

## Chapter 1 : My wife cheated on me - Story of Cheating

*of results for "crazy about my wife" Mens 5 Things You Should Know About My Crazy Wife T-shirt. by Funny Love AZ Tees. \$ \$ 14 99 Prime.*

My wife admitted having an affair. Would I be crazy to let it continue? I have been married the same length of time and we have two children. Some years ago, I developed some transient symptoms that slowly have become permanent fixtures. Today, I walk with great difficulty, have lost a good portion of feeling in much of my right side, foot to hand. I had a sense something was amiss and asked my wife if she was having an affair. She began to cry, and looking down shamefully which was a bit frightening because she was driving us at 70mph, she admitted she was. Initially they had been friends but then became lovers. At first, surprising myself, I was not angry, even accepting that it made her happy. A few weeks later, however, I underwent the classic progression of emotions. She stopped seeing her lover, whose wife has no idea to this day that her husband had a sexual affair with a married woman, but he and my wife have kept in touch by phone, email and texts. He recently emailed my wife and me, congratulating us on our wedding anniversary. I have a permanent, progressive and incurable disease that will soon put me in a wheelchair and rob me of more functions, including having intercourse. But in my mind, I can see how my future will look and I am depressed and terrified by it. I am actually strongly considering giving my wife my consent to continue her relationship, with all that entails, with her lover. Am I crazy, pragmatic or ridiculously generous to my wife? I have mostly forgiven her and moved on from the initial affair, with only occasional thoughts of anger and betrayal. Those thoughts then get superseded by my desire to see my wife in a good place, knowing she is affected by my disease almost as much as I am, though obviously not physically. The notion that I could accept her not being faithful while she remained loyal to our relationship and my needs is gaining traction in my brain. Her lover has been married for more than 30 years and has grown children. And though it would hurt tremendously, especially since my prospects of attracting female companionship are poor to non-existent, living alone is always preferable to being in a toxic relationship. Thank you for any insight you can impart. A Ultimately any decision you make will be yours but I do have some observations to make which may help in that decision-making. Cast your mind back to how you felt after initially accepting that having an affair made your wife happy. You were very unhappy and felt all the normal emotions that one feels when trust has been betrayed, no matter what the circumstances. You are now contemplating giving your blessing to a resumption of this affair with the difference being that you will know about it. Given your reaction the last time, why would this be different? How would you feel when she would tell you she was going to meet her lover and you would know that they were having sex? You both made vows - how would you be thinking if she were the one with MS? You are facing a normal lifespan albeit one affected by a debilitating disease. This is being unfair to your wife as nowhere have you given an intimation that she intends leaving you because of your MS. You are very much splitting the physical and emotional components of your marriage by focusing on her having sex with this man. I would be more worried about her involvement with him emotionally - which is continuing with phone calls and emails. Do you really want to give your blessing to him supplying both her emotional and sexual needs, while hoping that she will continue to be loyal to your relationship? This man is already married and in condoning the affair you would be colluding in deceiving his wife. Instead, I see lines of communication being very open between you. Please take advantage of this and talk things through fully with your wife. Put yourself first when making up your mind. Be very honest regarding your needs and I feel sure that you will make the correct decision. All correspondence will be treated in confidence.

### Chapter 2 : Dear Mary: My wife admitted having an affair. Would I be crazy to let it continue? - theinnatdun

*He must not have read "Crazy About My Wife"! This gift book allows a man to lose his mind-and heart-to the girl of his dreams. With carefully chosen words and colorful, creative art, all the little things a guy feels for his loved one are articulated with gentle humor and sweet sentiment.*

I have to get back to work. This high-achieving specimen of masculinity is usually in some field requiring an excess of education or on-the-job training. He is successful in his career and receives a lot of positive feedback. Not just competent at work, he can also take the kids for an afternoon on his own because he is calm, cool and collected in all situations, even those involving toddlers and poop. His friends consider him a good guy. He is attractive and well-spoken. In an emergency, he is the person you want around. What a guy, right? The one albatross around his neck is his crazy wife, whom we shall call Crazy Wife. She texts him all the time. She thinks he may be having an affair or that he is a workaholic. He is not into that sort of overdramatic thing. Perfect often makes his Crazy Wife feel gaslighted. She thinks she must in fact be as insane as he thinks she is because she feels so out of control around him. Her friends think her husband is great. Good provider, friendly, and great with the kids. But emotionally, he is absent. He shares no vulnerabilities with her, no fears, and no insecurities. A woman stuck in this type of dynamic is frequently struggling with low self-esteem from experiences in her own upbringing. The Crazy Wife wonders if there is anyone listening to her at all when she talks to her husband. She feels alone, yet, since he is physically there, she cannot make sense of why she feels so lonely. Perfect turn out so perfect? Many times men grow up in an atmosphere that condemns emotional expression. Boys are told not to cry and to suck it up when they feel hurt. Men raised this way often gravitate toward women on the highly emotional end of the spectrum, whom they originally, during dating, find fascinating and intense. These women, for their part, initially find less emotional men to be stable and impressive. They admire their emotionally restrained partners initially for their confidence and ability to handle themselves well in most situations. Yet, over time, both partners start to feel misunderstood by each other. Perfect acts increasingly perfect, never sharing any weakness or vulnerability of his own. He becomes even more detached over time, as he grows increasingly scared of how out of control his wife seems. Perfect, who admits no weakness of his own. The first step toward a healthier relationship is for Mr. Perfect to admit some of his fears and vulnerabilities, ranging from earlier in childhood to now as an adult. And she can try and explore why she is so violently triggered by a perceived lack of connection with her partner, and what this means about her experiences with emotions and relationships in her early life. If this relationship dynamic resonates with you, try to take the first step toward a closer connection and look for a couples counselor. You do not need to stay locked in a toxic pattern, and you owe it to yourself to see if your marriage can change for the better. If Meg Ryan and Andy Garcia could do it, so can you. Couples You Meet in Counseling: Samantha Rodman is a clinical psychologist in private practice in Maryland and the founder of DrPsychMom.

### Chapter 3 : Couples You Meet in Counseling: Mr. Perfect and His Crazy Wife

*Wake up in the morning with the choice to love your wife like crazy front and center. While you're thinking that way, you'll likely pour her a cup of coffee or serve her tea. Now you have a positive role going and it's all because you made a conscious choice.*