

Chapter 1 : Gwich'in Steering Committee Â» Resources

Sacred Wilderness Journeys Wild Soul Wilderness Journey March , | Gila Wilderness, NM Join Sacred Wilderness for a 5 day sacred journey in the Gila Wilderness. Backpack to a secluded wild place, where we will set up camp and gather medicine from the Earth for our heart and soul.

More on the new book here.. Namaste Sacred Journeys focus is taking incredible people out into the wilderness to heal, learn, and experience oneness with Mother Earth. To hear, see, and feel the powerful teachings of the wisdom each has within. The tours will allow individuals to unleash their potential in obtaining wholeness, happiness, peacefulness, healing, spirituality, and awareness to their everyday life through the ancient wisdom of Mother Earth. We will experience being in the silence and experiencing how "Spirit Moves In All Things" on a multi-dimensional and multi-sensory level. The purpose of the experiences is to teach people how to listen from the heart connecting with unlimited support from Great Spirit. We as a people are on a threshold in time to determine our future as a spiritual humanity. The transformation and transmutation each of us makes to become transformative beings is asked of each of us at this time. Sacred Journeys offers spiritual trainings in helping each person to heal spirit wounds and gain focused direction to become whole beings in order to survive and thrive in our world to make a difference each of us is here to complete on our personal sacred journey. The love, peace, and serenity of all things exist on Mother Earth from the four-legged creatures to the winged ones, from the insects to the plants, and stones. All have infinite knowledge to teach us. It is time to come back to Mother Earth and experience her grandeur and abundance through the expert guidance of Sacred Journeys. Nameste, My dear friend and fellow Vision Quest Guide wrote the following which touched my heart and soul. We are being called to know our truth and hold everyone accountable. So, I encourage all to return to the cycles of Mother Earth to slow down and be still to be part of her to obtain answers, direction, peace, and surround your self in knowing we are ONE. We were chosen by some power beyond ourselves for this historic task. The nobility of our lives depends on the manner in which we come to understand and fulfill our assignment. And we must believe that those powers that assigned us our role have also bestowed upon us the ability to fulfill this role. And yet, with all that is going on, sometimes I wonder, what is it all for? Sometimes I question, is it worth continuing the fight? Sometimes I dream about retreating to the woods to live out my life in peace and let the world sort itself out And then a couple nights ago I had an unexpected few moments of sweet peace amidst it all. The concert was called "A Concert About Now" with the subtitle - In a jangly emotional landscape, we offer affirmation and community through song. As I listened to the authentic and relevant repertoire of songs dedicated to speaking true experiences of the world from a place of realness and joy, and was invited to sing along at times, my heart and my voice opened in new ways to these times we are living in. One song in particular brought me to thoughts of our community - The Peace of Wild Things, a poem by a kindred spirit, Wendell Berry, with music composed by Malcolm Dalglish. I invite you to read the words here, and to click on the links below to listen. One link is Wendell Berry himself reading the poem. The other is the poem in song. While it is not the group I heard, I picked this one because it is an ensemble of raw, young individuals of mixed genders, and listening to it again and again while I type this I feel a renewed sense of hope creeping in. I come into the peace of the wild things who do not tax their lives with forethought of grief. I come into the presence of still water. And I feel above me the day-blind stars waiting with their light. For a time I rest in the grace of the world, and am free. This song, these words, helped me rest, even if just for a few brief moments, knowing that the world needs us all now more than ever. And when despair seeps in, all we have to do is go and lie down in the woods to renew, to remember, so we can enter the fray once again. May we continue to find our individual and collective songs, and sing to ourselves and each other often.

Chapter 2 : lunapoiesis Erica L. Jones | interdependence denied is a slow suicide

Umkhiwane Sacred Journeys is providing an opportunity for the people to sleep under the stars, to walk on an old path forged by Elephants, Rhinos, Buffalos, Giraffe, Lions and Leopard. These sacred path leads us towards sacred space and provide an opportunity to explore and to connect with nature.

All photography is property of EuroTravelogue. Unauthorized use is prohibited. My dream was to go on pilgrimage along the Camino de Santiago. I am not alone. Actually, pilgrims have made their way along this sacred path for over a thousand years and upon their backs, they carried their worldly possessions as they marched westward. One can only imagine the hardships they suffered along the way as they traveled from Saint-Jean-Pied-de-Port, France, up and over the Pyrenees, and straight on till morning so to speak, or Santiago de Compostela; a journey of more than miles. And at the end of the day, the promise of a little pampering from your personal massage therapist beckons. DAJ not only guides you along the Camino, they take care of everything as I mentioned above and your sole responsibility is to immerse yourself into your Camino surroundings. Walk a day with me and Authentic Journeys along the Camino de Santiago. Then we were off! Our intrepid pilgrim guide Juan-Carlos Duperier JC accompanies every tour and briefs our group of pilgrims with an outline of the day including a map of the hike and various check-in points where the bus will park at designated times offering a personal refuge to restock on water and munch on a few snacks. It was never difficult to find our fearless coachman Javier and our bright blue bus at the various checkpoints along the way. Walking the Way With each new dawn, came the promise of a new day on the Camino, a hike of 6 to 10 miles along a sacred path steeped in a thousand years of history. I found these brief respites just as nourishing for my soul as they were for my body because each personal exchange enriched my Camino experience tenfold. The Sacred Relics chalice and blood-stained parament are housed inside this chapel. We are united in this pilgrimage to Santiago. What I loved most about these meals was that they varied according to the region we were passing through and they offered this pilgrim the opportunity to sample dishes that I never would have eaten back home, such as the succulent pulpo or octopus served fresh from the kettle and drowning in scrumptious garlic butter sauce. One of the key differentiators that DAJ prides itself upon is the gourmet dining and they never disappointed in planning these Camino power lunches nor in satiating even the most ravenous of pilgrims. O Mirador in Portomarin. Succulent "pulpo" or octopus drowning in buttery garlic sauce. Of course for dessert, we had Tarta de Santiago! After a satisfying lunch, it was off to our accommodations whether by foot or by transfer. Among its types of accommodations are the humble monastic rooms of the former Augustinian monastery. My humble room at the monastery was simple in its appointments but for that one special night, I was transported back to the life of an 11th-century monk, and slept as soundly and peacefully. Fervenza Casa Grande outside Palas de Rei in O Corgo Lugo is a 17th rural house that today is home to rustic accommodations and a delicious restaurant. After checking into the room and taking a much-needed shower after a day on the Camino, we usually had some free time to ourselves unless we were touring a winery or embarking on a city tour. Some opted for massages while other settled in for some reading or writing. Benvenidos a Palacio de Canedo winery, hotel and restaurant nestled among the hills of vineyards near Cacabelos, Spain. My rustic accommodations on the third floor of the Palacio de Canedo were sublime! As we traveled from region to region, he regaled our company of pilgrims with histories and tales of old about the regions we were passing through and even introduced us to many of his friends along the way. Juan-Carlos with one of many friends along the Camino de Santiago. I loved this little gift shop. Among the many of moments of Spanish enrichment he shared, there is one evening that stands out from the rest and it happened just before dinner at our 18th-century Galician nobility house the Pazo de Andeade. Our group of pilgrims were gathered on the patio enjoying wine and sharing stories about the day when JC joined us with his guitar. I knew we were in for a treat! Guided tours cities, wineries, monasteries In most of places that we called home for the evening, there was a guided tour to introduce us to our new surroundings whether it was through history, culture, or viniculture as was the case when we toured the winery and vineyards of the Palacio de Canedo. Cocktails with JC Every night around 8 p. Of course there were

multiple courses throughout the evening including seven on one occasion, our first night in Madrid when the chefs prepared the most delicious seafood paella cooked up in the largest kettle grill I have ever seen, and right there beside our table. A fresh salad is always a delicious way to begin each meal. Undoubtedly an emotional evening filled with lots of delicious Spanish food and merry making with toasts of Good Luck, Good Fortune and farewell, for now. It will change your life forever. On my way to Portomarin.

Chapter 3 : Wild Soul | Sacred Life, (@sacredearthmedicine) Instagram photos and videos

Join Sacred Wilderness for a soulful & wild wilderness journey this spring! This is a 5 day sacred journey in the Gila Wilderness of New Mexico, one of the largest wilderness areas in the US.

All trips are designed for minimum environmental impact - other than footprints, we leave no trace behind. With 99 hectare they have all the Big Five as well as a huge variety of Fauna and Flora. This amazing Journey has been recognized as a life changing experience to the human soul and provides the opportunity to encounter the Wild Animals in a Personal Level, while reenacting the wild animals we carrying inside us. We walk on wild animal paths, sleep under the stars and bath in the river. We embrace nature, rest when we get tired and eat when we are hungry. All our Journeys are encouraging minimum impact what we carry into the wilderness, we carry back and we take what we need, not what we want. Experience sitting under the African Sky around the fire while Lions are calling and embrace night watch. The primary purpose of night watch is security and keep watch at night while others are asleep. People takes turn until morning. It has been recognized as a jewel of the Wilderness Journey because it offers deep solitude for the people and gives time to connect and reflect with nature. The word Isimangaliso means Miracle or something wondrous in Zulu. When he came back he described the beauty that he saw as a miracle. We camp under the stars and walk along the Lake observing Hippopotamus grunting and crocodile basking. This is another opportunity for the Human Soul to connect, heal and reflect with nature as we are offering 5 days walking wilderness journey to explore and to wonder along Sand Dunes of the Great Lake St Lucia. Experience sitting under African Sky around the fire while Hippos grunting at night and embrace night watch. The primary purpose of night watch is security and to keep watch at night while others are asleep. People takes turns until morning. Drakensberg World Heritage Park It is described by Unesco as having exceptional natural beauty in its soaring basaltic buttresses, incisive dramatic cutbacks, and golden sandstone ramparts. This is another opportunity to escape from the daily life routines and rejuvenate mind and soul. Explore some of the many natural caves often featuring ancient Bushman Paintings and embrace natural rock formations. Soul Medicine journey has been providing a meaningful and mindfulness experience where people climb their inner mountains and reflects their life. We sleep in caves and feel the San spirits while the Blackbacked Jackal Canis Mesomelas howling at night, embrace the waterfalls while we swim in crystal clear waters of the Mountains. Soul Medicine Journeys are familiar with Rituals where we perform - smudging during the morning to clean the spirits and acknowledge the Spirits of the Past, Present and the Future. We walk with Harmony and respect the Spirits of the San People the San People are members of various Khoisan speaking indigenous language and they hunter-gatherer people representing the first Nation of Southern Africa. The 5 Days Soul Medicine Journey can change your life, and provide the healing moment to a suffering soul while we explore different caves, enjoying solitudes. It requires stepping across the boundaries of ego, surrendering plans, objectives and goals. This is suitable for any nature lovers who would like to spend more time in Nature and experience different Wilderness within Kwazulu Natal. This can be arranged and good preparations for the group is vital. The Rite of Passage Journeys 5 days wilderness rite of passage journeys Imfolozi or St Lucia Wilderness Rite of Passage When we look at ancient cultures it tells us that the transitions were celebrated in different ways. These transitions include life and death, girl to woman, boy to man, civilization to wilderness and school to university. It helps us to acknowledge the barriers and cross the barriers, towards a new side of life and be prepared to explore the new life. This encourage us to embrace changes through life. Youngsters of today have been supported by parents to embrace transition by getting drunk and plunged into meaningless life changes. This is a journey that helps the youngsters to take time to think and explore themselves and cross into the new side of life. Leadership Journeys 5 days Termites Journeys Imfolozi Wilderness Reflection from Nature and Learn how nature sustains itself, how nature intermingles, how does nature cooperate, how does nature give life to us, how can we learn and implement that in our communities, workplace and families. We use Termites as a Primary Example. This is a journey that helps to bind relationships between Managers and Directors, Peitralchal and Miatalchal, football teams and human rehabilitation centres. Relevant Questions about Journeys

What is the minimum and maximum number of the group? The minimum number of the group is 6 and the maximum is 8 Do you also cater some special diets? Yes, we cater some special kinds of diets even though we try to be basic in our diets in the bush. How safe is the Wilderness Journey? Guides have been guiding for years. They know a lot about African Wildlife and dangerous animals approached again. What must you wear on a journey? Dull coloured clothes, for example Khakhi Clothes and Green Clothes. What age is suitable for the Journey? From 16 years - What to do when it rains? We have shelters to use only if it rains. What if someone gets sick on the Journey? Guides are also first aiders as well, but we can communicate with the outside world if evacuation is needed. Where do we get water from? From the river we purify water with special treatment. Do you provide transport? Yes, we provide transport for pickups and drop off as well, but that needs prior arrangement. Can I bring Alcohol on wilderness journey? No, it contaminates the true essence of the wilderness experience. What to bring on your Camping Adventure A pair of boots.

Chapter 4 : A day in the life of an Authentic Journeys pilgrim

Our Sacred Journeys iMfolozi Game Reserve. We are offering 7 days Deep Wilderness Journey at Imfolozi Wilderness Area - one of the oldest in the country is renowned for its efforts in saving the white Rhinos from extinction.

In the coming months, Sacred Journeys will explore the meaning of the sacred and the spiritual as they relate to the local, national and international issues that affect our daily lives. By talking with area residents across a broad spectrum, Mickey Mahaffey will try to elucidate the common ground we all share, however diverse our understanding of a fundamental subject that, too often, becomes a source of friction and strife rather than unity. As a metaphor for the path of life, the trail through the wilderness is a common image in religious literature. Sometimes, the journey becomes a life-and-death struggle that the pilgrim somehow knows he or she must undertake. Yet her longing to step into the unknown and to challenge her own deepest fears prevailed. At times, the trails through the Copper Canyons run smooth and level, leaving the traveler free to observe the magnificent landscape. Hundreds of hawks, blue herons and vultures swoop along the towering canyon walls. In many places, though, the trails are treacherously steep and rocky. For long stretches, the path narrows, skirting the edge of cliffs so sheer that one misstep means certain death. How are you going to step into it – carelessly or with intent? I hiked into the mountains near Mount Mitchell to talk with Nick about the spiritual nature of the wilderness pilgrimage. I always gave up on things halfway through – sabotaged them one way or another. Sometimes, traversing mountain after mountain for seven or eight hours at a stretch, the pain in her legs and the ache in her lungs made her cry out. You have to sit with yourself and go through everything in your head, instead of just forgetting about it. In the early going, no matter what she did to still her mind, the incessant chatter in her head made for difficult days. But when she reached the bottom of the Copper Canyons deeper in places than the Grand Canyon, more than four times vaster and even more remote, Alsace recalls that everything began to shift. Her steps on the trail were placed with clear intent; she grew to love the sensation of the rocks beneath her feet. Jettisoning a book and some unnecessary clothes to lighten her load, she gradually felt her backpack become a part of her. She loved cooking food on a campfire and savoring the extended stretches of silence. It was the first time in my life I was free from my head, the first time in my life that I moved to my center. It was like I got on a magic carpet ride and I just flew for a little ways. The rugged mountains taught her to push through her resistance, finding the rewards of rest and lucidity when she reached the high places. For most of the last six weeks on the AT, Sarah walked alone. Her life had changed. Rather than racing to the next town, eager for the creature comforts, or hurrying to the next shelter, she was at home in the woods – and in herself. When she needed supplies, Sarah hurried into town and back out to the wild as quickly as possible. And sometimes, on the trail or with her friends in the city, Sarah recalls the great lessons of the path that are now essential to her everyday life. But despite the urban clamor and the hectic pace of techno life, Alsace retains a central clarity: I have a choice in the steps I take in life. Spiritually, mentally and physically, I have everything I need to survive.

Chapter 5 : Wild Soul Wilderness Journey “ Sacred Wildness

Wild Soul | Sacred Life, Earth Medicine, Apothecary Ceremony, Vision Quest, Rites of Passage Mentorship & Wilderness Journeys Grab your Sacred Wildness E-Book Free! • theinnatdunvilla.com

I am here to guide to the healing wisdom and medicine that the Sacred Wild in nature hold for you, and the wisdom of spirit that is expressed within and through each of us, as medicine keepers for these transformative times. I am here to plant the seeds of a new way for our People and our Wild Communities. Corey Melker Avid wilderness explorer, backpacker, guide, lightning strike survivor and Voice of the Mountains. Corey has backpacked over miles and leads wilderness trips in Arizona and the Southwest. It was great because now I could go backpacking as much as I wanted! One other thing that was a huge motivating factor in the founding of my Meetup group is that I wanted to share my knowledge with others. Basically, I knew I could help make the process easier for others. As the months progressed, the gear evolved, and the miles of trail under my boots began to add up. I had structured my life to focus on the backpacking and make that my priority. I wanted to see it all. In just a handful of years I had accumulated approximately 2, miles of backpacking experience throughout Arizona, Utah, New Mexico, Colorado, and California, mostly in wilderness locations. After a great lunch break under a gorgeous blue sky, the skies had darkened and a storm began to develop. A lightning bolt, estimated at „, “” „, volts it was a big one struck a tree, went from the tree to another group member, and then passed through me. We lost the one group member instantly and I was incapacitated, conscious, and drowning lung were filled with mucous. It took roughly 2 hours for responders to reach us. During this time I had completely left my body on two individual occasions. It would take another 30 minutes for the helicopter to come get me out and get me to Flagstaff Medical Center, and another hours before the seizures and convulsions stopped when I was able to drift into sleep. The recovery was intense, the pain unimaginable, and the weight of the loss was significant“ but I was determined. I had to get back to the wild, and roughly 75 days after being struck, the blood-clots were gone and I was back on the trail. I have since backpacked roughly an additional 1, miles putting my total trail miles in near 3, I have seen a lot“but not enough. I know how fragile things can be, how fleeting life can be, and for me it brings a greater sense of urgency to getting out and seeing the natural world. Over my miles I have experienced a ton and that experience has given me a distinct knowledge of the natural world and wilderness. That experience is what I want to share with the world however I can, because frankly, engagement is crucial and I cannot save the wilderness on my own.

Chapter 6 : Sacred Ventures - About Us

Sacred Journeys focus is taking incredible people out into the wilderness to heal, learn, and experience oneness with Mother Earth. To hear, see, and feel the powerful teachings of the wisdom each has within.

Two themes are present in the Readings for this Solemnity: Why the name of Jesus? The legacy of that tradition can be seen in the choice of Readings for this Solemnity. John Paul II restored it as an optional memorial on January 3. This year it is not observed in the U. The First Reading is Numbers 6: This is how you shall bless the Israelites. The LORD bless you and keep you! The LORD let his face shine upon you, and be gracious to you! The LORD look upon you kindly and give you peace! So shall they invoke my name upon the Israelites, and I will bless them. The Book of Numbers is a little less neglected than Leviticus among modern Christian readers, if only because, unlike its predecessor, it combines its long lists of laws with a number of dramatic narratives about the rebellions of Israel against God in the wilderness, which create literary interest. The Book of Numbers has a strong literary relationship with its neighbors in the Pentateuch. In many ways it corresponds with the Book of Exodus. Exodus begins with the people staying in Egypt Exodus , then describes their journey to through the desert Exodus , and ends with them stationary at Sinai Numbers begins with the people staying at Sinai Num , describes their journey through the desert Num , and ends with them stationary on the Plains of Moab. Sinai and the Plains of Moab correspond: Furthermore, there are strong literary connections between the journeys through the Wilderness to and from Sinai Ex ; Num This is evidence of careful literary artistry: Numbers also has a close relationship with Leviticus. The revelation of the divine Name to Moses Ex 3: Later philosophical language will describe God as the one necessary being. While lacking technical philosophical language, the ancients did have the concept of self-existence: The Hebrew language was written without vowels until around AD , when Jewish scribes developed a vowel-writing system. The English translators of the King James Version did not understand this system, and in a few instances combined the Hebrew consonants of YHWH called the tetragrammaton, lit. There, he would pronounce the blessing of Numbers 6, including the vocalization of the Divine Name. Every time the people would hear the Name pronounced, they would drop prostrate on the ground. This is recorded in Sirach: Similar information is recorded in the Mishnah, the second-century AD collection of rabbinic tradition and teaching that become the basis of the legal system of modern Judaism. So in the Mishnah, tractate Yoma 3: And [when the people heard the four letter Name] they answer after [the High Priest]: Second, we commemorate in the Gospel the circumcision and naming of Jesus. The Second Reading is Galatians 4: When the fullness of time had come, God sent his Son, born of a woman, born under the law, to ransom those under the law, so that we might receive adoption as sons. In Judaism, Divine childhood is metaphorical; in Islam, it is blasphemy. In Eastern religions, it is irrelevant, because God is not ultimately a personal being, but rather an impersonal force or essence that animates all or simply is All. Christianity alone holds out the possibility of familial intimacy with Creator as a son or daughter to a Father. Let us also notice the close connection between the gift of the Holy Spirit and divine sonship. From a legal perspective, it is the New Covenant that makes us children of God; from an ontological perspective, it is the Spirit that makes us children. Adam was king of the universe, as it says: So the Holy Spirit makes us royalty in Christ: Sin, death, and the devil. If we live controlled by lusts, in fear of death, and swayed by the suggestions of Satan, than we are still slaves. If we are free of these things, then we are walking in the Spirit, as children of God. This is a theme in the First Epistle of John, which is read during daily mass all through the Christmas season. The Gospel is Luke 2: The shepherds went in haste to Bethlehem and found Mary and Joseph, and the infant lying in the manger. When they saw this, they made known the message that had been told them about this child. All who heard it were amazed by what had been told them by the shepherds. And Mary kept all these things, reflecting on them in her heart. Then the shepherds returned, for all they had heard and seen, just as it had been told to them. When eight days were completed for his circumcision, he was named Jesus, the name given him by the angel before he was conceived in the womb. We note several things: Especially during this Christmas season, up until the Baptism Jan 13 , we should carve out some time for quiet prayer, to meditate on the incredible events we

celebrate and allow their meaning to sink into our hearts. Pope Francis in particular has called us to return to the aspect of praise and joy that characterizes the disciple of Jesus. Our faith is experiential, it is not just a philosophy. It is an encounter with a person. In his First Epistle which we are reading right now in daily mass, St. John sounds much like the shepherds: This is what disciples of Jesus do: Finally, we see the naming of Jesus at his circumcision. Just as Moses was unable to lead the people of Israel into the promised land, but Joshua did; so also Jesus is our New Joshua who takes us into the salvation to which Moses and his covenant could not lead us. Salvation is now found in the Name of Jesus, because salvation means to enter into a relationship of childhood with God the Father. This is not arrogance. Jesus is the only great religious founder in human history to proclaim that God is a Father and we can become his children. This concept of divine filiation is at the heart of the Gospel. In a sense, it can be said to be the heart of the Gospel. On this Solemnity, let us give thanks to God that he has, through Jesus, made a way for us to become his children and receive a new name which he has given us see Rev 2: This intimate, personal relationship with God has been made possible by the cooperation of Mary, who became the mother of the one whose Name is Salvation.

Chapter 7 : Sacred Wildness â€“ Soul Guided & Nature Inspired â€“ Journey to Sacred Wildness

[Editor's note: In the coming months, Sacred Journeys will explore the meaning of the sacred and the spiritual as they relate to the local, national and international issues that affect our daily.

Her journeys inspire all areas of her work. In Eleonore experienced the quickening of her spiritual evolution and was guided to make changes in her life. Following her inner guidance she completed her work of 5 years in the substance abuse and violence prevention field with youth as educator and counselor, simplified her life, and began her sabbatical. In she was guided to pilgrimage to Crete, Greece, the birth place of a highly evolved civilization known as the Minoan Civilization. Eleonore, a survivor of the and wars in Lebanon, felt spiritually called to travel during the outbreak of yet another war on the Gulf Coast. She felt that this pilgrimage would in some way, uncover within her psyche, and the psyche of the collective, the memory of a time and place where people and the environment co-habitated in peace, harmony, trade, arts, and prosperity. She returned to the U. She was drawn to institutions and events that spoke of this vision of a renewed world. She worked collaboratively with varying teachers and healers ranging from work with the orphaned children of South Africa to environmental arts projects to restore balance in the psyche of our world. She was then led to return to Los Angeles in service both to her Family and her community. It was in service to her Aunt Fay, who was in her last year of battling cancer, that she began to feel the tug towards the healing arts. Fay nudged her towards energy medicine and encouraged Eleonore to expand her natural gift to heal. As in ancient indigenous traditions, the week-long retreat prepared her for a 36 hour quest in the wilderness. Similarly to her journey to Crete, Eleonore was profoundly impacted by her experience in subtle ways. Through the encouragement and support of her family, she expanded her healing work, and pursued education at the Institute of Psycho-Structural Balancing in , combining bodywork, energy work, breath work and meditation to support individuals on their healing and awakening path. Her work as a facilitator, teacher, and speaker continues to evolve. Eleonore also studies and practices meditation and yoga with local teachers from varied disciplines kundalini, hatha, iyunger, vipassana, buddhist She was certified as a Kundalini Yoga Teacher as taught by Yogi Bahjan in and a Restorative Yoga Teacher by Jillian Pransky, YogaWorks in Her passion is to support individuals on their healing and awakening path with a vision of a thriving, united world in harmony and peace, aligned and balanced with the Divine Feminine and Sacred Masculine. Our purpose is to reciprocally promote respect and reverence for all human kind, natural life and our Earth. In so doing, we are co creating a sustainable world with a conscious diverse human community.

Chapter 8 : Unity Rising | RETREATS & JOURNEYS

She started Sacred Ventures, leading sacred wilderness journeys in the Santa Monica and Orange County Mountains and Beaches. The focus of these journeys is to bring people to the healing and teaching elements of nature, to restore and renew the spirit, and to facilitate a reconnection with the sacred and the vital life force intrinsic to nature.

She is a co-founder of the Alaska Wilderness League. This piece originally appeared on The Progressive. This backdoor measure means that the coastal plain of our greatest wildlife refuge may be transformed into a sprawling web of roads, pipelines, drilling pads, air strips, and facilities, accompanied by noise, oil spills, traffic and air pollution. There is no way to hide the reality of an oil field. A sprawling oil field complex on Prudhoe Bay. They find it incomprehensible that anyone would ever open this vital and sanctified land to industrial oil development. It offers as much as , acres of coastal plain to the highest bidders, and creates a new purpose for the Arctic Refuge: Heartbroken, with tears streaming down their faces, tribal delegates consoled each other in a congressional hallway. Shortly after I arrived, my neighbors Allen and Margaret Tritt greeted me in their log home. I was also met with a rich, meaty aroma coming out of the kitchen, where a steaming pot contained the entire head of a caribou. In one corner of the room, a caribou hide was draped over a spruce pole. Margaret was preparing to tan the hide using a scraping tool crafted from a moose leg bone. Near the ceiling, strips of drying caribou meat hung from a clothesline. Caribou jerky was a staple. This was an ideal place to intercept caribou during their fall migration. When successful hunters returned to the village, they shared the bounty with elders and others, making sure that every member of the community had fresh meat. Today, through the long winter and relentless cold of northern Alaska, villagers still hunt caribou, gather wood to heat their homes, and pass traditions along to their young ones. On special holidays, they dance into the early hours and hold community feasts called potlatches. Caribou vests and dresses. Caribou leg skin boots. The , strong Porcupine caribou herd, protected by an international agreement between the U. Honoring this ancient and uniquely adapted way of life in the Arctic is far more valuable than any oil that might be found beneath this tiny part of the coastal plain. There are other ways to fuel our civilization, particularly in light of climate change. Legislation was recently introduced in the U. House of Representatives that would repeal the Arctic Refuge oil leasing provision in the tax bill.

Chapter 9 : The Sacred Page: Readings for Mary, Mother of God

The Foster houses the permanent collection of the Foster Art & Wilderness Foundation. The foundation was established to preserve, and keep intact, Tony Foster's watercolor journey paintings as a whole work of art.

In Eleonore experienced the quickening of her spiritual evolution and was guided to make changes in her life. Following her inner guidance she completed her work of 5 years in the substance abuse and violence prevention field with youth as educator and counselor, simplified her life, and began her sabbatical. In she was guided to pilgrimage to Crete, Greece, the birth place of a highly evolved civilization known as the Minoan Civilization. Eleonore, a survivor of the and wars in Lebanon, felt spiritually called to travel during the outbreak of yet another war on the Gulf Coast. She felt that this pilgrimage would in some way, uncover within her psyche, and the psyche of the collective, the memory of a time and place where people and the environment co-habitated in peace, harmony, trade, arts, and prosperity. She returned to the U. She was drawn to institutions and events that spoke of this vision of a renewed world. She worked collaboratively with varying teachers and healers ranging from work with the orphaned children of South Africa to environmental arts projects to restore balance in the psyche of our world. She was then led to return to Los Angeles in service both to her Family and her community. It was in service to her Aunt Fay, who was in her last year of battling cancer, that she began to feel the tug towards the healing arts. Fay nudged her towards energy medicine and encouraged Eleonore to expand her natural gift to heal. As in ancient indigenous traditions, the week-long retreat prepared her for a 36 hour quest in the wilderness. Similarly to her journey to Crete, Eleonore was profoundly impacted by her experience in subtle ways. Through the encouragement and support of her family, she expanded her healing work, and pursued education at the Institute of Psycho-Structural Balancing, combining bodywork, energy work, breath work and meditation to support individuals on their healing and awakening path. Her work as healer, teacher, and speaker continues to evolve. Committed to her personal healing and spiritual work she continues her education in Reiki studying with teachers such as William Lee Rand, Jessica Miller and Laurelle Shanti Gaia. Eleonore also studies and practices meditation and yoga with local teachers from varied disciplines kundalini, hatha, iyunger, vipassana, buddhist. She is now a Certified Kundalini Yoga Instructor and is available for one on one yoga mentoring and group classes. Check website for specifics. She is passionate about empowering men and women with this powerful technology that strengthens overall health, supporting the nervous, glandular and immune system while giving you a great workout and expanding your consciousness and awareness. The technology and science of Kundalini Yoga is a powerful combination with the ancient healing practice of Reiki. It is through the combination of all these modalities that Eleonore supports individuals on their healing and awakening path, co-creating a conscious world connected to truth and wisdom. Currently she is based in Southern CA. Her journeys inspire all areas of her work and inspire her path as a healer, teacher and visionary. Our purpose is to create avenues for men, women, and children to experience healing and transformation through the healing arts, through Nature, and through education. Our purpose is to reciprocally promote respect and reverence for all human kind and our Earth. In so doing, we are creating a human community that is a direct channel of Spirit, manifesting in diversity and beauty.