

Chapter 1 : Find the Scariest Haunted Houses in Lyons, GA

It was only three weeks ago that West Virginia was coming off a thrashing of Maryland and Mountaineer football fans were cautiously chattering about a potential Big 12 title.

As Nobel-prize winning economist Milton Friedman wrote: Should I take this job? Should I move to [place]? Should I marry [person]? Should I tell so-and-so about such-and-such secret? Pivotal questions that are difficult and risky to answer. So how do you put yourself in the best position when faced with hard decisions? Here are 5 pieces of timeless advice for how to approach and handle life-altering choices: Think in Years, Not Days We may respect those able to fling themselves into a hard problem and make a quick choice with seemingly little thought, but making a meaningful decision needs to be done with care for the long-term effects. Think about the long-term consequences of your decision. Tracy turned to Dr. Edward Banfield, professor emeritus of government at Harvard University, who spent 50 years studying upward economic mobility. The most successful people, Banfield found, "are intensely future-oriented. They think about the future most of the time," rather than thinking only of the next few hours or even minutes: Unfortunately, most of us are conditioned to respond as quickly as possible. Commit to long-term thought Sorry to sound like your mother or father here, but: Before jumping to a conclusion, consider the consequences of your decisions. And then what might happen? Simply starting to think in longer periods will help settle your brain and shift from reaction to strategy mode. Make sure when it comes to a decision that you give yourself the space to think between stimulus and response and break your mind out of the destructiveness of "reaction mode. Perhaps legendary Daoist philosopher Laozi put this best when he asked: Do you have the patience to wait till your mud settles and the water is clear? Understand the Effects of Decision Fatigue A recent study from Columbia University decision researcher Sheena Lyengar found that on average, Americans make 70 conscious decisions a day. We begin to lose the ability to weigh the outcomes of our choices and make dubious decisions. Those hour days going back and forth on a tough decision might be doing more harm than good. Cut down on the number of decisions you have to make each day e. So perhaps the easiest way to make sure we can face a hard decision with our full attention is to simply make fewer decisions. Think of people like Steve Jobs, Mark Zuckerberg, and Barack Obama, who limited their wardrobe choices to a few staple pieces. I really want to clear my life so that I have to make as few decisions as possible about anything except how to best serve this community. Instead, automate some of the simpler and easier decisions in your day: Connect the apps you use and automatically move information between them The key is to cut down on the amount of mental energy you expend on trivial decisions so you can save up for the more important choices in your day. Gathering too much data and asking for too many opinions can lead to mental overload , analysis paralysis , and ultimately making the wrong choice. The researchers found that talking to those detached from the decision has three main benefits: Reducing your overconfidence about what you know Reducing the time it takes to make the decision Increasing your chance of entrepreneurial success We all have our personal biases when faced with a decision. Instead of staying impartial, we look for information or opinions in line with our own. The power of the outsider comes from escaping the cognitive biases we all fall victim to when working closely on a projectâ€”for example, the Confirmation Bias , described as the tendency to favor or spin new information so that it re-affirms what we already believe. This approach is sometimes described as making sure there is a "barbarian" at every meeting â€”someone who will speak awkward truths clearly and urgently. One of the hardest things about making a decision is that we are notoriously bad at gazing into our own crystal ball. Far from being sources of agony and dread, hard choices are precious opportunities for us to celebrate what is special about the human condition, that the reasons that govern our choices as correct or incorrect sometimes run out, and it is here, in the space of hard choices, that we have the power to create reasons for ourselves to become the distinctive people that we are. Do the research, be self-aware, and, most of all, trust yourself. Title photo by Caleb Jones via Unsplash. Calendar photo by Eric Rothmerel. Clothing photo by m Took us 30 seconds to setup an integration that saves us 2 hours of work every day.

Chapter 2 : WV MetroNews â€“ West Virginia unlikely to make up game against N.C. State: Lyons

There are two years remaining on Holgorsen's current WVU contract, so technically Lyons could wait another year or so before making a decision. But that's not the way it usually.

They helped us focus our efforts on recovery at a very challenging time and were extremely patient with us as we struggled with the daunting tasks ahead of us. The CPAT produced professional maps and documents that our small town does not have the resources to produce, and they developed useful and applicable recommendations that will assist us in our recovery efforts. The event severely altered the landscape, particularly the Confluence area where the north and south tributaries of the Saint Vrain River merge. Lyons suffered major damage to homes, infrastructure, parks, and the river corridor, and it will take many years to fully recover. CPATs are multidisciplinary teams of subject matter experts assembled by APA from around the country to provide quick turnaround, pro bono services to communities on a range of challenging planning issues. Key tasks included a review of existing plans, policies and development regulations; recommendation of actionable mitigation measures and recovery strategies to operationalize resilience to current and future flood hazards; and visual depiction of various redevelopment scenarios for the most heavily damaged areas of the river corridor, including various combinations of land acquisition and on-site housing repair and rebuilding. In completing these tasks, the CPAT would leverage and build upon much of the work already completed in Lyons, including a series of successful community engagement and planning activities performed before and after the flood such as the development and adoption of the Lyons Comprehensive Plan in Prior to arriving the team reviewed existing plans, policies and reports of ongoing disaster recovery efforts â€” including the draft Lyons Recovery Action Plan released in March. In between and after all of these stakeholder meetings, the CPAT members gathered to review and discuss their observations and to work toward their eventual findings and draft recommendations, which were shared in a public presentation for additional community input prior to leaving town. Yes, it was an intense week! The report describes the flood event, the initiation of the recovery process and key challenges, and the results of the local plan and policy review. In summary the report includes the following key observations: This includes promoting resilient housing design in the floodplain and the provision of suitable replacement housing elsewhere. The final report identifies and describes the following policy recommendations for the Town of Lyons to consider as it continues to move down the path of long-term community recovery: Improve the mapping of flood hazard areas 2. Adopt procedures for post-disaster building moratoria 3. Provide disaster reconstruction guidance 4. Prepare a post-disaster redevelopment plan and recovery ordinance 5. Adopt higher floodplain management standards: Improve flood risk communication and the ability to describe the implications of development choices 8. Apply mediation and other dispute resolution techniques to resolve recovery policy issues 9.

Chapter 3 : Difficult decisions | Seth's Blog

CarDon & Associates has made the difficult decision to discontinue operations of the Lyons Health and Living Community effective November 30,

Chapter 4 : Living with the Saint Vrain: A Report from the Lyons CPAT | APA Colorado

Let me begin by saying that it was a difficult decision but one that I feel had to be made. The Registrar of Voter's Office is an important part of the election process and as such should be run with the utmost decorum and professionalism.

Chapter 5 : 5 Pieces of Timeless Advice for Making Difficult Decisions

MaryBeth Cole, who took over Lyons Pharmacy from her father Tony Sniadowski, made the difficult decision to close the family business this week after it had been in operation under different.