

**Chapter 1 : Beyond the Suffering - RPM Ministries**

*Embracing Soul Care: Making Space for What Matters Most [Stephen W. Smith, Dr. Gary Chapman] on theinnatdunvilla.com \*FREE\* shipping on qualifying offers. (Foreword by Dr. Gary Chapman) In a world of quick fixes and instant gratification, author Steve Smith invites the reader to focus on what truly matters most—the lifelong process of nurturing our souls by focusing on relationships.*

Read *Beyond the Suffering* if you love stories of victory snatch from the jaws of defeat. Read *Beyond the Suffering* if you have a passion for multi-cultural ministry. Read *Beyond the Suffering* if you want to grow as a biblical counselor, one-another minister, or soul care-giver. The Foreword by Dr. Tony Evans A number of historians have asked the question: What can we learn from the African American experience in America? I believe that this is a critical question because one of my longstanding convictions has been that one of the most representative pictures of New Testament Christianity since the early church is the African church in America during its slavery experience. Co-authors Bob Kellemen and Karole Edwards have provided the Christian community creatively-written documentation of the powerful lessons the contemporary church can learn from the African American church during slavery and from the lives of people birthed from the womb of that era. Most students of history focus on the pain of the African American experience in America. There was a lot of pain! And we should not minimize that pain. However, as the title suggests, *Beyond the Suffering* goes further. It shows us how the pain experienced by people from the African American culture can be redeemed to give life to people from any race or culture that values truth born out of biblically-informed experience. The captivating true stories and first-hand narratives have a therapeutic and healing quality for the reader and those they serve. After you read *Beyond the Suffering*, you will have a deeper understanding of how God forged character in people through their suffering and be able to apply many valuable insights to your personal life and future ministry. *Beyond the Suffering* also models how two people, from different races, committed to understanding and validating the significance of past human experience through the lens of Scripture, can enrich our ministry to others. Without a doubt, this book makes a vital contribution to pastors, counselors, and lay people serving those from the African American tradition. But, its greatest contribution will be helping the church of Jesus Christ redeem priceless lessons from a painful past so that we can bring healing to people from all races. DuBois said a century ago that African Americans had a great gift to give if it would only be received: That gift, baptized in the Spirit, is on display here. It will illumine, trouble, and heal. The authors use the actual testimonies of these individuals to describe how they found courage and comfort in God and in each other. Their ability to develop a healing community, against all odds, is greatly informative to our efforts today. This is a unique mustread, not just on the elements of multicultural ministry, but on the very core elements of ministry to all people in pain. Kellemen and Edwards clearly describe the legacy of African American soul care and spiritual direction that comes to us beyond the suffering and also because of the suffering African Americans have experienced. I highly recommend *Beyond the Suffering* as crucial reading for everyone involved in soul care, spiritual direction, and counseling. A splendid contribution and a great gift! This book underscores such a legacy. It shook me up. It captured my heart! Thoroughly researched to include the various voices of humanity from biblical scholars to slave narratives, the text provides refuge and solace in the sanctuary of Christ. Each chapter closes with an opportunity for us to learn together as it helps us move from a context of slavery to dealing with everyday issues which are universal. *Beyond the Suffering* is a delicate balance of comfort and confrontation from two true spiritual friends. You are invited to drink deeply from the traditions and timeless wisdom that has been forged through years. This text will encourage its readers to take pride in who you are and all that you have potential to and are destined to become. Read, write, rejoice, and celebrate. The Lord has seen, He has heard, He knows, and He has come down to help you move beyond the suffering. That is, we prefer the latest trends and fads of the present and ignore the wisdom of our African American parents. In *Beyond the Suffering: Embracing the Legacy of African American Soul Care and Spiritual Direction*, Kellemen and Edwards join a growing movement today in denominations and theological seminaries that mine the practices of the past in order to discern the wisdom of our ancestors that

informs us today. This work shows how doctrines like grace and sin were used pastorally by both lay and clergy to foster soul care, spiritual direction, and pastoral care. The book will be helpful for those who want to understand how the practical theological wisdom of the past is essential to minister today. This book is delightfully different! By telling the story they engage the reader in the historical reality without pointing fingers. The plight and predicament of African American people are a testimony to the church universal. The voices of unlettered black folk teach us how, despite storm clouds hovering in the midnight hour, joy does, indeed, come in the morning. Kellemen and Edwards warm the soul with this scholarly reflection of the mind. Beyond suffering lies the power of new life and new beginnings. Race, Culture, and Religion 9 Responses.

### Chapter 2 : Embracing Soul Care | (Life As Prayer, and other stuff)

*We live in a high-maintenance world - cars, homes, computers, and even relationships need continual attention. But what about our souls, the center of our selves where our passions, gifts, and individuality unite?*

Author , Blog Edie Melson shares how her creativity is from her family. Both of her parents are on the high end of the creativity spectrum. Edie encourages us to be true to who we are with your own creativity. Edie Melson wrote Soul Care: The idea behind the book is that when we are tired and in a crisis and we need God more than ever. Unfortunately, we have no energy. It is five short chapters. Each chapter has devotions, prayers and creative activities. We need to make time in our life to be creative. We are a society that is exhausted. Surprisingly, we think that playing is wasting time. Edie has found that when many people play, they are energized. When Edie shares about the woman that was to be stoned it was very moving. She shares an activity using stones. Edie closes with sharing to those out there that feel weary. If you missed our live interview, you can watch the interview here. Edie Melson helps you find Soul Care solutions using devotions and prayers and opportunities for creative expression. She has learned that sensory involvement deepens our relationship with the Father and gives rest to our weary souls. She will teach you to tap into your creativity. Reconnect with God using your tactile creativity. This book may become dog-eared and stained. Experiment with your creative passions. Learn the healing power of play. Her numerous books reflect her passion to help others develop the strength of their God-given gifts and apply them to their lives. Edie travels to numerous conferences as a popular keynote, writing instructor and mentor. Besides writing, Edie enjoys hiking in the out-of-doors with her camera slung across her back and her husband at her side.

### Chapter 3 : Embracing Soul Care: Making Space for What Matters Most by Stephen W. Smith

*The founder of The Potter's Inn, Stephen W. Smith has been involved in Christian ministry for more than twenty-five years. He and his wife, Gwen, are frequent speakers and retreat leaders who focus on the spiritual growth and transformation of individuals, couples, churches, and organizations.*

### Chapter 4 : Embracing Soul Care | Kregel

*Embracing Soul Care: Making Space for What Matters Most by Stephen W. Smith, Gary Chapman (Foreword by Dr. Gary Chapman) In a world of quick fixes and instant gratification, author Steve Smith invites the reader to focus on what truly matters most—the lifelong process of nurturing our souls by focusing on relationships, spiritual and personal.*

### Chapter 5 : - Embracing Soul Care Making Space for What Matters Most by Stephen W. Smith

*Embracing Soul Care has 26 ratings and 1 review. Amy said: Liked that it was in small chunks and also had questions for further reflection at the end of.*

### Chapter 6 : Embracing Soul Care | Speaking Life

*Sat through a through a three-hour meeting at work have papers to grade cell phone won't quit ringing need to get the kids to band and soccer practice have to run to the bank trying to make it to worship ensemble rehearsal the house is a mess your boss is on your back running late the car has a flat tire got in an argument with your spouse.*