

Chapter 1 : The Medicine Wheel – Shaman Jon

*The Shaman and the Medicine Wheel (Quest Books) [Evelyn Eaton] on theinnatdunvilla.com *FREE* shipping on qualifying offers. The more we meditate on the Medicine Wheel and on the Cosmic Wheel above, relating these to the circles, spheres.*

Contact The Medicine Wheel The Medicine wheel consists of 4 modules where we will share our deepest fears and our greatest dreams. For each direction you will bring 3 beautiful stones. These, through ancient ceremony anchor you to the integrity and purity of spiritual knowledge and are a representation of your own personal transformation. The altar you create is in recognition of your own power and commitment to be the difference you want to see in your life and the world around you. View dates and prices South – Truth and Expansion You begin to create your personal altar in the South where we take the opportunity to really look at the stories that we tell and how they inform our lives. We begin to unravel the beliefs and shadows that are held within these stories honoring the reason or no reason they were created and begin to choose differently. We take a deeper look at the beliefs and unused potential sides of us that remain hidden and undernourished. During this week you will receive rites of passage, to support you through this stage of your spiritual journey. West – Balance and Integrity In the West you will work with your ancestors and learn how our family and karmic systems or patterns can bind us. More importantly you create space here to honour your ancestors, acknowledging the gifts and unbinding the ties. Here you truly begin to step into your life fully, no longer informed by the past. In the West you receive rites of passage as you step into a place of stewardship of all of life. North- Wisdom and Knowledge In the North close the door to the West and step into the place of your becoming. You engage less at the emotional and physical and begin to come into balance with your own inner spiritual voice. You take your incredible journey knowing how to read with confidence, through all your senses, the signs and guidance provided by spirit. You remember how to step outside of time and find a deep place of stillness. You will take your place at the fire, stepping into destiny claiming your life and your journey. You will receive the rites of passage as you deepen your animistic relationship with the world and step into living everyday with access to ancient wisdom and teachings. East – Envisioning and Manifesting In the East we look at projection and perception in a deeper way. You will begin to recognize that everything is projection. This is a powerful awareness as we journey through life, for here you can truly understand how the universe is simply a mirror. You will have the opportunity to look at your own limiting beliefs and hidden excuses for not stepping fully into participating in life. In the East the rites of passage support you in deepening your understanding of spiritual knowledge and wisdom. With this knowledge and the gifts of your own life experiences you will develop the art of sharing this knowledge in an authentic way.

Chapter 2 : The Shaman and the Medicine Wheel : Evelyn Eaton :

"The more we meditate on the Medicine Wheel and on the Cosmic Wheel above, relating these to the circles, spheres, and mandalas of other traditions, the deeper our realization grows of the oneness of the many paths leading to the Center."

It is a journey that traces a spiral path with no beginning and no end. It aligns with the Tawantinsuyu - the coordinates of the four directions - and is held by the sacred energies of the Heavens and Earth. It is a powerful personal journey of remembering our true nature, of growing into true spiritual adulthood, and of awakening our true destinies. It is a journey that requires courage and heart. As we are born into this world, we pass through a veil of forgetting who we are and why we came here. As the experiences of this life accrue, most of us become attached to stories, patterns and conditioning that define our identity. These influences operate subconsciously and are woven together like a mesh that filters how we perceive reality. The initial steps along this path involve becoming conscious of our identification with those influences and releasing that which does not support our joy and aliveness. When we cleanse our perceptions and free our energy field of the residue of the past, we experience deep healing and peace. As we continue this journey, we begin to remember and reconnect with our destiny. As we get out of our head, our heart opens and flowers. Our vision opens and we become able to perceive within non-physical realms of energy and light. For many, this is a new experience. For others, it is something they have always experienced but not understood. We rediscover impeccability and integrity at a higher transpersonal level. We connect energetically with spiritual allies and guides, who support us from the invisible realms outside ordinary space-time. We receive powerful energy transmissions known as Karpays that activate and re-inform our DNA and our light body. As our vibrational frequency rises, we become more able to receive guidance and wisdom directly from Spirit, without middle-men. This prepares us for the next stage of the journey. We move beyond the context of our personal healing and grow into being of service for the greatest good. Coming from a place of gratitude, humility and respect for all life, we step up as caretakers of the earth and stewards of the world around us. Only then are we ready to acquire the gift of dreaming the world into being. This is a power that connects directly to the source of creation, and can only be held by those who have truly taken the journey. This is a time of a great awakening of consciousness on planet Earth. Building a medicine bundle Mesachakuy helps us to heal, awaken and step into our destiny. We are pleased to present this shamanic training program in Tucson, Arizona. It consists of four sessions, or directions, spread over a month period of practice and integration. Each direction of the medicine wheel builds on the work of the previous session. A structure of support and guidance is provided between directions. Come take this journey with a group of like-minded people - and become friends for life! Each session includes teaching segments, demonstrations, experiential exercises, shamanic journeys, ceremonies and time for processing. A two-month period of personal practice and integration follows, during which the participant has the opportunity to work one-on-one with the course instructor to anchor the teachings and practices into their life. There will be an additional opportunity to take a pilgrimage to Peru in to fully initiate and bless your Mesa and begin the next level of learning and growing! We learn the basics of shedding attachment to the past by examining our perceptions. Working at the level of our core energy field, we learn how to release stories and scripts that program us for repeated failure and suffering. During this session, the participant starts his or her personal medicine bundle, called a mesa, which receives the Mesa Blessing rites in ceremony. Initiations include the Foundation transmissions. A two-month period of personal practice and integration follows. Each participant also has the opportunity to work one-on-one with the course instructors to anchor the teachings and practices into their life. Working with shamanic practices, loving kindness, self-awareness and emotional release, we learn how to free ourselves from ancestral patterns, karmic influences and cultural conditioning. Here we step onto the path of the peaceful spiritual warrior who lives in service for the highest good of the community. We break the grip of fear and develop a benign relationship with death. Ceremonies include the Pachamama Karpay initiations. The West session is also followed by a two-month period of supported integration and practice. We reconnect with

ancient memories and our origins through ceremony. We step beyond the limits of the known to access the unknowable secret of our true nature. Here we learn to access the mystery teachings that initiate us to be in service of the wisdom tradition. The North is again followed by a two-month period of supported integration and practice of the teachings. We learn to grow beyond the context of our personal healing work and accept responsibility as stewards of creation. As we do, the world heals, and we experience the sacred in every moment. The Mesachakuy experience is an alchemical journey of transformation and awakening. We are the ones we have been waiting for! We invite you to come journey with us. In her work she acknowledges that dis-ease comes through disengagement from our internal source of wellness which is our Soul. Our Soul is our connection to Oneness and when what we do is in accord with Oneness we are healthy. When our way-of-life is in discord with Oneness, dis-ease follows. By using shamanic techniques and guidance from helping spirits she connects seekers to this inner spring and help to clear the patterns and blockages that may have caused the disconnection. Celia resides in Tucson, Arizona, where she offers healing services as well as regular community fire ceremonies and a wide variety of classes through HeartStone Healing. She is not licensed to practice medicine or psychology nor does she provide diagnostic services. Her services are intended to assist you with your spirit and soul journey and are not intended as a substitute for licensed medical or psychological treatment. To book an appointment:

Chapter 3 : Medicine Wheel - Heartstone Healing Arts : shamanic healing and energy medicine

The Medicine Wheel is a major symbol of peaceful interaction among all living beings on Mother Earth - it represents harmony, balance and connections. Where I live, Alberta, Canada, there are 46 of all known Medicine Wheels, of which there are

The Path of the Feather: A shamanic journey, medicine wheels and spirit animals The Path of the Feather is about becoming a shaman through your own life as a vision quest. The Path of the Feather as a teaching, is about becoming a contemporary shaman by seeing and hearing the voices of the living earth. It is about finding out who you are by making medicine wheels and listening to the voices of the spirit animals and ancient ones. It is about you living your ordinary life as your vision quest, as your shamanic journey. It is about you becoming one who sees and one who heals the earth with intent This shamanic journey is your personal story of transformation, empowerment, and healing. The Path of the Feather is about your journey right now, embodying the sacred in the simplest ways. It is about seeing yourself as a shaman, about seeing who you are on earth and what you are about to do. It is about personal transformation, about opening your eyes and awakening. What is a shaman and how does the concept apply to art and healing? The shaman in tribal cultures is the person who sees into the sacred world and shares the visions with the people. The shaman brings their sacred visions out as art, music, dance, and storytelling. By this ritual art process, the shaman heals themselves, others, and the earth. By having visions of healing and doing sacred ritual the shaman makes the visions come true. This is ancient magic, ancient healing. The shaman manifests reality in the outer world, from the visionary world. We are all her vision on earth, we are. The Path of the Feather is about you going inward to your source of power. It does not need a teacher, or a trip to India, it only needs you where you are now, and the earth around you. The Path of the Feather has three simple steps. The first step is the making of the shaman, which involves surrender to the earth. It involves your reframing your whole life as sacred and healing. The third step is the healing, the making of the living medicine wheel, which involves doing rituals to heal yourself , others, and the earth. In the moments that you do this, you will be found, and know who you are, because the living earth gives you the gifts of who you are and what you are to do. This will lead you to the place on the earth where you will know that you are perfectly loved. It will bring out your inner artist and healer. It will let you be yourself. For all we are is her most beautiful aspect, her artist and healer, her visionary dreamer. In our work with healing artists, we have found that they can work better if they see themselves as doing sacred or shamanic work. This is because the first artist and the first healer were one, the shaman, so the concept itself is deeply rooted in history. We call this site The Path of the Feather because out of all the traces of the animals, feathers are the easiest to find. It takes a special moment, a sacred space, to see the beauty of the feather, and if you have paused long enough to notice, and stopped long enough to pick it up, you can be assured you are already on this path. If you have never stopped long enough to pick up a feather it is now time for you to begin. Birds leave their feathers as their traces all around us. But right in front of you in the parking lot of the market is a feather taking you on this journey. It will take you to the sacred sites, it will sing to you of the legends, it will make you alive. It will take you to the sacred places near you, and give you gifts to tell you who you are and what you are to do. Each time you pick up a feather it is a reminder that you are on the right path and that your life is sacred again. On the Path of the Feather, we pray for world peace. In this dark time, making medicine wheels for peace and forgiveness is our work. Making art, writing, dancing and making music for world peace is our work. Pray and make medicine wheels to heal those who are in pain, to forgive and bring world peace.

Chapter 4 : The Shaman and the Medicine Wheel by Evelyn Eaton (, Paperback) | eBay

The Shaman and the Medicine Wheel by Evelyn Eaton "The more we meditate on the Medicine Wheel and on the Cosmic Wheel above, relating these to the circles, spheres, and mandalas of other traditions, the deeper our realization grows of the oneness of the many paths leading to the Center."

The Medicine Wheel The Primary Cultures Healing Journey The medicine wheel is the basis for the healing journey of many primary cultures around the world. The healing journey starts in the south and ends in the east and is held by the heavens and earth all that is above and below. In truth, we traverse the medicine wheel in a spiral with no beginning and end but an expansion of ever increasing levels of awareness and joy. What we are really engaging is a whole world view that is rooted in a different mythology than that of the West, and that is of critical importance at this time. It is through the medicine wheel that we heal not only our own wounds, traumas, limiting beliefs, fears, and personal mythology, but that we heal the fundamental underlying myths of our culture and the nature of our relationship with the Earth and all of our relations. The opening and closing prayer to create sacred space for all rituals, ceremonies, and healings literally calls upon all the extra-psychic forces to come forth to support our work, and it helps us to fully understand the medicine wheel. The following is one way that we address, acknowledge, and call upon these energies: Prayer for Creating Sacred Space To the Winds of the South Sachamama, hatun Amaru, Great Serpent Mother of the waters, the rivers, the galaxies, and the roads that bring us together, come wrap your coils of light around us Teach us to shed the energies of the past that no longer serve us, the way you shed your skin, all at once Show us how to walk softly on the Earth, in the beauty way So that all we touch and create, we touch and create in beauty Ho! To the winds of the West Otorongo, Mother Sister Jaguar Come protect our medicine space, devour those energies which do not belong to us Teach us your ways beyond fear, beyond anger, beyond death, beyond guilt, beyond shame, beyond all the mythologies and beliefs that no longer serve us Teach us to be impeccable, luminous beings Peaceful warriors who have no need to engage in battle, internally or externally, but instead are able to support ourselves in asking for and receiving what we desire, so that we can leap into who we are becoming and so that we create from a place of love Ho! To the winds of the North Grandmothers, Grandfathers, Ancient Ones, Ancestors and Guardians of this Land Come to us, teach us your ancient wisdom and the wisdom to come, we honor you who have come before us and will come after us; help us to remember that ancient wisdom directly; come warm your hands by our fires, whisper to us in the winds Siwarkenti, hummingbird, teach us to drink of the nectar of life, even when the contrast is great and the journey seems difficult or long, help us to do that which seems impossible, just as you do So that we create from a place of joy and a sense of timelessness Ho! To the winds of the East Hatun Kuntur, Great Condor, Apuchin, Huaman, Eagle, Macah Come to us from the place of the rising Sun, the place of our becoming Teach us to soar high and see those mountain tops we have only dared to dream of before and help us to see with the eyes of the heart, to feel the guidance in our bodies Give us the broadest perspective and clearest vision of our destiny Take us under your wings, and teach us to fly wing to wing with Great Spirit So that we create with self effort and grace Ho! Intitaita Father Sun, Mamakia Grandmother Moon, Hatun Chaska Star Nations, Star Brothers and Sisters, thank you for rising everyday showering us with your light, your cycles, your love, that makes life possible for us here, and for doing this unconditionally without judgment, teaching us to treat ourselves in the same way Hatun Apu Kuna, Great Holy Mountains, Great Lineage, and Teachers of All times, thank you for helping us; and Ilaticha Wirakocha, Wakantanka, Great Spirit, Creator, God, Creator of all-that-is, you who are known by a thousands names and you who are the unnamable One that dwells within us and all around us in all forms Thank you for bringing us together to sing the song of life one more day, to dance this dance of co-creation, to take creation beyond where it has been before, new levels of joy, abundance, and exhilaration Thank you for holding us Ho! In the work of the West that which we step beyond we shed the old form and embrace the new; we move beyond relationships based on fear. We change our mythology and embrace life from a point of power and knowledge. From the Western mythological point of view, we go back to the Garden and eat of the tree of everlasting life. We shed the myth that we were kicked out of the Garden and we

walk in beauty instead of shame. In the work of the North that which we learn we engage the ancient wisdom, we remember the ancient memories and connection to nature. We step outside of the confines of linear time as we are no longer informed by the past but are ready to become co-creators with an act of power and love. We learn to nudge destiny and influence past events; we remember who we are becoming. With our new knowledge, we learn to be invisible and to keep a secret even from ourselves. In the work of the East that which we summon we dream the world into being; it is the way of the visionary who looks at possibilities before probabilities. It is the Hopi and Inka elders that sit in prayer for the entire world. It is who we are quantum leaping into becoming. It is stepping fully into the role and responsibility of co-creator. We take all that we have learned and bring it back into the practical world as the Inka say, we grow corn with it. May you always walk in beauty along the medicine wheel.

Chapter 5 : Path Of The Feather

The Medicine Wheel The Primary Cultures Healing Journey. The medicine wheel is the basis for the healing journey of many primary cultures around the world. The Q'ero and Inka refer to the medicine wheel in terms of the four winds - the Tawantinsuyu.

As your awareness expands to include the underlying energy matrix of life, so does your field of opportunities. Your inner guides and Tribal Soul hold the key to your talents and strengths. Experience the ease and grace of following the Solar Seasons. Align with the Flow of Life and health and abundance are natural. Follow ancient practices to experience from your heart-center -- and a path of Beauty and creativity unfolds naturally. Break free of limiting habits most are learned or inherited - and not your own. Trauma and fears stagnate in your physical and emotional body - and hold you back. If you are experiencing some success but not breaking free to live healthy and abundantly - then Soul Memory retrieval practices can free you. Discover how to "follow the Great Mystery" and find your heart-path. Only then do you open to your OWN destiny. You are not alone. Claim your Tribal Soul so that all your resources are available to you. Shamanism is the exploration of non-ordinary reality to heal, gain knowledge and explore possibilities. It is your natural state of being mindful in the NOW and following Inspiration. The Path of the Shaman is an "experience" and not simply talk or concepts. You will experience the roots of ancient shamanic wisdom through transformational exercises and journeying into alternate states of awareness. Common links between all Shamanic Practices include personal access to the matrix of Life and the 4 worlds; mind-fullness and Focus for clarity and empowerment; and opening to a heart-centered life path. Slip into the spiritual realms of the Great Mystery and "journey" into your potential. The newest sciences of Quantum physics and EPI-genetics, the morphogenetic field and the matrix - have recently discovered the Ancient Wisdom of the Mystics and the Shaman. Experience the Knowing Field or Great Mystery for yourself. Health, wealth and wisdom are choices you make in this way. Life is not a struggle - give up the fight. Path of abundance and Good Fortune Private:

Chapter 6 : Shaman and the Medicine Wheel by Evelyn Eaton

The medicine wheel is a stone circle that is a cosmological schematic. This wheel is the basis for the symbolic representation of the way of the shaman. It is a map on both a large and small scale, both the micro-scale of our own personal experience and the macro-scale of the entire universe.

Chapter 7 : Healing with the Medicine Wheel | The Green Shaman

This book is a continuation of "I send A Voice" by the same author. It is laid out in several sections. a brief update to her work as a medicine woman, Her version of the medicine wheel (she uses a complex 32 stone medicine wheel.

Chapter 8 : theinnatdunvilla.com: Customer reviews: Shaman and the Medicine Wheel

The Medicine Wheel of the Native Americans is symbolic of their spirituality and of the unique, individual ways we go to find our path - a journey of truth, harmony and peace. It is the symbol of the wheel of life, a never ending circle, life without end, forever evolving and bringing new lessons.

Chapter 9 : The Medicine Wheel | Everyday Shaman

The Medicine Wheel was a tool that was commonly used in ceremonies, teachings, and therapies by the native people of North America. Within the Wheel is a representation of the interconnectedness of humans and nature; the microcosm and macrocosm, as cycles and spirals of energy.