

DOWNLOAD PDF FROM GOOD HOUSEKEEPING TO WORKING WOMAN : WHY ARE MOTHERS AND DAUGHTERS SO DIFFERENT TODAY?

Chapter 1 : Incest Gets The Good Housekeeping Seal Of Approval | The American Conservative

In fact, in the United States, daughters of working mothers earned 23% more than those women who grew up with stay-at-home mothers, collecting an average annual income of \$35, compared to \$28,

My husband assumed the pastorate of First Baptist Church of Fayetteville, and I continued my role as his helper-but with some major adjustments. Third, the intellectually stimulating and mind-stretching dialogue of a theological community definitely overshadowed the dissonant and monosyllabic monologue of a frenzied mother whose only moment for reflection came within the confines of the bathroom-and that only if she managed to enter the room alone, which was a feat in itself! Confusion and frustration were mine as I wondered if this, too, really would pass and, if indeed it passed, whether I also would be passed by forever as to any worthwhile contribution to society. Though I pursued motherhood as enthusiastically as I had every other adventure in my life-I even breast-fed my son for thirteen months, while working full-time-I can see in looking back that my first and freshest energies, not to mention the most productive part of my day, were devoted to professional pursuits away from home. When we moved to Arkansas, a void in my life came to the forefront. My theological training seemed a waste for the task of motherhood before me. In the midst of this frustrating time, I turned to the Lord. I determined in my daily quiet time to read through the Bible systematically with a new purpose: This experience became the catalyst for my life and ministry. My life and goals and perspective were forever changed. That word was not always comforting; in fact, sometimes it was like a sword to my heart; but always I knew that it was authoritative and, if authoritative, true, regardless of culture, circumstances, or perceived relevance. I came to realize that God did not expect me to determine how to adapt His Word to my situation. Instead, He expected me to adapt myself to the consistently and clearly presented principles found in His Word. Bearing a new liberated identity, many women have devoted themselves to ambitious busyness everywhere but in the home. They are enmeshed in overwhelming voluntarism to achieve accolades and recognition in the community, or they are surrogate wives and mothers dedicated to hatching professional pursuits that promise power and pocketbook. Instead of encouraging adolescents to cut the apron strings of mother and venture out into society, we are begging mothers not to cut the apron strings on their babies and catapult them prematurely into a menacing world! Women have been liberated right out of the genuine freedom they enjoyed for centuries to oversee the home, rear the children, and pursue personal creativity; they have been brainwashed to believe that the absence of a titled, payroll occupation enslaves a woman to failure, boredom, and imprisonment within the confines of home. Though feminism speaks of liberation, self-fulfillment, personal rights, and breaking down barriers, these phrases inevitably mean the opposite. The mundane accompanies every task, however high paying or prestigious the job, so that escape from boredom is not inevitable just because your workplace is not at home. And where is the time for personal creativity when you are in essence working two jobs-one at home and one away? In our quest to be all we are meant to be, let us not forget what we are meant to be! The question has never been whether a woman wants the best for her husband and children and even for herself. Rather the real question is this: Does it take preparation of skills, concentration of energies, and the commitment of both to keep a home? Is Homemaking a Challenging Career? A career or professional pursuit requires training and preparation as well as commitment and dedication over the long haul; it demands consistent activity and progressive achievement; it is a combination of training and preparation, commitment and loyalty, energy and time, excellence and achievement. Finding an efficient, capable person who is professionally adequate in many and varied careers simultaneously is rare indeed. For example, would you want your family physician to be your postman and policeman as well? Because you want him to specialize and sharpen his expertise in medicine. Yet, you are certainly aware that your doctor dictates letters and reports and that he may on occasion sit down with a troubled patient as counselor. Within most careers there is a diversity of opportunity but never to the neglect of the priority responsibility. If the doctor gives the most productive part of his day to reports or

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counseling sessions and if, accordingly, he neglects updating his professional skills and treats patients haphazardly, the doctor will soon have no need to make reports or do counseling because his patient load will dwindle. In other words, there is specialization in purpose and preparation but generalization in service and opportunity. Homemaking is a career. It has as much challenge and opportunity, success and failure, growth and expansion, perks and incentives, as any corporate career. Families, health, and self-respect all were rated as more important than the possession of material goods. No professional pursuit so uniquely combines the most menial tasks with the most meaningful opportunities. The Book of Proverbs is for me the most practical book in the Bible. No other book is more saturated with home and family and the relationships therein. No other book has any more to say to women specifically. Proverbs 31 contains a full-length portrait of a godly heroine finished in minute detail. The passage is significant not only for what it includes but also for what it omits. There is no mention of rights or pursuit of self-serving interests; neither is the husband assigned to domestic pursuits. This beautiful and perfect ode of praise to womanhood is written as an acrostic with the first word of each verse beginning with one of the twenty-two successive letters of the Hebrew alphabet. Though no woman can match skills and creativity perfectly with this model, all can identify their respective talents within the composite, and all can strive for the spiritual excellence of this woman of strength. This passage is recited in many Jewish homes on the eve of Sabbath, not only setting the high challenge for wife and mother but also expressing gratitude for her awesome service to the household. When Jesus reprimanded Martha, He did not condemn the vital housework she was doing; neither did He decry the gracious hospitality extended to Himself Jesus did not say only one thing is needful but pointed to the one thing Martha had omitted. He did admonish her not to be encumbered or burdened by her work to the exclusion of spiritual sustenance, which Mary had so faithfully sought Luke One is never to neglect spiritual preparation-not even for the joy of serving others. The best way to make homemaking a joyous task is to offer it as unto the Lord; the only way to avoid the drudgery in such mundane tasks is to bathe the tasks with prayer and catch a vision of the divine challenge in making and nurturing a home. Brother Lawrence, a member of the barefoot Carmelite monks in Paris in the 17th century, set a worthy example: Having a career was far easier for me than being a homemaker! None of my former positions required my being on the job twenty-four hours every day. None of my varied professional pursuits demanded such a variety of skills and abilities as I have exercised in homemaking. Automatic, labor-saving devices save much physical work, but increased mobility and multiplied outside activities add to the overall time demands so that the preparation and care of the family shelter are important enough for God Himself to assign that responsibility. We must not be overcome by the surrogacy of this age, which offers even a substitute womb for those so encumbered by lofty pursuits that they cannot accept God-given roles and assignments. Homemaking-A Source of Self-Esteem Women join men in the search for accomplishments and positive evaluations. We all have an innate desire to have worth. The question is, of course, clear: Who has such worth? It is further translated as activity, ability, valor, wealth, efficiency, endurance, capability, energy. This woman of strength enjoys dignity and importance in the administrative affairs of her home. She is a valuable helpmeet for her husband. She is a complement to her husband and a necessary completing part of his being. There is beautiful reciprocity in this mutual relationship between husband and wife, just as there is between Christ and the church. Christ is the head of the church and the church is delighted to serve Him Ephesians 5: Christ finds joy in the church, and the church finds in Christ an inheritance of untold value. She is absolutely dependable. Unlike the unfaithful servant who hid the talent given to him by his master Matthew The woman of strength is an elegant lady. Tapestry for bedding, carpeting, pillows was a sign of a carefully-decorated home interior. Silk cloth had not yet been invented, but she undoubtedly used the fine flax or linen cloth that was the best of the day, and purple garments, indicating wealth or high rank, which were rare indeed Proverbs So she stayed attractive, and fifteen years later she was still able to entrance men much younger than she was. Her complete management of the household freed her husband to concentrate on his labors. Is Homemaking a Worthy Service? In the Scriptures, the concern of godly women was not discrimination in vocation but rather the barrenness of the womb. Women were not

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pinning away, pleading with the Almighty to be priests or prophets. They were praying for the blessing of bearing children. In Israel, every Jewish mother hoped to become the mother of the Messiah, who had been promised to Eve, the first mother Genesis 3: Hannah was brokenhearted over her childlessness 1 Samuel 1: Feeling forsaken of God, her maternal instinct prompted agonizing prayer with the burning intent of giving the boy back to God as a living sacrifice. Hannah deemed this the highest service. This motivation was not borne out of slavery to procreative responsibility. In conversations with her husband and Eli the priest, she was treated as an equal. Hannah was her own woman, but for her this meant committing herself to the purposes of God. Hannah went from brokenhearted barrenness to extraordinarily privileged maternity. Her greatest reward was not the birth of a son, however, but the gift to God of that son, who perhaps beyond all men had power with and from God. Moments of unequalled joy are coupled with difficult and time-consuming work. Children are not things to be acquired, used according to time and schedule, showcased for personal satisfaction, and then put aside for personal ambition and convenience. Rearing the next generation is a coveted task despite the unprecedented attacks on motherhood. And you took your sons and daughters whom you bore to me and sacrificed them as food to the idolsâ€œ. Everyone who quotes proverbs will quote this proverb about you: Motherhood is both a demanding and a rewarding profession. Unfortunately, the reward often comes much later in life, but a prime characteristic of the good mother is unselfishness; she can wait for the final realization of her rewards. No one-not teacher, preacher, or psychologist-has the same opportunity to mold minds, nurture bodies, and develop potential usefulness like a mother. It is both practical and consistent with the basic qualities that nature has given male and female that the woman who bears and nurses the baby should care for the young and for the dwelling in which the young live. Though a woman approaching the twenty-first century is different in many ways from her foremothers, she is in at least one way forever the same. Some would say that she is a servant of her biological fate, to which she has to adjust her other pursuits. Of course, this may be interpreted as mere slavery with the procreative and nurturing tasks as the shackles; but, on the other hand, this biological duty may also be accepted as a divinely assigned destiny with the awesome opportunity for a woman to link hand and heart with the Creator God in bearing and preparing the next generation as the binding cord.

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Chapter 2 : Parenting - Tips to help you raise happy kids - MSN Lifestyle

Mothers and daughters: why we get under each other's skin --From good housekeeping to working woman: why are mothers and daughters so different today? -- Courtship, cohabitation, and china patterns: choices about love and marriage -- Having a baby: whether, when, how, with whom, and how many?

Tweet It My mom was an Irish girl who married an Italian boy. She was confident, strong, and brilliant. My dad was a child of abuse. He was angry, cruel, and insecure. Mamma collapsed under his Italian ways. I learned this on my own. At eighteen I married. At twenty I became a mom. At twenty-nine, a single mom of two little girls. Single motherhood requires organization, quality time, and graceful patience. I had none of these raising my two girls alone. I was scared, lonely, and ill-prepared, but determined. I was determined to be different from anything I watched in that family. I turned to what I knew, self-made confidence. Confidence was what I had to give, and I packaged it cleverly. One year, at Thanksgiving, my girls and I made a dozen "from scratch" apple pies for the Jesus Saves Mission. My older daughter, Nicole was driving by then and asked if she could be the one to deliver the pies to the Mission. They carefully loaded the pies into the yellow beat-up Bronco II. Off they went into the crisp November afternoon, the smell of exhaust and cinnamon trailing behind. About three hours later, they returned. No one answered and all the windows were locked. Finally, after waiting forever we put the pies on the sidewalk in front of the mission. With Nicole and Sandra, the fall back was selling with a hefty side order of perseverance. If you can sell yourself, you can sell anything, and as Catholic schoolgirls, they had to sell more than most. My kids learned how to sell everything from stale popcorn to stinky lotion. The nuns convinced my girls to give up sweets. One Easter season, the second grade was asked to sell the hard sugar eggs that had a religious scene inside of them. These were clever little decorations that featured Jesus dying on the cross, in fondant. The egg was open on one side so small children could enjoy this celebratory scene. Sandra was in second grade that year. She was always at the top of the fundraising charts. She had a particularly likable personality, and had cute left over at the end of the day. The model, by the third week, had become soiled and cracked and featured just a wee part of Jesus dying on the cross. His entire torso had broken off "not a good selling point to devout Catholic customers. Would you help me with my St. The older man smirked a smile out of the corner of his mouth. Know your audience, kid. Sandra was frustrated and ready to give up. Sandra straightened the front of her plaid jumper, pushed an unruly curl from her eyes, and rang the bell of the last house, in the thirteen hundred block of Dahlia Street. A middle-aged woman opened the door. Can you help me out and buy some of these candy Jesuses? The woman smiled, even laughed a bit. Sandra stood determined, her arm frozen above her curly haired head like a miniature version of the Statue of Liberty, if she had to sell door-to-door. The woman glanced at my face. In celebration, and perhaps from the pressure of sacrifice, coupled with the nearness of temptation, Sandra ate the model. A few sugary crumbs of the cross on the front of her plaid uniform were the only evidence of its previous existence. I pulled a checkbook from my purse. You eat it "you buy it. My mom never knew she had actually prepared me the best way possible. She died thinking she had failed as a parent who should have protected her daughter. Because of her, I guarded myself and my daughters from a future of abuse, failure, and lost dreams.

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Chapter 3 : Pies On The Sidewalk: A Gift Of Confidence From A Mother to Her Daughters - Feminine Colle

Mom is your BFF, role model, and sounding board all rolled into one, and she thinks you're pretty darn great too. That's why these famous mothers and daughters all say the same thing: "I get it."

December 21, Seven women tell us how Be a Brazen Careerist Kaanchan Bugga, VP Content, iYogi I am a careerist, mother and homemaker- ideally I need six pairs of arms, four brains and the ability to clone myself so I can be in half a dozen places at the same time! Invest in domestic help? What kind of advice is that? Good domestic help is what will enable you to be a 24x7, unabashed, career woman with peace of mind. I demand good service but pay them well, treat them as friends and try to be as humane as possible. When we recently moved house, my cook who used to walk to work before, now braves autos and the metro to continue to cook for us in the new house. Planning is your next best friend! Make daily to-do lists. Crossing out done tasks in red is a great mood-lifter!. A client of mine invited me to share his home-cooked lunch and I was surprised when he knew what it was without even touching his lunch box. Apparently, his wife follows a strict menu so the family knows precisely what is for lunch or dinner, all month! I just about manage weekly menus- monthly menus that are planned to the T are quite beyond me! Exercise as frequently as you can. Take the stairs not the elevator. Go for that foot massage. Listen to your favourite music as you do your morning chores. Invest in the best appliances you can afford. Buy better meats, fruits and vegetables- quality always pays in the end. Your daily wardrobe, for one. You want to have think-time for priority items, not which scarf and which shoes. Unless of course, you are a model or an anchor. I am up by 5 am and give myself "me time" with a cup of tea for about half-an-hour in the morning. It just helps put the day in perspective and run a checklist of things to be done. Post which is my second big tip for a great start- an hour of exercise and grabbing a good breakfast- all this is like preparing yourself to face the day. Put up all important numbers- doc, grocer, electrician, vet. Yes, it does get cluttered but there is a method to this madness and it helps in "empowering" my household. Now if a vet is needed when I am travelling- I no longer get a call! Use your smartphone to manage the daily calendar; I put a minute notice for every reminder. Store about 5 packed birthday gifts- you always get invites. Last weekend, my son Adeesh got a last minute invite where we had the birthday boy sitting at our house to take him to the party and I scored full points by coming up with a packed gift literally out of my hat. There will always be deadlines to meet and stuff to finish. Give yourself credit for the things that you did right during the day rather than flogging yourself for the one thing that did not go according to plan and you will find yourself to be a calmer person. And of course, I missed the deadline. It was one more ball thrown at me after all. But I managed, somehow cajoling the editor into accepting this. Here are my thoughts, like stars forced into constellations: Will it fulfil you to work for 14 hours a day and then manage your home, your chores and your family? Swim against the tide of a workaholic culture and insist on taking time for yourself and your family. If they seem to think this is reasonable, you are responsible. This is not a sign of weakness or inefficiency. In all honesty, I seem to forget this tip the most, but I have a solid support group in place for that refer to Tip 3. In addition, below is a free unsolicited extra tip- most important. We are different things to different people and often, all at the same time. I define myself as an individual, a parent, a spouse, a sister, a professional, a traveller, a writer, an athlete. And being a bit of everything is what makes me tick. I make sure that I find time for everything, sometimes combining several roles at the same time. For instance, I love running long distance races. So, earlier this year I enrolled for the Dead Sea Ultra Marathon in Jordan and I topped it with a 6-day tour of the country with my best friend. We had a great vacation, I got to see a new country, I bonded with my friend of over 20 years, I ran a fun race and I returned home rejuvenated. When I am participating in running events, or even training in my hometown in Bengaluru, I take my 9 and year old daughters along and the entire day is like a picnic for them. Something they will hopefully embrace in their own adult lives. I try to keep my life simple. Despite a hectic work-travel schedule, I find the time to pursue different interests by focussing on things that are important to me and junking the ones that are meaningless.

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When I am home I watch absolutely no television. I try to play games, read or paint with my children after work, and I try not to check work emails till they have gone to bed. I frequently decline party invitations, socialising very selectively- with only my inner circle of friends and family, and almost never attend any dinner outings on weekdays as it comes in the way of my routine and family-time. I belong to the old school that blame social media for alienating the real world and human relationships! I own a simple, inexpensive one but it is my favourite device for saving time as I make calls, send messages, and catch up on work when I am commuting. I also save reminders, birthdays, and to-dos on it. Finally, I am not afraid to ask for help when I need it. At work, I have a competent and reliable team and at home a trustworthy babysitter. Moreover, my incredibly supportive spouse and family are my rocks. On those days, I cry a little, and tell myself that sometimes even a superwoman cries and goes to bed knowing that she did her best. Make a list in order of importance. Learn to say "NO" when needed. Remember the person you delegate to is not your clone, so will not be able to execute the task as you would. Try and live with "acceptable", instead of fretting for excellence and keeping everything on your plate. Remember mobile phones are for your convenience and can be switched off when needed- for instance when you are with your family. Children need quality and uninterrupted time. Call back later when you are free. Keep some time for yourself. Brands So much to do with so little time? As someone who manages a home and a demanding job, things do tend to spiral out of control once in a while. Keep a list or make a mental note of the important things you have to do during the day and the week. Things that you have to do- paying the phone bill and collecting the dry cleaning- do them right away and tick them off the list. Divide home duties with your spouse. Agree on things that both of you will manage individually. This really helps both partners to focus on important things at home without each one having to do everything. For instance, in my house, I am responsible for buying groceries, and keeping the fridge stocked, and the husband takes care of utility bills. I swear by this? At the workplace, make sure that you delegate work with clearly defined responsibilities and accountability, and voila, you are a free bird! I never miss my head massage appointments and coffee dates with my girlfriends for anything. Lastly, revisit your list at the end of the week and tick off all that you have managed to get done. Learn to Delegate Shveta Paul, Category Head Beauty, Amway My mantra to multitasking is to prioritise; then take up the most challenging task up first; and finally, delegate. Prioritising my day and tasks helps me get more done through the day and even if some of the jobs are left undone, they are usually low priority, so can always be handled later. The difficult tasks- whether a big presentation at office or the main dish for Saturday evening dinner, should be taken up first when your energy is high. That way I am able to give it my best and the result is always pleasant. The trick to delegating tasks comes with a rider- lower your standards and expectations. I know that I could have done the job better, but only if I had the time! So if I delegated it to someone, I trust her and let her give it her best shot and appreciate what is delivered. I tried this when I was working from home for a fortnight while my daughter appeared for her Class X board examinations. I got my mother-in-law to help her with Hindi, tutor to help her with Mathematics, my dentist-niece to help with Science, while I worked with her on Social Studies. This ensured that I did not become the only "monster" after her life and she got different flavours from each teacher. So I accepted that and went ahead with this arrangement, and believe me, my daughter came out of it with flying colours. Delegation at work leads to a stronger team by bringing up the confidence level of aspirants and at the end gets more accomplished. Get real-time alerts and all the news on your phone with the all-new India Today app.

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Chapter 4 : Multitasking and the Modern Woman - Good Housekeeping News

Whether parents enroll their daughters in sports, lead by example or pass on the necessity for successful women to stand in their power as leaders, each generation produces a new roster of daughters who are working toward a future of gender parity.

November 2, at 2: The Torah does not prohibit polygamy. It was a common practice in the Jewish tradition, and remained so down to the 20th centuries among North African and middle eastern Jews. It was abandoned by European Jews to assuage the concerns of their gentile neighbors, who over time had adopted the Roman custom of monogamy. Cminor November 2, at 2: And the culture seems to lack the wherewithal to clarify and provide healthy alternatives to the abnormal impulse. The problem with this argument is there is a pretty good correlation between societies where traditional marriage is highly valued, and low status of women. DM November 2, at 3: In a way it is trolling, in a way it is seeing if something will stick. Once upon a time trans were a curiosity from Ed Wood films now they are a sacred caste. I thought it was a joke: There was a serious attempt going on to normalize pedos. I think the Catholic sex abuse scandals were a blessing insofar as it convinced everyone that pedophilia is a bad thing. Some day there will be an attempt to normalize incest too. Potato November 2, at 3: If you look at where their genes were coming from, they might as well just have gone straight outright to brother-sister marriagesâ€”the genetic effect was exactly the same. PrairieDog November 2, at 4: If every adult member of a community can regard every other adult member of the community as a potential sexual partner, what will society be like? I would suggest that the incest taboo, along with monogamous marriage generally is to maximize social cohesion and cooperation by minimizing sexual competition within the community, particularly within the smallest communities. Felix November 2, at 8: Olga November 2, at 9: Consent is necessary, but not sufficient for establishing a sexual and romantic relationship. In this case, we have a woman who has her half-brother as her lover. She also has minor children. Does he know he plans to exit the marriage once the kids have moved out? How will the children react when they find out? This relationship could really hard the relationship between her, her children, parents and pretty much the entire family outside of her half brother. If they did not grow-up together and she did not not already have children, it might not be as much of an issue. However, once you decide to produce children, you do give up some of your sexual freedom. While I see a relationship to be problematic and could really ruin a Christmas dinner or a family reunion, the people involved have made a choice even if it is a bad choice. When it comes to violence, once person did not get to make a choice. One person with more physical power, financial power, legal authority or some combination of the above used their power to force another person to give up sexual favors. I do not understand why so many Christians have a problem with the basic idea of consent. If we start with consent as a basis of morality then that means a lot of bad things are wrong including â€” sexual abuse of children, child marriage, rape and sex trafficking. It also means everyone owns their own body autonomy. So if, as a Christian, you wish to wait until your wedding night to have sex, you have every right to do that. So questions about homosexuality, polyamory and exploring sexual kinks bring about new discussion of what is and is not allowed. Again while consent might be a good baseline, there are other concerns such as commitment and duty. If a romantic relationship is going to completely mess up other aspects of your life and the lives of many around you, then it would be selfish to pursue such a relationship. Our relationships do affect people outside of ourselves, especially if you have children. Mia November 2, at 9: There are people who think like this on the planet?

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Chapter 5 : Kim Kardashian Is Sexualizing Motherhood

From Good Housekeeping to Working Woman: Why Are Mothers and Daughters So Different Today?, 3. Courtship, Cohabitation, and China Patterns: Choices About Love and Marriage.

August 24, Lakshmi Venkateshwaran looks like any year old Tamilian maami, in a neatly tied saree with a thin gold border and the traditional five-point diamond nose ring. She can read, write and speak in five Indian languages: English, Hindi, Tamil, Malayalam and Telugu. Born in a traditional Palaghat Iyer family, little Lakshmi showed signs of scholarly success even in primary school. She excelled in Mathematics, learning her quarter-times tables, half-times tables and three-fourths times tables with ease, and picking up the beautiful and difficult classical language, Telugu. A bright student with a will to learn, Lakshmi always stood first in her class. Even though I was very good at my studies, my brother would just not allow me to go to a co-educational school, since I would have been the only girl in my class then! At home, she learnt to read, write and speak her mother tongue, Tamil, and picked up the mantras and mythology of a priestly family. And at school, she received instructions in logical and scientific subjects such as Mathematics - in Telugu! By the time she was 10, she was simultaneously getting an informal as well as a formal education, and working in a different language for each one. She was married to a dashing young man in the British Indian Army. But there was a new problem. But traditionally, Palaghat Iyers live in Kerala. While her husband went off on posting to faraway places, the new Mrs Lakshmi Venkateshwaran was left behind with her in-laws in Palaghat. They spoke Malayalam, not Tamil. But the teenaged Lakshmi was determined to make a success of her life, to be the perfect wife and daughter-in-law. So she enlisted the help of her younger brother-in-law. A student still She then joined her husband, following the drum as an army wife. Raised in a sheltered, cosseted family home in the south, with a large family all around her, she was now catapulted into the unfamiliar north India, with just her husband by her side. She also lived in a tent with her husband. And she learnt Hindi. Almost everyone around me spoke Hindi, and sometimes English. Their children were admitted to schools where they began to learn how to read and write Hindi and English. And her thirst for knowledge was not restricted to languages. She was also eager to learn the cuisine of northern India, and add new and "exotic" recipes to her repertoire. To this day, the hard-won know-how of making soft, perfectly round chapattis comes into play whenever she cooks a north-Indian meal for her family. However, Lakshmi was determined. I wanted them to learn English and Hindi. And so, leading one small child by the hand and carrying a toddler in her arms, the young Lakshmi spoke to nuns at the convent school nearby in her broken English. She managed to convince them to give her a reduction in school fees so that both her younger children could have the benefits of a convent education. Her dedication to education and learning finally paid off. Not only did the children grow up speaking English like a first language, but she too learnt English! Today, she watches every Hindi movie she can, and writes letters to all her children in flowing, fluent English. A living example of the triumph of the human spirit, Lakshmi has, quite literally, turned the hardships and obstacles in her life into learning experiences, coming out a winner. And that has made all the difference. As told to Radhika Sangam. Her tips to women who dream big and want the best for their families Staying on top is a tough job. Ask any World Cup winner or a tennis champion who has a title to defend. And as Director Marketing at Oriflame, Sharmili Rajput sure has a tough job - of managing people, promotions, finances and strategies every day to keep her company at its top position in the Indian direct selling market. Add to it the responsibility of raising a two-and-a-half-year-old daughter and managing a home, and Sharmili has her plate full. A plate she balances on her manicured nails, but with her feet - in running shoes - firmly on the ground. True to her surname, she says her first commandment for happiness is to take the bull by its horn. So I did my homework, researched every suggestion I made, and proved its viability. That brought down the negative attitudes of people, because they could not prove me wrong. Just complaining someone has a bad attitude rarely makes it go away. You have to take action. That we rarely give our minds and our bodies the chance to perform at their peak. But I

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was determined that I could run 5km at one go. I was determined to do something that is not easy. Today, she runs at least 8km every day, rising at 5. If this makes you breathless, this is what she has to say to you: If you have the intention your body will listen to you. Also, having a baby at 36 has spurred her to take exercise seriously. Skill comes from the mind, and the intention and pride of doing a job well comes from the heart. Attitudes are cultivated, so why grow negative ones? But I always talk myself out of negative feelings. People that obstruct or harm you rarely lose sleep over it. So why should you? Concentrate on the former and let the latter go. Most of our worries are self-inflicted. The laundry has not come in time. You have two options 1. You worry that the dhobi laundry man has run away with the clothes, is using them himself, or ruined them. Use other clothes and linen. And if the inefficiency of the service continues, replace the laundry man. The second option liberates because it has a plan of action. The first one just adds frown lines to your face, and weighs on you without pointing to a solution. I know they will not disturb me with issues they can handle on their own. I always encourage initiative. Yes, sometimes there are errors, but fixing them strengthens the system. Why do the work you have recruited a team to do? But dark chocolate spiced with chilli, massages, shopping and reading *The Frog Prince* fairytale to her daughter every night charges her batteries like nothing else. We all need to do at least that one thing for ourselves that makes us relax and smile. My time with my daughter Ivana does all that and more. We made the decision to shift as a couple. Every time I travel and Ivana is at home, he makes sure he is with her as soon as he can get away from work. Also, we have de-prioritised our socialising to a great extent. A demanding job and a growing baby are both important. Vir and I back each other up as professionals and parents. Wake up, have a cup of cappuccino and a digestive biscuit. Run on the treadmill for at least 8km. Or hit the hotel gym if she is travelling. Prepping her for playschool, post which her nanny takes over as Sharmili gets ready for office. Ready for office fortified with two stuffed parathas or poha or eggs, bread and muesli. Lunch from the canteen. A tad oily, but filling. Home at last and complete attention on Ivana. Her playschool stories, her cartoon films, the reading of *The Frog Prince*, and her dinner. Usually on the menu is roti, vegetables, dal, salad and raita. Followed by a short walk together, with Ivana in tow. Asleep after reading a bit of non-fiction or a bestseller. As told to Alina sen. Despite the fact that only at age 31, Ameera Shah heads Metropolis Healthcare Ltd, a multinational chain of diagnostic centres, she comes across as self-effacing, and down-to-earth. I studied finance in Austin College, US. When I came back, I got a job offer. I had reasonable work experience; I had worked for Goldman Sachs and a few start-up companies. But I told my father, "This is not my cup of tea, I want to do something where I can see the results; and this kind of work would be demotivating.

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Chapter 6 : The High Calling of Wife and Mother in Biblical Perspective | theinnatdunvilla.com

So, in the s, it was the women's suffragette movement that helped girls, women, and mothers gain the respect they deserved. Women were no longer baby-makers; they were finally free individuals who could study, work, vote, and change the world.

Other evidence from Babylonian times indicates women were trading and running inns. Enslaved Black women—many of them mothers—worked, of course, and when slavery ended, nearly all Black mothers worked. As the Industrial Revolution dawned, they were joined by low-income women from every ethnic group who struggled to juggle factory work with childcare. And during World War II, Keller says the number of women working reached an all-time high while men were away at war. According to the latest numbers from the Bureau of Labor Statistics, more than 70 percent of American mothers with children under 18 work. Research shows that working mothers are proving to not only make individual companies more successful but provide greater economic gains for America as a whole. In fact, a questionnaire survey showed that contrary to conventional wisdom, mothers are more productive than their child-free counterparts. One aspect of the study—published by the research division at the Federal Reserve Bank of St. Louis—focused on a group of more than 2,000 economists, including childless women, mothers, childless men, and fathers. According to a study, women see a 4 percent decrease in income per child born or adopted. Fathers, on the other hand, do the opposite, staying later at work and more aggressively pursuing promotions as a way of fulfilling a perceived notion about parenthood.

e. Newsletter Never miss another story. Get the DAME newsletter delivered straight to your inbox. In fact, she started her childcare company because of the fact that she became a mom. When her daughter was born, she left a full-time engineering position and set out in search of a new position that allowed her to also juggle the demands of motherhood. But Beck says child care costs made it impossible to work and afford help with her daughter. It allowed Beck to not only meet her needs as a parent, but her desire to work. And, perhaps most importantly, it gave her a chance to create a working environment where other working mothers can thrive. That includes flexibility and the ability to work with a team that can takeover in the event she needs to re-prioritize. Beck says assignments at Wana are discretized and put on a timeline where any member of the team could step in if needed.

A Fresh Lens to Take Your Business to New Heights , there are three main reasons why businesses should look to hire women employees, management and executives. The first, she says, is that beyond gender diversity, employers should want women to work for them in an effort to cultivate cognitive diversity. Data from the U. Census Bureau shows that number was just 11 percent in . On average, 54 percent of women do all or most of the household work, compared to 22 percent of men, according to Women in the Workplace , a report produced by LeanIn. Add children to the mix and the gap grows, the study says. In fact, the report notes that women with a partner and children are 5. The end result is women who are able to participate in the workforce equally as men, making them a critical component to the success of an economy. But in America, the onus traditionally falls on women, when it should instead fall on society, which has happened minimally throughout history. There was, of course, also the passage of the Family and Medical Leave Act FMLA in , which provided certain employees up to 12 weeks of unpaid, job-protected leave per year and required their group health benefits be maintained. But in order to qualify, employees must be employed with the company for at least 12 months and have worked at least 1,280 hours during that time.

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Chapter 7 : Working Mothers Are the Backbone of the U.S. Economy | Dame Magazine

"We want to raise awareness and education for working daughters so they can talk about their experiences the way working mothers do," said Jisella Dolan, chief advocacy officer at Home Instead.

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Chapter 8 : How I Empowered My Daughters After Becoming a Single Mom

This powerful working mother would love to see more women in the space of space, sharing a quote from former U.S. representative Bella Abzug at a recent Space Symposium, according to Satellite Today: "Our struggle today is not to have a female Einstein get appointed as an assistant professor. It is for a woman schlemiel to get as quickly.

CNN reports there are over 88, active missing person records in the U. Thanks to systems in place like AMBER alerts and brave kidnapping victims who have dared to run from their captors, hundreds of children have been saved over the years. Here are the children who made it out alive, and where they are now. Jaycee Dugard is raising the daughters she had with her captor Her life eventually went back to normal. During that time, she was held captive in tents and sheds by a known sex offender and his wife. Dugard bore two of his children. Now eight years after her release, Good Housekeeping reports Dugard is busy with her children, as at least one is currently in college. This woman is writing her second book and uses a different name. Michelle Knight changed her name after she was found She recounts her story in her book. Lily Rose Lee Back in , three women who were reported missing for a decade were found together in a Cleveland home. The captor, Ariel Castro, and his three brothers, held the three women together since they were in their late teens and early 20s. Finally, when one of the women broke free to grab the attention of neighbors, they escaped, People reports. Amanda Berry helps find other missing people Amanda Berry is working to bring awareness to missing children. She was bold enough to initiate the escape in The third woman captured by Ariel Castro is enjoying a low profile. A Memoir of Survival in Cleveland. Aside from that, People says she keeps a low profile and still lives in the Cleveland suburbs. She also enjoys life with her close family. This young girl was kidnapped and chained for 16 days. Katie Beers says her kidnapping saved her life Katie Beers turned her negative experience into a positive one. The New York Times reports Katie Beers was taken by a family associate and kept chained in a wooden box for 16 days before her release. She went to college for business management and wrote a memoir about her ordeal. Beers even stated the kidnapping saved her in a way, as it pushed her to complete school and make a life and future for herself. This Austrian woman is still dealing with her trauma with a psychologist. Elisabeth Fritzl receives regular psychological treatments Elisabeth Fritzl is happy to be living a normal life. YouTube This brutal case in Austria shocked people worldwide, as Elisabeth Fritzl was held captive for 24 years. She was repeatedly sexually assaulted and bore seven of his children. Now free and with her six surviving children, she lives in a fortress-like house in northern Austria. Her and her kids receive psychological treatment to deal with the trauma, and she also has a relationship with her mom who reportedly did not know she was kept in the basement the whole time. The Fritzl household was renovated and is now being rented out. This woman, who was kidnapped as a child, felt remorse when her captor died. Her captor, Wolfgang Priklopil, created a jail beneath his home in Vienna and wanted Kampusch to love him "â€" and he committed suicide after her escape. She carries a picture of her captor with her wherever she goes. And when she found out Priklopil died, she stayed by his coffin to pray. She also removed herself from social media and is seemingly still very attached to her past trauma. She was taken to juvenile detention years after her release. YouTube Shasta Groene and her brother, Dylan, were taken from their home after her mother, stepfather, and older brother were brutally murdered in Though she was just 8 years old at the time, she says she never felt like she had a normal childhood after she was saved. She struggled with addiction and landed in juvenile detention for a year before taking her life back into her own hands. Shawn Hornbeck has tattoos in memory of his kidnapping Shawn Hornbeck has been brave enough to recount his experience to others. While Ownby was only missing for a few days, police looked for Hornbeck for five years before his rescue, People reports. He attended private school post-rescue. She started a foundation in her name after her ordeal to help prevent similar crimes. Elizabeth Smart has her own foundation Elizabeth Smart is happily married and juggles motherhood and work. She was held captive for nine months, Today reports , until a passerby eventually recognized and rescued her from the ordeal. Today, Smart is doing exceptionally

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well. She married a man she met on a Mormon mission trip and has two young children with her husband. She also has the Elizabeth Smart Foundation that helps to prevent crimes against children and bring aid to children who have already been victimized. Eventually, she agreed to testify in hopes of putting him away for life. Now 37, not much else is known about her current life, as she seems to keep to herself and stay out of the limelight. All this young woman wanted was to go to prom. Tanya Kach finally made it to prom Tanya Kach and her husband. Daily Mail Online explains the janitor at her high school seduced her and held her captive for 10 years. Now 31 years old, she recalls the one thing she wanted more than anything while she was in captivity â€” and that was to attend her prom. In , after help from a local radio station, Kach finally had her wish fulfilled. In , she also wrote a memoir about her ordeal. This ultra-horrifying case has a happy ending. Cameron and Janice Hooker then held Stan captive for seven years. She was just seven years old at the time, but even so, Pratt had the sense to chew through the duct tape that bound her wrists and mouth, and escaped. An exclusive interview with Pratt back in reveals she still feels nervous when walking alone at night. But she remains hopeful for her future, as she is planning on attending college for veterinary medicine. Thanks to smart thinking, this teen escaped her captor and is working through her trauma. Elizabeth Shoaf worked as a dental hygienist She was able to move on with her life. YouTube Back in , then-year-old Elizabeth Shoaf was kidnapped coming off the school bus by a man claiming to be a police officer. He led her to a bunker deep in the woods, where she was held captive for 10 days. Follow The Cheat Sheet on Facebook!

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Chapter 9 : For the love of learning - Good Housekeeping News

14 Parenting Fails That Will Make You LOL Good Housekeeping Photos. 20 20 Little Working-Mom Victories That Mean Today is Going to Be a Good Day "Each baby is different, so their session.

Traditional societies[edit] A housewife in Yendi, Kumasi , Ghana, pours water into a meal and her children play; In societies of hunters and gatherers like the traditional society of the Australian aboriginal people, the men hunt animals for meat, and the women gather other foods such as grain , fruit and vegetables. One of the reasons for this division of labor was that it is much easier to look after a baby while gathering fruit than while hunting a fast-moving animal. Even when homes were very simple and there were few possessions, men and women did different jobs. In rural societies, where the main work is farming , women have also taken care of gardens and animals around the house, generally helping men with heavy work when a job needed to be done quickly, usually because of the season. Examples of the heavy work that a traditional housewife homemaker in a rural society would do are: Regarding family size , a study of three Mexican cities came to the result that there was no significant difference in the number of children in housewife families compared to those where women worked outside of the home part or full-time. Education[edit] The method, necessity and extent of education of house wives has been debated since at least the 20th century. Generally, girls did not attend school and, therefore, spent the day doing household chores with their mothers and female relatives for example, cooking and cleaning. In most cases, the husband was alive and able to work, so the wife was almost always forbidden to take a job and mainly spent her days at home or doing other domestic tasks. As foot binding became common after the Song Dynasty , many women lost the ability to work outside. After the founding of the Republic of China in , these norms were gradually loosened and many women were able to enter the workforce. Shortly thereafter, a growing number of females began to be permitted to attend schools. During the Great Leap Forward and Cultural Revolution , some women even worked in fields that were traditionally reserved for males. In modern China, housewives are no longer as common, especially in the largest cities and other urban areas. The Sanskrit words Grihast and Grihastha perhaps come closest to describing the entire gamut of activities and roles undertaken by the homemaker. Grih is the Sanskrit root for house or home; Grihastha and Grihast are derivatives of this root, as is Grihasthya. The couple lives in the state called Grihastashram or family system and together they nurture the family and help its members both young and old through the travails of life. The woman who increments the family tree bears children and protects those children is described as the Grihalakshmi the wealth of the house and Grihashoba the glory of the house. The elders of the family are known as Grihshreshtha. The husband or wife may engage in countless other activities which may be social, religious, political or economic in nature for the ultimate welfare of the family and society. However, their unified status as joint householders is the nucleus from within which they operate in society. The traditional status of a woman as a homemaker anchors them in society and provides meaning to their activities within the social, religious, political and economic framework of their world. However, as India undergoes modernisation, many women are in employment, particularly in the larger cities such as Mumbai , Delhi , Kolkata , Chennai , Hyderabad , Bangalore where most women will work. The role of the male homemaker is not traditional in India , but it is socially accepted in urban areas. In the early s, after an estimated ,,, people perished in the North Korean famine , the old system began to fall apart. In some cases women began by selling homemade food or household items they could do without. Today at least three-quarters of North Korean market vendors are women. A joke making the rounds in Pyongyang goes: You can help by adding to it. February Part of the housework of a London housewife, Two British magazines for housewives have been published: Offices of "The Million", [] and Housewife London: Her last words on earth were: The number of housewives increased in the s. Housewives in America were typical in the middle of the 20th century among middle-class and upper-class white families. There is considerable variability within the stay-at-home mother population with regard to their intent to return to the paid workforce. Some

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plan to work from their homes, some will do part-time work, some intend to return to part or full-time work when their children have reached school age, some may increase their skill sets by returning to higher education, and others may find it financially feasible to refrain from entering or re-entering the paid workforce. Research has linked feelings of "maternal guilt and separation anxiety" to returning to the workforce. Some may embrace a traditional role of housewife, cooking and cleaning in addition to caring for children. History[edit] Although men have generally been thought of as the primary breadwinners for families in recent history, the division of labor between men and women in traditional societies required both genders to take an active role in obtaining resources outside the domestic sphere. Prior to discovering agriculture and animal husbandry, predictable food sources were a scarce commodity. To achieve optimal nutrition during this time, it was imperative that both men and women focus their energies on hunting and gathering as many different edible foods as possible to sustain themselves on a daily basis. Lacking the technologies necessary to store and preserve food, it was critical for men and women to seek out and obtain fresh food sources almost continuously. These nomadic tribes used gender differences to their advantage, allowing men and women to use their complementary adaptations and survival strategies to find the most diverse and nutritionally complete foods available. By sharing the burden of daily sustenance and developing specialized gender niches humans not only ensured their continued survival, but also paved the way for later technologies to evolve and grow through experience. In the 19th century, more and more women in industrialising countries stopped being homemakers and farm wives and began to undertake paid work in various industries outside the home and away from the family farm, in addition to the work they did at home. At this time many big factories were set up, first in England then in other European countries and the United States. Many thousands of young women went to work in factories; most factories employed women in roles different from those occupied by men. There were also women who worked at home for low wages while caring for their children at the same time. Being a housewife was only realistic among middle-class and upper-class families. In working-class families, it was typical for women to work. In the 19th century, a third to half of married women in England were recorded in the census as working for outside pay, and some historians believe this to be an undercount. Women were often very proud to be a good homemaker and have their house and children respectably taken care of. Other women, like Florence Nightingale , pursued non-factory professions even though they were wealthy enough that they did not need the income. Some professions open to women were also restricted to unmarried women, e. There were also special roles in the armed forces carried out by women, e. While the men were at war, many of their womenfolk went to work to keep the countries running. Women, who were also homemakers, worked in factories, businesses and farms. At the end of both wars, many men had died, and others had returned injured. Some men were able to return to their previous positions, but some women stayed in the workforce as well. In addition to this surge in women entering the workforce, convenience food and technology were also rising in popularity, both of which saved women time that they may have spent performing domestic tasks, and enabled them to instead pursue other interests. There were very few housewives in Communist countries until free market economic reform in the s, which led to a resurgence in the number of housewives. Conversely, in the Western World of the s, many women quit their jobs to be housewives after giving birth. Many women believed that this was not treating men and women equally and that women should do whatever jobs they were able to do, whether they were married or not. The *Feminine Mystique* , a book by Betty Friedan which is widely credited with sparking the beginning of second-wave feminism in the United States, discussed among other things the lives of housewives from around the United States who were unhappy despite living in material comfort and being married with children. As a result of this increased education, some women were able to earn more than their husbands. In very rare cases, the husband would remain at home to raise their young children while the wife worked. Subsequently, many women were required to return to work following the birth of their children. However, the number of male homemakers began gradually increasing in the late 20th century, especially in developed Western nations. In , the number of male homemakers had reached its highest point of 2. However,

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in some regions of the world the male homemaker remains culturally unacceptable.