

Chapter 1 : You can't have your cake and eat it too | WordReference Forums

The dictionary definition of have one's cake and eat it too at Wiktionary Post at "The Phrase Finder", quoting Wise Words and Wives' Tales: The Origins, Meanings and Time-Honored Wisdom of Proverbs and Folk Sayings Olde and New and The Random House Dictionary of Popular Proverbs and Sayings.

Featured Productions 0 views shares There are few treats in this world better than a cake baked especially for you. Most cakes are too large to eat alone, so you experience the pleasure of people. Additionally, cakes are both celebratory and potent time markers. Many of our life events revolve around this confectionery marvel. I remember with clarity particular cakes and the occasions they signified: Baking a cake takes time. Working as a freelance director, sometimes you are offered passion projects, and other times you are a hired gun. Ed possesses impeccable and adventurous taste; I have always admired his willingness to take risks and his radical approaches to form. On CATF stages, wild events are certain to occur: Upon first read of the play, I felt a sense of generosity; as if someone had baked a cake especially for me. These characters were people I intimately knew from childhood; my family, my teachers, my neighbors. The Cake would bring people together, invoke a celebratory moment for CATF, and ultimately inspire a tremendous amount of love from the creative team. The Cake follows a conservative North Carolinian baker Della. Her surrogate goddaughter Jen surprisingly arrives in town to plan her wedding. The two reconnect with joyous abandon. Brunstetter masterfully crafts Della with humor and heart. As an audience, we root for Della, which makes it difficult to simply dismiss her struggle as bigotry. Rather, we move through the play hopeful that Della, and thereby, we, can take incremental steps to adopt new ideas. In essence, the play asks us to build an existential solidarity; making space for humans to truly change in their lives, though the transformation itself may be quite small. Citing religious beliefs, Phillips declined to bake a wedding cake for David Mullins and Charlie Craig, a Denver-based same-sex couple. We reeled from this news as a company. CATF saw a spike in single-ticket sales for the show as the community was eager to gather, discuss, and witness, through theatre, the very headlines playing out before them. Though the ruling was limited, many members of the creative team felt that the Court offered dangerous encouragement to those who would deny LGBTQ people their civil rights. Folks like Della could make crucial steps toward compassion, and in just one decision, the highest court in the land utterly guts progress. The play took on a new meaning in fighting these injustices. When beliefs collide at the most awkward, uncomfortable, and distressing times, people do not abandon one another. And though they may never agree, they do not hold contempt for one another. These artists embraced the civilizing emotions that the play amplifies; empathy, humor, and compassion.

Chapter 2 : Why shouldn't we try to have our Brexit cake and eat it too?

have your cake and eat it (too) meaning: 1. to have or do two good things at the same time that are impossible to have or do at the same time: 2. to do or get two good things at the same time, esp. things that are not usually possible to have together.

Think about it -- the expression implies that you can have your cake -- but what? You are entitled to have what you want in life -- you have the power and your responsibility is to use it, own it and grab life by the horns and make it what you want. Why on earth can you not do what you love, be with who you want to be, create the hobbies and interests that you want to cultivate, build the life that is your optimal existence. Are you afraid to go after it? Do you think you may not succeed? Is the risk not worth the reward? You need to prioritize yourself and begin to create the framework for what you want. These can be small reinventions -- baby steps towards the bigger goal. But start setting your sights on what you want from your life and be clear about how to get there. You want to have your cake AND eat it too? Then go for it! Every night I go to bed, thinking about the few major things I want to accomplish the next day or on Sundays, for the next week -- in which case I write it down. Sometimes they are personal goals, some are business goals and tactical plans Some are family plans and projects We all juggle a lot and keeping all the plates in the air is a fine skill -- fun if you really master the art -- a daily challenge -- but fun, nonetheless! Weekends are for the loftier goals but squeezing in some of the soft and precious stuff into the middle of a work week is good for the soul. Sit back in the middle of a busy day -- close your eyes -- take a deep breath and clear your mind. Allow yourself that focus and clarity to indulge and get back to "you". When was the last time you stopped and put yourself at the front of the line? Follow me, share, retweet, repost and like:

Chapter 3 : You can't have your cake and eat it - Wikipedia

It is "you can't have your cake AND eat it to." Everyone assumes it means you can't have your cake, then eat it, but that's not actually what it says. You can't simultaneously be in possession of a cake and eat the cake because once you eat it, you aren't in possession of it anymore.

Despite the success of Steven Pinker in popularizing cognitive linguistics and Deborah Tannen in doing the same for gender-based sociolinguistics, most research by linguists remains resolutely unsexy. American dialectologists and lexicographers find that the only sure-fire way to get mentioned in the press is to anoint a Word of the Year " and if that selection sparks a phony feud , all the better! But one subdiscipline that seems tailor-made for media attention is forensic linguistics , the application of linguistic analysis in legal settings, such as criminal casework. The Washington Times, reporting on the field in its Jan. The article touches on the forensic analysis of academic scholars such as Roger Shuy , as well as work done within the FBI. Fitzgerald thought Kaczynski had made a mistake. But examination of other letters by him contained a similar feature, which, Mr. Fitzgerald says, "is actually a traditionally middle English way of using the term. He technically had it right and the rest of us had it wrong. It was one of the big clues that allowed us to make the rest of the comparison and submit a report to the judge who signed off on a search warrant. First, by focusing strictly on forensic linguistics, the article glosses over the role of David Kaczynski, the brother of the Unabomber. See the abstract from a paper presented by Fitzgerald at the conference of the International Association of Forensic Linguistics. Only if you consider the ordering of the two conjoined verb phrases to imply sequentiality: On the other hand, if the and conjoining the VPs implies simultaneity of action rather than sequentiality, then neither version is more "logical" than the other: The FBI thought they were looking for a paragon of linguistic propriety, when they were actually just looking for a pedant. Finally, I should note that the "wrong" version of the expression has been around for years or so, at least in American usage. A search on the American Periodical Series and the Making of America databases finds the have-eat ordering in use from , and firmly established by the mid-19th century: North American Review , July , p. He cannot both have his cake and eat it. If your Jewish creed be wrong, you are right in wishing to explain it away. But you cannot have your cake and eat it, too. North American Review , Apr. Daguerreotype, May 20, , p. United States Democratic Review , July , p. Later examples from the 19th century onwards simply append too at the end of the expression to imply simultaneity, and this remains an overwhelmingly common phrasing. Early American Newspapers supplies an earlier variant with keep-eat rather than have-eat in a verse entitled "Guillotina for ," first published on Jan. Thus greedy boys would gladly treat it, Could they but keep their cake and eat it. Here the exigencies of verse dictate the ordering, but this example still establishes that the simultaneous-and reading was already available by the late 18th century. Richard Mason takes issue with my assertion that "cake-eating and cake-having are mutually exclusive activities, regardless of the syntactic ordering," noting that one "has" cake during the process of eating it. Though this is technically correct, the "having" part of the idiom seems to me to imply possession over a long period of time, rather than the transient cake-having that occurs during cake-eating. The example, interestingly enough, makes this sense more explicit by using keep instead of have. Ultimately, however, such ruminations over logicity are irrelevant when it comes to the popular usage of crystallized idioms. Fitzgerald sent the following email: I recently read your posting on "Language Log" regarding my interview with the Washington Times. I want to make a few clarifications. He was apparently aware of the term "cool-headed logicians," which was found in the Manifesto, and also known to have been used by Ted, as he told various investigators of its use. As I explained in chapter 14 of the book Profilers , I was the first one to recognize this unusual usage. Secondly, years ago, upon doing some basic research re. While the Modern English period is generally seen as beginning c.

Chapter 4 : Language Log: Forensic linguistics, the Unabomber, and the etymological fallacy

Most cakes are too large to eat alone, so you experience the pleasure of people. A cake's enjoyment often depends on its company. Additionally, cakes are both celebratory and potent time markers.

Matt Blitz 12 comments Masen P. The phrase is often used when referring to compromises and alludes to making a choice between two options that could never be reconciled. In other words, the two options that are mutually exclusive. Other cultures have adopted the spirit of this phrase to fit into their own languages. So where did this expression come from? I require you to send me, by this bearer, my will, which ye have sealed in a box. I must alter things therein, for my substance in money and plate is not so good now by 2,1. Linguists have debated for years over the proper order of the verb phrases. Right around this time, President Franklin D. Roosevelt used the now less common version of the proverb in his State of the Union address when referring to the need to increase spending for national defense: As will appear in the annual budget tomorrow, the only important increase in any part of the budget is the estimate for national defense. Practically all other important items show a reduction. You, in fact, can have your cake and then eat it. That person was Theodore J. Kaczynski, aka the Unabomber. The FBI had been trying to track him down for decades. If it was with conditions met, he promised to stop his bombings. For their whole lives, their mother would correct them and insist that this was the correct usage of the phrase. This information, and other stylistic evidence, convinced a judge to submit a search warrant. His own demand to be heard did him in.

Chapter 5 : Stevia: Having Our Cake and Eating it Too? | Nancy Appleton Books Health Blog

Despite what Mrs. Kaczynski and other sticklers say, it's possible to make sense of "you can't have your cake and eat it too." True, the traditional "eat/have" ordering is the only.

Our answer is always we give limited support to Stevia and nothing else. We tell sick or addicted people to break the active phase of their sugar addiction and heal awhile before switching to Stevia. Stevia, a plant-extract originally from Central and South America has been used as a sweetener for several centuries. It has been described alternately as either 30 or times as sweet as sugar. A food or drug is either safe or it is not. As of September , the Food and Drug Administration has given support to two Stevia products, Truvia and Purevia, for use as a sweetener in sodas and other drinks. What changed for a government organization that used a study that described Stevia as a mutagenic agent in the liver possibly carcinogenic? Apparently, Coca-Cola and other large manufacturers of drinks and sodas have twisted some arms of the regulators, because as more people grasp Sugar Bad , Stevia Good Big Soda needs to give the people soda that appears healthy to keep up sales. The primary culprit after sugar: Putting that much phosphorus into your body does as much damage to the Calcium-Phosphorus ratio as we have always said from the beginning of Dr. We also described phosphoric acid as an industrial solvent possibly able to clean toilets and kill insects. Once the soda and juice manufacturers get their products into the marketplace, eventually Truvia will also be stuffed into the rainbow of packets on the table at our favorite eateries. Presently, that rainbow includes White sugar or sucrose , Blue aspartame , Pink saccharin and Yellow sucralose. For purely, aesthetic reasons may we suggest Green for Truvia? However, we will caution readers against these packs because we suspect that the Stevia in the Truvia packs will be mixed with dextrose or maltodextrin as the first ingredient largest amount in each pack as is the case with the other colors in the bin. These are sugar derivatives that will adulterate whatever is good and useful about Stevia. Mixing good things with bad things only ruins the food value of the beneficial as we have said many times explaining why many people are allergic to wheat due to a lifetime association with sugar. So what is so good about Stevia that we actually are cautiously optimistic about the eventual release of small bags of pure Stevia powder in the supermarket for use in baking, coffee, grapefruit and lemonade? Results described as significant for reducing blood pressure supplemented similar animal studies. A Denmark study took blood glucose readings from 12 type-2 diabetes patients before eating Stevia or cornstarch with their meals and a couple hours later. The Stevia group showed blood glucose levels at least percent less than the starch group, leading to the possibility that diabetes patients have finally found the sweetener that will allow them to have their sweet cake and eat it too. A study conducted by the Burdock Group generally supports the safety of Stevia, finding no adverse effects in rats at the massive doses such studies use to determine carcinogenic or mutagen properties of foods. Many of us are unlikely to moderate our consumption of Stevia because so far we just have to have ice cream, chocolate cake or soda. But, on the range of things that are sweet but not named sugar, Stevia is a great start.

Chapter 6 : Have Your Cake and Eat it Too

To have or do two things that one desires that are normally contradictory or impossible to have or do simultaneously. Because "have" can also mean "eat," this expression may seem redundant. However, it is based on the meaning of "have" as "to possess," i.e., to maintain possession of one's cake.

The class of April will follow in the footsteps of other alumni by beginning their careers in bakeries and cake boutiques around the world and gaining the experience they need to one day lead kitchens and open businesses of their own. The diverse group of students included career changers, recent high school graduates, and experienced pastry cooks from all over the country and world, including Thailand, Singapore, South Korea, El Salvador and Guatemala. Under the tutelage of master pastry chefs and cake artists like Chefs Nicholas Lodge, Chefs Patrice Caillot, Joel Reno and Sunny Lee, the students refined the techniques essential to creating edible works of art with fondant, buttercream, royal icing, gumpaste, chocolate, sugar, and more over four intense months. After constant hands-on practice both in The French Pastry School teaching kitchens and out, the graduates who began as novices are now well-versed in making both beautiful and delicious cakes. Gerrish shared with the graduating students her remarkable story of perseverance and drive toward the goal of becoming a pastry chef. Gerrish and her family were nearly homeless, getting by on potatoes and pasta, but these hardships were no match for her drive and determination. She was going to be an entrepreneur like the strong women she admired in her cookbooks. A school that prides itself on teaching professionalism, uses the highest quality ingredients, and has an entire team of chefs to nurture and guide you during your extensive training. I had to find a way to be part of their dream and legacy that would lead me to mine. There is going to be adversity, and financial situations, but you must never give up. Take with you today the skills you have been equipped with here, pair them with your inner strengths, and you can conquer anything you desire. Like many students, Rebeca was unsure of her professional path and while she contemplated being a nurse or pharmacist, something was missing. It was when she walked through the kitchens of The French Pastry School, cakes towering high, that Rebeca found her place. As I continued into the hallways that led me to the kitchens, the look, the smell, the sound, and the atmosphere was everything I never realized I loved. I felt so happy and complete. I fell in love. I knew this was where I belonged. This was what I was meant to do for the rest of my life. In addition, each student created a spring inspired wedding cake, highlighting their own personal sense of style and inspiration with varying colors, flowers and techniques. Students, their families and their friends gathered for a reception where they celebrated and enjoyed a lovely assortment of desserts prepared by the students, interns and faculty of the school. The school is still accepting applications for this program. For more information, please contact info@frenchpastryschool.com.

Chapter 7 : Having Our Cake and Eating It Too - Breaking Character

The use of the phrase, therefore, is to tell someone that they can't have two good things that don't normally go together at the same time, like eating a cake and then continuing to possess.

Chapter 8 : Etymology of 'Have Your Cake and Eat It, Too' | Irregardless Magazine

It means you can't eat a cake and continue to possess that cake once you've consumed it. The use of the phrase, therefore, is to tell someone that they can't have two good things that don't normally go together at the same time, like eating a cake and then continuing to possess that same cake so you can eat later.

Chapter 9 : have one's cake and eat it too - Wiktionary

This phrase is easier to understand if it is read as "You can't eat your cake, and have it too". Obviously once you've eaten your cake, you won't have it any more. Used for expressing the impossibility of having something both ways, if

those two ways conflict.