

**Chapter 1 : Easwari Library Bookstore**

*Tamil Book Man is the leading Online Book Store in Chennai,India. Tamil Book Man provides Tamil Books Online,English Books Online, Self improvement / self help.*

Time uploaded in London- Post No. First part was published yesterday. Individuals are also powerful in fighting against injustice. As part of my charity work I have succeeded in a few instances. It was an advertisement for some tablets for head ache. I got upset because it maligned the Yogasana which is part of Hindu meditation. I wrote to the Editor of the newspaper and there was no reply from him. As a journalist I knew who to complain. I sent the complaint to the Press Commission and then they did proper enquiry and made the paper to apologise to me and then the advertisement was banned for ever. Charities and Individuals can do good work. Every year Britain and other Christian countries release stamps in November or December on Christian themes. Few years back I bought the Christmas stamps and was surprised to see a Hindu woman with Tilak on her forehead. I took the matter to Hindu Forum of Britain whose Secretary General Ramesh kallidai convened a Press conference and flashed the news of opposition to the stamps. My letter with my name was published on the first page of monthly stamp magazine. So individuals are as powerful as charitable organisations. We should not sit back and grumble when injustice happens. Very recently Five pounds currency notes in Britain were made up with animal fat. We opposed it on behalf of Hindu Forum of Britain. Another wrong notion about charitable work also irked me much. People think that if someone comes into a committee or taking a post in an organisation, they think it is for name and fame or to help their family members to get a stage to show their talents. It is not the case with everybody. Some people derive pleasure in watching TV shows, films or reading novels etc. I can give you one or two interesting anecdotes from my life. I employed a teacher to teach Sanskrit and paid him every month from the charity fund, since I received some funding. One day he came to me when there was no one else around and asked me if I would be angry if he put some question regarding funding. He asked me, Sir what is the percentage of commission you get or take from each meeting that you organise? Since I was holding key posts in four London organisations simultaneously over two decades and holding one meeting every week, he got this doubt! I thanked him wholeheartedly for putting that wonderful question: If you were not bold enough to ask this question, you would be suspecting me all through your life. I never take a single penny. For every event I pay the entrance fee as well. I might have used one or two A 4 sheets or envelopes from the charity stationary at home. But my family spend more money from their own pockets just to support my charity work. My son drives me to all the events and he never took money for the petrol or for his valuable time. When he came to London with his wife who lead a drama troupe of girls, she could not use public transport for the fear of escalators in London Tube stations. Probably she had a very bad accident in the Underground escalator. When he told me this problem, I offered to bring her fresh vegetarian food every day. My wife also cooked for them without any hesitation. I was laughing and laughing and asked her what made her to ask such a question. Who else would do it if one is not related? So, people may suspect you if you do such work continuously with great enthusiasm. I derive great pleasure in it. Now we have an example here in Mitra seva. We must support such work.

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The dog falls down low before the feet of one who gives him food, wagging his tail and opening his mouth wide ; but the elephant, on the other hand, remains unmoved, and only eats after he is entreated with flattering words. First we found it in the great scripture Bhagavad Gita and then in a Sangam Tamil verse. Later Tamil poet Tiruvalluvar also repeated this. Let a man lift himself by himself; let him not degrade himself, said Lord Krishna in the Bhagavad Gita Buddha also said the same in the Dhammapada: The Self is the Lord of the Self verse Every one of us has the freedom to rise or fall and our future is in our own hands. Tamil poet Tiruvalluvar said: Rajaji, first Governor General of India, commenting on this said: Think of ever rising higher. Let it be your only thought. Even if your object be not attained, the thought itself will have raised you. If a man constantly aspires, is he not elevated? You may not reach the stars. You may fall short of it. Even so, the effort involved in the process has certainly involved in the process has certainly served to elevate and enrich you, well above the ordinary run of human beings. All thought should be the thought of rising high though it fails; it is the nature of success. Your aspirations keep you on a higher plane Tirukkural Though wounded with arrows, the elephant stands firm in his greatness; he who has spirit never loses heart when he fails Tirukkural Let a man lift himself by himself; let him not degrade himself; for the self alone is the friend of the self and self alone is the enemy of the self. A person who wants to hunt quails may come even without a single bird. That is the way we are strong, by borrowing the might of the elements. It means always aspire to do great things. Do not set pessimistic goals. Set in the footsteps of great men and use their wisdom and experience.

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