

## Chapter 1 : Monty & Pat Roberts | Monty Roberts

*True horsemanship is rarely taught, but here, that's where we start. It all starts with ground work in the round pen to build communication and connection while you learn to move your horse's body with simple, clear gestures and quick feet, thus gaining your horse's connection, mind, trust and respect.*

Such experiences are life changing for war veterans and their families. Our free Horse Sense and Healing Workshops exist for these individuals, who rediscover themselves through the eyes of the horse. To learn more about Horse Sense and Healing workshops for veterans and their families, visit: Nicholas was born with triplegic cerebral palsy and lives mostly in silence. His mother Catherine is his voice. Nicholas has a hero who is another strong, silent type: Last Christmas, Catherine asked Nicholas what he wanted. He said he wanted to ride Shy Boy. He has been riding since he was 2 and I attribute his ability to walk to riding. He has a great seat on the horse and over the years has bonded with so many horses. He is now When he was around 4, you came to Maryland and did a demonstration. He has a poster of Shy Boy on his bedroom wall that you signed. We also got the Shy Boy video and this video has been playing in our house for the last 13 years, almost daily. He loves Shy Boy. I thought I could somehow trick him into believing that he was getting his wish that he asked for every year. For Christmas this year, once again he has asked to ride Shy Boy. I have tried to explain that Shy Boy lives with you which is far away and so he adds to his Christmas list to meet you as well. Have you ever had this request before? I know you must think I am crazy, but I am planning a trip to California in the summer to visit an Aunt and friends. If there is the remotest possibility of Nicholas being able to meet you and ride Shy Boy " even if just for a few minutes, I would make a trip to your farm. I know how busy you are. You have given so much of yourself. I will understand if this request is too remarkable, but I have to tell you that Santa me has to ask as I have a young man who is persistent in his request. Have a wonderful Christmas and I look forward to receiving your response. It is written by Kelcie Pegher. Catherine assumed Nicholas would get to the farm, spend five or 10 minutes on the horse, and then leave. Roberts gave them a demonstration, and then Nicholas met Shy Boy. Shy Boy never took his eyes off Nicholas. First, Nicholas looked down, as a sign of respect to the horse, and the two connected. Then Shy Boy reached up and nuzzled Nicholas with his nose. Everyone, Catherine said, had tears pouring down their cheeks. It looked like two old friends meeting, she said. When they moved to take Shy Boy to the arena, Nicholas looked back at his mom. Nicholas rode Shy Boy for about 15 to 20 minutes. Roberts talked about the benefits of therapeutic riding. They went to the stable where Shy Boy was resting and Nicholas spent a long time just sharing time with the horse. Catherine said the trip made her understand something about her son for the first time. She spent his entire childhood trying to fix his cerebral palsy, she said. She tried to make sure he could walk, enrolled him in therapy and did anything she could think of to help him. His dreams do come true. When Nicholas met Shy Boy, that changed. The results are coming in and the outcome is fantastic. We have people laughing and getting back to a normal life who have been afflicted with PTSD for upwards of 35 years. All the way from Vietnam to Afghanistan, these injured warriors come home in a terrible state and need our help to get back to the civilized world. The horses are doing their work with incredible efficiency. The outcome has been so significant that I have decided to write a book about this work. I will tell you more about it in due time. For now, enjoy the extraordinary stories about horses healing people in the video above.

## Chapter 2 : Horse Sense. - Horse Sense Home

*Horse-Sense And Horsemanship Of Today: Economy And Method In Training Hunters And Polo Ponies [Geoffrey Brooke, Earl Of Cavan, Lord Wodehouse] on theinnatdunvilla.com \*FREE\* shipping on qualifying offers. This scarce antiquarian book is a facsimile reprint of the original.*

## Chapter 3 : Horse Sense Riding School, Horseback Riding, Damascus OR

*Horse Sense and Horsemanship of Today. Economy and Method in Training Hunters and Polo Ponies. New York: Charles Scribner's Sons, First American Edition. With Introductions by The Earl of Cavan and Lord Wodehouse. 1 vols. 8vo.*

#### Chapter 4 : Horse Sense and Healing | Monty Roberts

*Horse Sense and Horsemanship of Today. Economy and Method in Training Hunters and Polo Ponies. By Lt Colonel Geoffrey Brooke. This is Brookes best known book. He was a popular British writer of the 's and cavalry instructor.*