

Chapter 1 : Celebrate Recovery | Turning Point Church

Celebrate Recovery Participant's Guides Stepping Out Of Denial - Guide #1 Recovery is not an overnight phenomenon, but more like a journey. To start.

Blog Step Studies It takes about 9 months to complete the work for a 12 step study. There are separate study groups for men and women. The Celebrate Recovery Bible will be used by the group leader, although you may use any Bible. You need to purchase the following Participant Guides. This guide goes through the first three principles. We need to first look at the toll that denial has had on our ability to face reality, and acknowledge that we are powerless against this struggle. We alone do not have the power to conquer this problem. In Principle 2, we find our hope in Jesus Christ, and how through Him we can recover and restore our sanity. Finally, in Principle 3, we take the action to turn our lives and our wills over to His care and direction. Each lesson goes through the different aspects of the subject. For example, in the first lesson on denial, we have to admit that there is a problem, and realize all the negative things that have come about because of the problem. Then, the most important part of the lesson is where you get a chance to respond. This is a set of questions that really helps you make it personal, and shows you how to apply it to your own life. When answering these questions truthfully and from the heart, you can benefit the most from the lesson, and you are fully prepared to move on to the next lesson and closer towards recovery. The participant guides are essential to the person in recovery to take part in because it makes everything personal. By working through the eight principles of recovery based on the Beatitudes, we will begin to see the true peace and serenity that we have been seeking. The first three principles were based on getting right with God. After working through the first three principles, you are now ready to begin the journey of getting right with yourself, which is Principles After each lesson there is a chance to respond to what you went over. After completing a lesson, it often helps to share it with someone that you trust. In Lesson 7, you list all the significant events that happened to you in your life, and look at how those affected you. Listing both the good and the bad, openly and honestly, will eventually prepare you for the task ahead. The next step helps you discover how to build your support team. In recovery, one of the most important things is having a sponsor. Lesson 8 explains all the aspects of why you should have a sponsor, how to find one, and the role of a sponsor. Three main reasons in having a sponsor is because it is biblical, it is a key part of the recovery program, and it is the best way to guard against relapse. Finally, we take an inventory of different people in your life, different events, and certain spiritual aspects of your life. This is the next step after establishing your support system. The purpose of these is to analyze the shortcomings that can prevent God from working effectively in our lives. Then, you continued your growth and completed the spiritual inventory, which took a lot of effort and courage. After writing an inventory, we must deal with what we wrote. We learn how we confess our sins to God, and instantly receive forgiveness. Then we need to admit our wrongs to another person. By doing this we gain healing that the Bible promises, we gain freedom, and we gain support. This lesson helps you to be willing to voluntarily submit to any and all changes God wants to make in your life. The lesson on AMENDS helps you offer forgiveness to those who have hurt you and shows you how to make amends with those that you have hurt. Then learn the three types of forgiveness: After completing all seven lessons, you have taken a giant step towards getting right with God, yourself, and others. The last steps show you how to grow in Christ while helping others. The lessons in this guide are: Crossroads " explains how you are now at the crossroads of recovery, and the last remaining steps are much more than just maintenance steps Daily Inventory " shows how to do a Step 10 inventory. The key verse for this lesson is Mark The spirit is indeed willing, but the body is weak. You must be approved to join the group before you can read any posts in the group. All posts are private to the group, so Facebook Friends outside the group cannot see what you are posting.

Chapter 2 : Celebrate Recovery - Wikipedia

Page 1 of 2 Step Study Assignments Participant's Guide 3. As you read and study, highlight with a highlighter, pen or pencil significant statements, thoughts, and ideas.

Lesson 3 Questions Before taking this step, where were you trying to find hope? I was trying to find my hope in myself. I had to be, and still struggle with this, in control of the things going in my life. When I felt things were not in my control that is when I would become manic angry. If I was in total control then I could keep myself from getting hurt, but the reality is I am not in control. This is where I struggle a lot. I feel like Jacob struggling with God in the desert. What do you believe about God? What are some of His characteristics? God is Love, but He is also Righteous. It is hard to explain in words how I feel about God. There was a time I feared Him. I believe this is more attached to the next question, because I associated the wrath of my earthly father to that of my Heavenly one. This makes me feel awful like I am not even worth being a Christian. How are your feelings for your heavenly Father and your earthly father alike? How do they differ? I used to think so, but in a negative connotation. My father would punish me beat me at a drop of a hat while I was growing up. He would always berate me when I made mistakes. This is how I really felt God interacted with me. Just waiting for me to make a mistake in order to punish me, and some times just punish me for the fun of it. As I have said before, I fell like I am just waiting for the next hammer to fall, But I used to feel God wielded that hammer. How can your relationship with your Higher Power, Jesus Christ, help you step out of your denial and face reality? There is a quote I read yesterday that really summarizes my feelings on Celebrate Recovery Principles 1 - 3. I am ready to let God help me deal with this life time of hurt and anger. The anger has been a tool, in appropriate as it is, but a tool to deal with my issues. It even became addictive to me for awhile. The adrenaline rush made me feel better. The problem is the consequences. I need a more appropriate outlet and tools to deal with my issues. What things are you ready to change in your life? Where can you get the power to change them? How I deal with stress, frustration, and things out of my control. How I deal with relationships, especially conflict in them. How I view myself and my life. How my past has affected me. Only through Jesus will I ultimately get the power. Read my Bible, Journal and Pray. Continue with my therapy and medications. Work the Celebrate Recovery program. Fellowship and work with other Christians.

Chapter 3 : The Journey Begins Participant's Guide 3: Getting Right with God, Yourself, and Others

Celebrate Recovery Program: Participant's Guide #1,2,3,4 (Stepping Out of Denial Into God's Grace/Taking An Honest and Spiritual Inventory/Getting Right With God, Yourself, and Others/Growing in Christ While Helping Others).

Chapter 4 : The Journey Begins Participant's Guide Set Volumes

Shop for celebrate recovery participant guide and much more. Everything Christian for less.

Chapter 5 : Popular Celebrate Recovery Books

Stepping Out of Denial into God's Grace Participant's Guide 1 A recovery program based on eight principles from the Beatitudes REVISED EDITION Celebrate Recovery®.

Chapter 6 : Step Studies | Celebrate Recovery at Rolling Hills Community Church

Getting Right with God, Yourself, and Others Participant's Guide 3: A Recovery Program Based on Eight Principles from the Beatitudes (Celebrate Recovery) Aug 28, by John Baker.

Chapter 7 : Celebrate Recovery - Wikipedia

Getting Right with God, Yourself, and Others Participant's Guide 3 A recovery program based on eight principles from the Beatitudes Celebrate Recovery®.

Chapter 8 : The Journey Begins Participant's Guide Set Volumes

RECOVERY ROAD Participants' Guide. 2 RECOVERY ROAD Participants' Guidebook step Recovery Program by Celebrate Recovery.

Chapter 9 : One Lost Sheep On A Road To Recovery: Lesson 3 Questions

He is a coauthor of the Celebrate Recovery Daily Devotional, Celebration Place, and The Landing, and is an associate editor of the Celebrate Recovery Study Bible. He has been married since to his wife Jeni, who serves alongside him in Celebrate Recovery.