdom have to do with initiating and utilizing The Power of Gratitude in your life? It too is nothing more or less than a state of mind based on and ignited by belief. A quality of consciousness consistently focused on being broke or "poor" can, will and does reveal itself as a tangible and measurable outcome that mirrors that chosen quality of consciousness PRECISELY. The opposite also holds true. The kind and quality of these 2 varying "states of mind" are without question different in quality, yet both are a construct of mind, initiate the creative process and provide, without fail, tangible and measurable results. Are you the kind of person that requires knowing the mechanics of as well as how or why the Power of Gratitude works as it does? Energy or light Through the Law of Attraction , the energy vibrations that you resonate and project based on your thoughts, feelings, and emotions determines your individually projected "vibrational frequency" which broadcasts and projects that frequency into what modern day scientists refer to as "the field", or as the more spiritually minded might refer to as the Kingdom. What does that have to do with the Power Of Gratitude? When you are in a sincere state of gratitude your energy vibrational resonance is one of acceptance and harmony. You resonate, and as a result project a much higher vibrational frequency which is exactly what attracts to you the events, conditions, and circumstances that you desire. To provide more clarity on the resonance created and projected by focusing on and consistently choosing an attitude of gratitude, consider the following analogy Think of yourself as a giant magnet. Whatever you are feeling, whether it be love, fear, anger, happiness, anger, joy, gratitude, resistance etc. Fear of something creates a magnetic force that can attract more of what you fear. Expressing Gratitude for any situation projects a magnetic force that draws to you more of what you are expressing gratitude for. In other words enabling and allowing yourself to transition into and remain in a state of gratitude puts you in harmonious alignment and at the same time, emits and projects a vibrational resonance which attracts additional energies the same in kind and quality as the deeply felt emotion of gratitude projected. When this happens what are your thoughts and emotions fixated on? What you DON'T want, correct? You resonate with and begin to attract the dis-harmonious events, conditions and circumstances into your life that you are resisting. As mentioned above, you are drawing to you or attracting through your chosen "magnetic force" the polar opposite of what you have a sincere and conscious desire to experience. Resistance is placing focus and attention on what you would rather NOT have happening which is in essence creating and projecting a magnetic force an asking of sorts which is drawing to you what it is that you are placing your predominant focus on resisting and have NO conscious desire to experience. Gratitude on the other hand is an acceptance of things just the way they are which correlates with acceptance; a surrendering of sorts which in turn resonates and projects a much different resonance of energy creating yet another magnetic force that aligns, harmonizes with and is conducive to attracting the "consciously desired" outcome. A common question that comes up is Remember, you are the one that thinks your thoughts. Your thoughts do not think you. Since your current outcomes are based on what you have thought and felt at some point in the past and those outcomes are now being experienced in your life, guess who created them? Although prior to understanding how this process works you were in essence "unconsciously attracting and creating", now you can begin to "consciously attract and create" or if you prefer co-create more to express sincere and heartfelt gratitude for. Once you fully grasp and understand that your current experiences here and now are merely guideposts showing you that you are either on the desired path of creating your consciously desired outcomes or that you need to make some minor

adjustments in your thought processes that created them, you will become better enabled and more empowered to express heartfelt gratitude for whatever is currently happening in your life recognizing the fact that YOU created it. But what energy are you resonating, emitting and projecting by making that less than empowering choice? NOT the kind or quality that will attract your consciously desired outcomes for sure. Your perception of something going wrong is only your perception, that is all. Believing and perceiving anything less, is only based on a lack of deeper understanding concerning the process of creation and the unerring cycles that sustain it. It is only unconsciously and misdirected thought and unconsciously and misdirected perceptions often judged and labeled as being WRONG thoughts or WRONG perceptions that are responsible for igniting less than desirable emotions that attract creations that show up in your life in the form of events, conditions and circumstances that so many and perhaps even you believe and perceive as being or "going wrong. Your perceptions regarding any event, condition or circumstance are only based on a memory of something in the past that is stored in your subconscious mind and can be consciously changed if you discover that it is not in harmony with what you have a desire to accomplish. You make your coffee and head for the window to open the blinds. You get them opened up and look out the window. Next, your self talk kicks in and it goes something like this. Why do things always have to happen like that? Based on your thought pattern and perception, your right, it is. In fact, by remaining in this state, you will literally attract additional events, conditions, and circumstances to you that will make Certain that you have a less than desirable weekend! This is a classic case of resistance, or ungratefulness. No silver lining here right? He has worked all week and made plans to play in the same golf tournament that you were entered in. This is a classic case of remaining in gratitude, regardless. No resistance, no allowing undesired emotions to ignite and the end result is a harmonious vibration. Do you see what I mean about perception? Same situation, different people, different perception, different outcome. When you have developed a crystal clear understanding that all things work for the greater good no matter how seemingly bad things may appear, it becomes much easier to stay in a state of gratitude. When you are able to fully develop that awareness, and with a little practice, you will not only is it an extremely freeing experience, but you are setting your self up for a much greater flow of Abundance and Happiness being attracted and coming into your life EVERY area of your life! When the Universe sees that you are grateful for what you have, it will send you more. This is exactly how Universal Laws operate. God, Universal Consciousness, Super-Conscious Mind or whatever you perceive Source to be, loves each person unconditionally exactly the same and only delivers to each precisely what we are asking for, based on our individually chosen vibrational output. If that output resonates anger, fear, doubt, worry etc. As spiritual text states it Positive and Desired Outcomes! The unwavering systems Universal Laws have been put into place, and you only need to learn to operate consciously, intentionally, purposefully in alignment and harmony with what you desire, which will allow you to attract the Abundance and Happiness that you and everyone else DOES desire. Developing an attitude of gratitude is one of the most important and ESSENTIAL things that you can do for attracting and manifesting the things that you desire into your life. By focusing on and compiling a list of the things that you are grateful for in your life actually accomplishes a few extremely effective things at the same time. In essence it is a conscious choice to focus on gratitude rather than choosing what the mass majority does which is "unconsciously" allowing their thoughts, emotions and focus to run wild all the while believing that their a victim of circumstance rather than a creator of circumstance. The Mental Gratitude List By developing the discipline to practice this technique every day, you will find that it becomes easier and easier to do, and the results, meaning the attraction of more to express gratitude for, will be dramatic. There are actually several ways that you can do gratitude exercises. Personally I find what works best for me is to mentally go over my list of things to be grateful for as I meditate. The reason this is such an effective method is because during meditation, your brain wave activity is lowered dramatically into an alpha state, which allows the affirmations to penetrate deeper into the subconscious portion of your mind, and has a quicker, deeper, and longer lasting effect with less effort. If your not into the meditation thing, you can also go over a mental list as you do the things that relax you, such as working in the garden, walking in the park, going fishing, or whatever relaxation activities that you do. If you are at a place where you are totally unable to quite your mind and anxious most of the time, you may find the next method to be more effective, initially.

The Written Out Gratitude List This method is equally as effective and actually accomplishes the same end result as the first technique. Just take out a piece of paper and make a hand written list of the things that you can think of that you are grateful for. Think deeply about each area of your life and begin to write in detail the good things that come to your mind as you write. Make sure though that you are finding and writing things that you are sincerely grateful for. You and your significant other have been at odds for some time and you are feeling really hurt and angry over the situation. Although your state of mind is telling you how angry you are, think about the good that you saw in this person that attracted you to them initially. Begin to write down what comes to mind and more will follow. Write in as much detail as you are able regarding each item on your list. It will become easier and easier the more you practice at it. It is extremely powerful and with practice and persistence you will begin to see circumstances begin to change almost magically. Make a commitment to yourself that you will do this at least once per day and stick to that commitment. Even 5 minutes is better than not at all. Put into it the time that you can spare, but make sure you do it every day. There are a few quotes that come to mind with regard to gratitude and the power that it has. When you change the way you look at things, the things you look at change. It will make ALL the difference. I would encourage you to develop your understanding with regard to the importance of gratitude and how from a "deeper perspective" it does serve to mold and shape a far more pleasing quality of life. The following are some personal empowerment tools that I have found personally beneficial and perhaps they will serve you as well. Developing your ability to attract Abundance and Happiness into your life is a process. And because it is a journey, arming yourself with knowledge, wisdom and insight that takes you in your desired direction is a crucial part of that journey. You could say it allows the journey to be far more pleasant. Life is all about awareness. Perhaps the following tools will prove to be helpful in not only assisting you to develop and consistently express an attitude of gratitude, but also dramatically raise your awareness and level of understanding regarding life, how our universe operates and your crucial and interconnected role in the bigger scheme of it all. Choosing To Learn and Consistently Engage in The Art of Meditation After "trying" a number of ways to change and shift my mindset and consistently "attempting" without much success to shift from a victim of circumstance to a "conscious creator of circumstance" mentality, was learning and choosing to engage in the art of meditation. Not just ANY form, but a very specific form of meditation that you can learn all about here. What I will say is that those who "choose" NOT to "go within", go without. That is a far more profound statement than my limited words or anyone else's words for that matter could EVER convey with the limits of human language. The same will prove to be "true" for you as well, should you choose it for yourself. One thing I CAN assure you of though, is that choosing to make meditation a daily habit, enables and allows a deeply felt and unwavering sense of Gratitude to not only become automatic, but a constant The 7 Hidden Keys To Conscious Creation delves deeply into and provides an extremely enlightening, empowering and in depth understanding of what molds, shapes and determines every aspect of our lives.

Chapter 7 : Charles VII of France - Wikipedia

Charity for the suffering souls: an explanation of the Catholic doctrine of Purgatory. With a treatise on the Archconfraternity of the Most Precious Blood of Our Lord Jesus Christ, and on the spiritual benevolent fraternity for the relief and ransom of the suffering souls.

Admonition to all Christians, especially Priests, on the good use of this Sacrament Exercise after Mass or Communion. A shorter exercise for making a good Communion, suited for both priests and laics, both before and after Mass and Communion A phort exercise for celebration and Communion, useful to priests and laics, both before and after Mass and Communion A short and useful method of exciting the affections before and after Communion. The duty of assisting often and devoutly at the Sacrifice of the Mass Formula for the formation of the intention before hearing Mass. Mayer A very short formula for exciting contrition and devotion, and for renewing the intention, with a petition for grace before Mass Prayer before Mass. Augustine Prayer at the Commemoration of the Dead, from St. Thomas Aquinas II. Pange lingua II. Sacris solemnibus juncta sint gaudia III. Verbum supermini prodiens IV. Salutis humana sator V. AETERNE Rex altissime VI. Exhortation to reflect upon the work of redemption 2. Christ is proposed for our imitation 3. God became man that he might be capable of imitation 4. What we learn from the name of Christian 5. To follow Christ is glorious, pleasant, and profitable 6. The following of Christ consists in self-denial and continual mortification 7. Poverty and contempt for earthly things recommended to us by the example of Christ 9. How we are to imitate the wonderful patience of Christ The sovereign charity of Christ to be most admired and imitated In the Cross of Christ is the sum of all virtue Admonition on the object and use of the following Rosary Rosary of our Lord Jesus Christ Devout affections of the soul, in rhyme, addressed to the several members of Christ crucified Hymn in praise of the holy Cross Hymn in which are represented to the eternal Father, the Life, Passion, and merits of Christ At the seven effusions of the most sacred blood of Jesus Christ, against the seven capital sins Salutations to the five wounds of Christ, with prayers for obtaining the principal virtues The seven words uttered by Christ upon the Cross CHAP. Prayer to be said before an image of the Crucified Short prayers to Christ in his Passion Short prayers of St. Bernard on the name of Jesus A sweet and easy method of praying always, and at the same time of honouring the most holy name of Jesus Holy aspiration in praise of the most holy name of Jesus In the morning when thou risest When going from home When returning home When going into Church Before prayer Before reading the hours After the hours

Chapter 8 : Pope Pius XII - Wikipedia

Whether you eat or drink or whatever you do, do it all for the glory of God. ” 1 Corinthians Gratitude requires mindfulness ”living with eyes wide open. It calls for knowing that every good gift, everything beautiful and right and perfect and lovely, comes from God. And we must know where.

Email A grateful heart comes through expressing gratitude to our Heavenly Father for His blessings and to those around us for all that they bring into our lives. This has been a marvelous session. But I have one comment to make to you. You should have stayed with the piano. I think of her. I think of my father. I visited one late one night. She was wide awake. Beautiful music touches me that way. My beloved brothers and sisters, we have heard inspired messages of truth, of hope, and of love. Our thoughts have turned to Him who atoned for our sins, who showed us the way to live and how to pray, and who demonstrated by His own actions the blessings of service—even our Lord and Savior, Jesus Christ. In the book of Luke, chapter 17, we read of Him: And it came to pass, that, as they went, they were cleansed. My brothers and sisters, do we remember to give thanks for the blessings we receive? My beloved friend President Gordon B. As He traveled in the wilderness for three days, more than 4, people followed and traveled with Him. He took compassion on them, for they may not have eaten during the entire three days. And [the disciples] said, Seven, and a few little fishes. The Lord declared through a revelation given to the Prophet Joseph Smith: This is a wonderful time to be on earth. While there is much that is wrong in the world today, there are many things that are right and good. There are marriages that make it, parents who love their children and sacrifice for them, friends who care about us and help us, teachers who teach. Our lives are blessed in countless ways. We can lift ourselves and others as well when we refuse to remain in the realm of negative thought and cultivate within our hearts an attitude of gratitude. If ingratitude be numbered among the serious sins, then gratitude takes its place among the noblest of virtues. Smith, sixth President of the Church, provided an answer. Love overpowers jealousy, and light drives darkness out of his life. How much happier we are in the presence of a grateful and loving soul, and how careful we should be to cultivate, through the medium of a prayerful life, a thankful attitude toward God and man! Do material possessions make us happy and grateful? However, those things which provide deep and lasting happiness and gratitude are the things which money cannot buy: Unfortunately, these are some of the things we allow ourselves to take for granted. Let us not wait until it is too late for us to express that gratitude. Speaking of loved ones he had lost, one man declared his regret this way: We never know how soon it will be too late. A grateful heart, then, comes through expressing gratitude to our Heavenly Father for His blessings and to those around us for all that they bring into our lives. This requires conscious effort—at least until we have truly learned and cultivated an attitude of gratitude. However, if we reach deep enough and look hard enough, we will be able to feel and recognize just how much we have been given. I share with you an account of one family which was able to find blessings in the midst of serious challenges. This is an account I read many years ago and have kept because of the message it conveys. It was written by Gordon Green and appeared in an American magazine over 50 years ago. Gordon tells how he grew up on a farm in Canada, where he and his siblings had to hurry home from school while the other children played ball and went swimming. Their father, however, had the capacity to help them understand that their work amounted to something. This was especially true after harvesttime when the family celebrated Thanksgiving, for on that day their father gave them a great gift. He took an inventory of everything they had. On Thanksgiving morning he would take them to the cellar with its barrels of apples, bins of beets, carrots packed in sand, and mountains of sacked potatoes as well as peas, corn, string beans, jellies, strawberries, and other preserves which filled their shelves. He had the children count everything carefully. Then they went out to the barn and figured how many tons of hay there were and how many bushels of grain in the granary. They counted the cows, pigs, chickens, turkeys, and geese. Their father said he wanted to see how they stood, but they knew he really wanted them to realize on that feast day how richly God had blessed them and had smiled upon all their hours of work. Finally, when they sat down to the feast their mother had prepared, the blessings were something they felt. Gordon indicated, however, that the Thanksgiving he remembered most thankfully

was the year they seemed to have nothing for which to be grateful. The year started off well: Do you think we should break down and get electricity? So the electrical line went up their lane that year. Although it was nothing fancy, they acquired a washing machine that worked all day by itself and brilliant lightbulbs that dangled from each ceiling. There were no more lamps to fill with oil, no more wicks to cut, no more sooty chimneys to wash. The lamps went quietly off to the attic. The coming of electricity to their farm was almost the last good thing that happened to them that year. Just as their crops were starting to come through the ground, the rains started. They planted again, but more rains beat the crops into the earth. Their potatoes rotted in the mud. They sold a couple of cows and all the pigs and other livestock they had intended to keep, getting very low prices for them because everybody else had to do the same thing. All they harvested that year was a patch of turnips which had somehow weathered the storms. Then it was Thanksgiving again. Grudgingly she started the job, indicating it would take a long time to cook that tough old thing. When it was finally on the table with some of the turnips that had survived, the children refused to eat. He went up to the attic, got an oil lamp, took it back to the table, and lighted it. He told the children to turn out the electric lights. When there was only the lamp again, they could hardly believe that it had been that dark before. They wondered how they had ever seen anything without the bright lights made possible by electricity. The food was blessed, and everyone ate. When dinner was over, they all sat quietly. The jack rabbit tasted like turkey and the turnips were the mildest we could recall. As I close this morning, it is my prayer that in addition to all else for which we are grateful, we may ever reflect our gratitude for our Lord and Savior, Jesus Christ. Where did we come from? Why are we here? Where do our spirits go when we die? That gospel brings to those who live in darkness the light of divine truth. He taught us how to pray. He taught us how to live. He taught us how to die. His life is a legacy of love. The sick He healed; the downtrodden He lifted; the sinner He saved. Ultimately, He stood alone. Some Apostles doubted; one betrayed Him. The Roman soldiers pierced His side. The angry mob took His life. He is our Master. He is our Savior. He is the Son of God. He is the Author of Our Salvation. Let us emulate His example. Let us obey His words. By so doing, we give to Him the divine gift of gratitude. My sincere, heartfelt prayer is that we may in our individual lives reflect that marvelous virtue of gratitude. May it permeate our very souls, now and evermore. In the sacred name of Jesus Christ, our Savior, amen.

Chapter 9 : 2 Samuel - Then David the - Verse-by-Verse Commentary

CONTENTS. Introduction. THE ADORNMENT OF THE SPIRITUAL MARRIAGE THE FIRST BOOK. Prologue. I. Of the Active Life. II. Showing how we shall consider the Coming of Christ in Three Ways.

Vocations, the Gift of the Love of God. The source of every perfect gift is God who is Love – "Deus caritas est: Sacred Scripture tells the story of this original bond between God and man, which precedes creation itself. Writing to the Christians of the city of Ephesus, Saint Paul raises a hymn of gratitude and praise to the Father who, with infinite benevolence, in the course of the centuries accomplishes his universal plan of salvation, which is a plan of love. The profound truth of our existence is thus contained in this surprising mystery: The discovery of this reality is what truly and profoundly changes our lives. In a famous page of the Confessions, Saint Augustine expresses with great force his discovery of God, supreme beauty and supreme love, a God who was always close to him, and to whom he at last opened his mind and heart to be transformed: You were within me, but I was outside, and it was there that I searched for you. In my unloveliness I plunged into the lovely things which you created. You were with me, but I was not with you. Created things kept me from you; yet if they had not been in you they would have not been at all. You called, you shouted, and you broke through my deafness. You flashed, you shone, and you dispelled my blindness. You breathed your fragrance on me; I drew in breath and now I pant for you. I have tasted you, now I hunger and thirst for more. You touched me, and I burned for your peace. It is a love that is limitless and that precedes us, sustains us and calls us along the path of life, a love rooted in an absolutely free gift of God. Every specific vocation is in fact born of the initiative of God; it is a gift of the Love of God! In every age, the source of the divine call is to be found in the initiative of the infinite love of God, who reveals himself fully in Jesus Christ. In the love-story recounted by the Bible, he comes towards us, he seeks to win our hearts, all the way to the Last Supper, to the piercing of his heart on the Cross, to his appearances after the Resurrection and to the great deeds by which, through the activity of the Apostles, he guided the nascent Church along its path. Nor has the Lord been absent from subsequent Church history: Yet the appealing beauty of this divine love, which precedes and accompanies us, needs to be proclaimed ever anew, especially to younger generations. This divine love is the hidden impulse, the motivation which never fails, even in the most difficult circumstances. Dear brothers and sisters, we need to open our lives to this love. Saint John of the Cross, writing to the Prioress of the Monastery of Segovia who was pained by the terrible circumstances surrounding his suspension, responded by urging her to act as God does: It is in this soil of self-offering and openness to the love of God, and as the fruit of that love, that all vocations are born and grow. These two expressions of the one divine love must be lived with a particular intensity and purity of heart by those who have decided to set out on the path of vocation discernment towards the ministerial priesthood and the consecrated life; they are its distinguishing mark. The other practical expression of love, that towards our neighbour, and especially those who suffer and are in greatest need, is the decisive impulse that leads the priest and the consecrated person to be a builder of communion between people and a sower of hope. The relationship of consecrated persons, and especially of the priest, to the Christian community is vital and becomes a fundamental dimension of their affectivity. Dear brother bishops, dear priests, deacons, consecrated men and women, catechists, pastoral workers and all of you who are engaged in the field of educating young people: I fervently exhort you to pay close attention to those members of parish communities, associations and ecclesial movements who sense a call to the priesthood or to a special consecration. The task of fostering vocations will be to provide helpful guidance and direction along the way. But above all, the Eucharist should be the heart of every vocational journey: Scripture, prayer and the Eucharist are the precious treasure enabling us to grasp the beauty of a life spent fully in service of the Kingdom. It is my hope that the local Churches and all the various groups within them, will become places where vocations are carefully discerned and their authenticity tested, places where young men and women are offered wise and strong spiritual direction. In this way, the Christian community itself becomes a manifestation of the Love of God in which every calling is contained. As a response to the demands of the new commandment of Jesus, this can find eloquent and particular realization in Christian families, whose love is an

expression of the love of Christ who gave himself for his Church cf. With this prayerful hope, I cordially impart my Apostolic Blessing to all of you: From the Vatican, 18 October Taken from: