

Chapter 1 : My thoughts in words “ Thoughts become Things “ Think about it

Find this Pin and more on My thoughts, in words. by Lori Degerstrom. I don't regret it, I do it because I believe in doing the right thing, not for the recognition but it still hurts when the misunderstandings create a rift between myself and loved ones.

Revise your content Edit sentence by sentence Steven Pressfield applies this same method when writing fiction. But an outline is not a straightjacket. Your outline might be a short list of questions you want to answer, a list of steps your readers must take to solve a problem, or a detailed list of arguments why readers should hire you. You can make your outline as detailed or brief as you like. You can follow it meticulously or remain open for new ideas. For instance, when writing sales copy, I plan meticulously. For a book, I outline what goes in each chapter, but I might write the chapters themselves more loosely. Freewriting With freewriting, you start writing without quite knowing where your content will end up. You write as fast as possible to uncover new ideas. The process usually works as follows: You could call freewriting a form of forced creativity. Practiced regularly, [freewriting] undoes the ingrained habit of editing at the same time you are trying to produce. It will make writing less blocked because words will come more easily. You will use up more paper, but chew up fewer pencils. As Elbow suggest, freewriting also helps discover your voice and write with more energy: In your natural way of producing words there is a sound, a texture, a rhythm“a voice“which is the main source of power in your writing. I use freewriting when writing more personal posts. I often have an inkling of what I want to write about, but the post often turns out completely different from what I had in mind. The free spirit often does a lot of revising to create focus and flow. Both carpenters and free spirits tend to leave editing last. They first get the content right before polishing each word. The knitter is different. He makes each part of the content perfect before moving on. As Mark McGuinness writes: Experienced writers may thrive on the Knitting Method. But for beginning writers the risk is spending a lot time knitting perfect paragraphs that may later need to be cut. The process may feel more organic and creative, but can take longer, too. When I feel stuck writing, I might turn to knitting. While editing, I might get an idea on how to write the remaining parts. No perfect writing strategy exists. And most of us mix strategies depending on what we write, how the writing goes, and perhaps even depending on our mood. Sometimes you may find yourself mixing all methods for writing one piece of content. When do you get in a flow? What triggered this flow? Can you repeat it next time? Writing requires both planning and an open mind There is a fine line between good planning and overplanning. You never want the planning to inhibit the natural evolution of your work. But we also need room for surprise. So find your own balance between planning and openness. Further reading on writing strategies:

Chapter 2 : Year 2 | My thoughts in words

The Indicator factor. October 6, at pm Leave a comment. Driving around town sometimes calls for word-fight. I stopped my car to let two other cars reverse from the lane I wanted to get in.

I had my first crush on a boy called Jonathan. He was tall, dark, and handsome for a six-year-old. I got my first pet: My mom sent me to school with a note to the teacher, Miss Harpin, saying that my rabbit had just died and that I might be upset. My classmates comforted me and I relished the attention. Year 2 was the year we received book bags. Mine was a pink tote with my name written in marker on one side. It was the year I discovered Roald Dahl and wondered why the illustrations were so ugly, but enjoyed the stories nonetheless. In one update, Miss Harpin praised my writing, my construction of complex sentences and use of adjectives. My mom saved the note and would proudly quote it for years to come. Afterwards, Miss Harpin gave me a mulberry paper bag to bring home to my mom. Inside was a card and a big box of rose scented powder. My mom never used it and it sat on her dresser for years, but I loved it. On days when I was feeling particularly fancy, I would shower and dry off before lifting the delicate lid, sliding my fingers through the faux rose-adorned ribbon of the powder puff and dipping it lightly into the fragrant powder. I delighted in the velvety softness of the puff as it brushed my skin and how the speckles of glitter in the powder made me sparkle. It felt ridiculously luxurious. One day, the three of us paraded down to the Year 1 playground and faced a group of Year 1 boys on the other side of the fence. A yelling match ensued. Kit was embroiled in a fierce tickle fight with another boy on the square carpet of our classroom. In Year 2, in an attempt to endear myself to my classmates, I brought in Ringpops to share for an early birthday celebration. I went up to Becky and asked to swap. As Year 2 drew to a close, I learned that Jonathan was leaving. He sat sandwiched between Gabby and Becky who had an arm each and was clutching it tightly, pleading him not to go. On his last day, Jonathan handed out friendship bracelets to the class. I held out my hand to receive one and my heart sank as he reached for what was objectively the ugliest one in the pile. A symbol of unrequited love in a narrow woven rag of purple and orange.

Chapter 3 : Chicago Tribune - We are currently unavailable in your region

My Thoughts in Words is a Blog, where I write down what I am thinking about.

Her answers were yes on both counts, so here goes! Check for comparison and competition. Leave the rat race. Face the real competition Determination: Have firmness of purpose Esteem: Understand the effect of your emotions and manage them Faith: Who is bigger than you? Life is not just about you Hope: Laugh at yourself Know: Enjoy the simple pleasures. Bite what you can chew. You may not like what life throws at you. It is your response that makes the difference Self Talk: Speech content when its good, bad or ugly. You should be the master or madam of your life. One of a kind! An original like the masters would say! You are not a fake, a photocopy, a duplicate or a clone. Understanding yourself is vital. Why do I do what I do when and where? How can I be a better ME? Live life with that spirit! After all, you are your last card! You cannot deny disown yourself Variety: It is the spice of life. Add it to yours. Get rid of the chaff X-ray: Check for the blame game!look deep within you, sometimes the solutions are no where else. Let it out Zeal: You may make a mistake. Learn and move on. Always give yourself a chance! I guess the question now is! well!Yes, you!

Chapter 4 : The Power of Repeated Words and Thoughts

In My Thoughts And in My Words. Tweet. By Pam Spano, May 3, at am Recently I was preparing to write a post and as I started to write, my own words sounded familiar. I did a search on my.

Thoughts are visitors, who visit the central station of the mind. They come, stay a while, and then disappear, making space for other thoughts. Some of these thoughts stay longer, gain power, and affect the life of the person thinking them. Do you, like most people, let thoughts connected with worries, fears, anger or unhappiness occupy your mind most of the time? Do you keep occupying your mind with inner conversation about negative situations and actions? Such inner conversation eventually, affect the subconscious mind, which accepts them as real. It is of vital importance to be careful of what goes into the subconscious mind. Words and thoughts that are repeated often get stronger by the repetitions, sink into the subconscious mind and affect the behavior, actions and reactions of the person involved. The subconscious mind regards the words and thoughts that get lodged inside it as expressing and describing a real situation, and therefore endeavors to align the words and thoughts with reality. It works diligently to make these words and thoughts a reality in the life of the person saying or thinking them. This means that if you often tell yourself that it is difficult or impossible to acquire money, the subconscious mind will accept your words and put obstacles in your way. If you keep telling yourself that you are rich, it will find ways to bring you opportunities to get rich, and push you towards taking advantage of these opportunities. The thoughts that you express through your words shape your life. This is often done unconsciously, as few pay attention to their thoughts and the words they use while thinking, and let outside circumstances and situations determine what they think about. In this case there is no freedom. Here, the outside world affects the inner world. If you consciously choose the thoughts, phrases and words that you repeat in your mind, your life will start to change. You will begin creating new situations and circumstances. You will be using the power of affirmations. Affirmations are sentences that are repeated often during the day, and which sink into the subconscious mind, thereby releasing its enormous power to materialize the intention of the words and phrases in the outside world. This does not mean that every word you utter will bring results. In order to trigger the subconscious mind into action, the words have to be said with attention, intention and with feeling. In order to obtain positive results, affirmations have to be phrased in positive words. Look at the following two sentences: I am not weak anymore. I am strong and powerful. Though both sentences seem to express the same idea, but in different words, the first one is a negative sentence. It creates in the mind a mental image of weakness. This is wrong wording. The second sentence awakens in the mind a mental image of strength. It is not enough to say an affirmation a few times, and then expect your life to change. More than this is necessary. It is important to affirm with attention, as well as with strong desire, faith and persistence. It is also important to choose the right affirmation for any specific situation. You need to feel comfortable with it; otherwise the affirmation may not work or may bring you something that you do not really want. Affirmations can be used together with creative visualization, to strengthen it, and they can be used separately, on their own. They are of special importance for people who find it difficult to visualize. In this case they serve as a substitution to creative visualization. Instead of repeating negative and useless words and phrases in the mind, why not choose positive words and phrases to help you build the life you want? By choosing your thoughts and words you exercise control over your life. Affirmations - Words with Power Motivating and inspiring affirmations for every day and for every purpose, with all the instructions to make them work. Learn how to use affirmations effectively, to improve your life, achieve goals, and get the things you want. Hundreds of affirmations for almost every purpose. Here are a few affirmations: He writes books and articles to help people improve their life, achieve success, gain inner strength and inner peace, and become more positive and happy. Sign Up to Our Newsletter If you enjoyed reading this article, sign up to receive our free newsletter with articles and updates. Sign Up for Our Newsletter Articles, tips and updates.

Chapter 5 : Miss Craig aka Unusual Blogger | My thoughts in words!

Some years back, during my university days, couple of my friends and I would sit down and talk about our future and plans we had to do wonderful and great things. We were of the opinion that "if you can dream it, you can live it" yea and we were actually doing that and a whole lot more.

We all know that the lotus leaf is hydrophobic. The wax like substance that covers the leaf makes it so. An incident occurred last night.. But i woke up with a determination to shake it off my mind by writing this post , ranting once and for all and then shut the doors on the issue. They do coach, inspire but its in our hands to implement. Its time to do that. Having taken the essence of all those techniques we have heard and seen, there needs to be a day we start implementing. I did it effectively and efficiently today. Had a nasty headache at the middle of the night due to resentment. Auto suggested to myself at that moment that its not going to be healthy for my mind soul and body. Shut the headache as well as the cause for the headache right away! yes right away! no ifs and buts and chanted rama nama to catch up with the distorted sleep. Achieved it in no time. Woke up at 4. The headache was gone but the thought of what happened the last night lingered. It was time to drive it away. Stop discussing it with anyone. My usual action is to call up my daughters and pour my heart out. This way i live in the incident that many number of times that i talk. Just once to some one very close and then wrap it up. Its ok in the initial stages till we achieve mastery and not to talk even to one person.

Chapter 6 : My Thoughts. My Words.

My mom sent me to school with a note to the teacher, Miss My thoughts in words fished from a pool of swimming pictures, colors, voices and feelings.

Chapter 7 : Cyrilo's Blog | My thoughts in WoRdS

My Thoughts in Words A poem by Suzanne Jaeger.. My thoughts in words will warm you, like brightly burning flame. Consume you with their passion, before you know my name. A symphony of letters.

Chapter 8 : My Thoughts in Words

It could be either a step by step process or a fluid one. It all depends on a little bit of courage and a little bit of discipline. There are ways or even more to use an expression in a situation. Finding a way which best suits your thought is what I describe below. The best way in my opinion to.

Chapter 9 : EnManadhil " my thoughts in words!

As Chinese New Year approaches, I thought I would take this opportunity to discuss the history of the largest overseas Chinese population in the world, in Thailand, and how its assimilation into domestic society stands out from the experiences of other overseas Chinese communities.